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Weston's women win at Burnham

A baker's dozen of runners from Weston Athletic Club travelled to Burnham on Thursday night for the latest in the winter 5k series on the promenade. The wind speeds were already picking up ahead of the gales that were to follow.

Overall winner of the women's race was Susan Duncan in 19.47. Michelle Fryer took second place overall in 21.02 and Michelle's mum Jill Naughton and Carol Brent crossed the line together to take third club position in 28.10.

There was little to separate the club's first three men, who all earned top ten places. Chris Selman finished in 18.26, followed by Pete Clark-Yalland in 18.31 and Matt Wheeler four seconds later in 18.35. Chris earned himself a new 5k personal best in the process - particularly impressive given the far-from-calm racing conditions.

The next races in the Weston prom run series take place tonight (Thursday 14 March). The main five mile race at 7.30pm is preceded by the junior one mile race at 6.45pm. Runners can enter online at www.westonac.co.uk/promrun or in person at the Bay Cafe at the Tropicana.

ENDS

For more information and photos contact vanessa.andrews@westonac.co.uk
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