

WESTON *Athletic Club*



RACE DATES:

2019

19th Sep 2019

24th Oct 2019

21st Nov 2019

19th Dec 2019

2020

16th Jan 2020

20th Feb 2020

19th Mar 2020

16th Apr 2020

Final Race – 14th May 2020

PROM TEAM COMPETITION ENTRY FORM

Once completed, please hand to a member of the Weston AC administration staff at Race HQ.

Mixed Teams:

- Six runners per mixed team can be entered, with the first four runners in each race counting towards the team score.
- Scoring in Mixed Teams is based on finish positions with at least 2 Female members of the team finishing.
- If less than 2 Female runners compete in an individual race, then the score used for each of the missing Female team finishers is the total number of runners competing in that particular race

Male Vet Teams:

- A Male Vet Team can only contain Male Vet runners; however, a Senior Male Team can contain Male Vet runners.

All Teams:

- The age category a runner belongs to for the Series is defined as their age as at date of first Series Race. E.g. Age as at 19th Sept 2019 for the 2019-20 Series.
- If less than four runners compete in any individual race, then the score used for each of the missing team finishers is the total number of runners competing in that particular race.
- The winner of each team category will be the team with the least number of points accumulated across all nine races in the Prom Run Series.
- There are four team categories: **Senior Male, Mixed, Male Vet** and **Female**.
- Teams must be entered no later than 24th October 2019.
- All runners entering the team competition must have also entered the appropriate race to count towards the team score for that particular race in the Prom Run Series.
- Only the team captain needs to complete the team competition form.
- If you wish to enter a team, please complete the details below (one team per sheet):

No:	Runner Name:	DOB: (DD/MM/YYYY)	Gender:	Captain: (please tick once per team)
1				
2				
3				
4				
5				
6				
Team Category: (please tick)		<input type="checkbox"/> Senior Male <input type="checkbox"/> Mixed <input type="checkbox"/> Senior Female <input type="checkbox"/> Male Vet		

Team Name:	
Team Captain Telephone:	
Team Captain Email:	