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Weston Athletic Club dominate at the super half

Weston Athletic Club were out in force on Sunday to take on the inaugural Weston Super Half Marathon. No sign of the snow that thwarted last year's event, the runners were rewarded with bright sunshine and gentle breezes to help them along their way.

There were 60 yellow-vested runners from the club out on the course, making Weston the most represented club at the race. First to finish from Weston, and third overall, was Kieron Summers in 1.14.44 which would be an excellent time in any event, but even more impressive at peak marathon training time. Chris Selman was next from the club to finish in 1.23.10 followed by Toby Norman in 1.24.21, with both clocking new personal bests.

Hot on the heels of last week's success at Bath Half, Susan Duncan raced well again to finish seventh female overall in 1.28.10. Katie Gormley took second club spot in 1.38.45 taking almost five minutes off her previous fastest time, followed by Julie Bailiss in 1.45.19 also with a new personal best.

Meanwhile 21 of the club's runners opted for the Big Cheese race organised by Cheddar Running Club. The 15 mile off-road race takes in the best of the Mendip hills with some brutal climbs, stunning views and fast descents along the way.

The race proved profitable for the club, with Chris McMillan taking overall race victory in 1.38.09, over four minutes ahead of his closest rival. Matt Wheeler was next to finish, knocking seven minutes off last year's time with a 1.53.50 result, followed by Adrian Noble in 1.59.41. Adrian won his age category, and the trio were rewarded with cheese and scrumpy for being the fastest men's team.

The club's fastest female was Claire Harvey who ran a strong race to finish in 2.28.31. Rachael Vincent came next in 2.35.02 followed by Bex Vaughan five minutes later in 2.40.02.

The next races in the Weston prom run series take place on Thursday 25 April. The main five mile race at 7.30pm is preceded by the junior one mile race at 6.45pm. Runners can enter online at www.westonac.co.uk/promrun or in person at the Bay Cafe at the Tropicana.

ENDS

For more information and photos contact vanessa.andrews@westonac.co.uk
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