



Date: 11 August 2019

Release: immediate

### **Brace of wins for Weston**

Proving that size isn't everything, two small, but perfectly formed teams turned out from Weston Athletic Club this week to take on two off-road challenges.

The Haselbury trail race is a club favourite, covering six challenging miles in beautiful South Somerset countryside. Chris McMillan took the spoils again this year, having won the race two years ago, finishing almost a minute ahead of his closest rival in 36.27. Matt Wheeler finished in 42.28, closely followed by Rob Furlong in 42.58.

Bex Vaughan was the only female club runner taking part this year, so scored maximum points with her excellent time of 55.07.

Sunday saw seven of the club's faster runners head to Gloucestershire for the Standish Woodland Chase. The eight mile, mainly offroad course starts with a sharp hill climb before heading into beautiful woodland for much of the route.

Susan Duncan outran the competition to take overall victory in the women's race, finishing in 1.08.19. There was little distance between Clare Harvey and Katie Gormley, taking second and third club positions in 1.22.21 and 1.22.54.

Chris McMillan had to settle for third place overall in 57.40, while Chris Selman followed in fifth place in 1.04.46 and Darren Stacey in seventh in 1.05.25.

Entries are now open for the 2019/20 Weston prom run series. The five mile races are held every month on Weston's seafront from September to May. Early bird discounted entries are available until the end of August, working out at less than £3 a race. Enter online at [www.westonac.co.uk/promrun](http://www.westonac.co.uk/promrun).

ENDS

For more information and photos contact [vanessa.andrews@westonac.co.uk](mailto:vanessa.andrews@westonac.co.uk)  
Follow the club on Facebook /westonathleticclub