



Date: 27 January 2019

Release: immediate

### **Double top at Slaughterford**

Mud, hills and a bitterly cold wind were no match for Weston Athletic Club's runners at the Slaughterford 9 on Sunday. The nine mile-off road race covers a challenging course with 1,300 feet of climb along the way and the heavy rainfall the night before the race made for particularly hard-going conditions.

Out of the 400 runners taking part, Weston fielded a team of 21. Eager to retain his crown from last year's race, Chris McMillan ran a strong race and finished some way out in front of the pack, with a clear lead for the final brutal ascent. He crossed the line in 56.03, a full minute in front of the next runner. Sharing the spoils at the top was Susan Duncan who continues to get stronger and faster. Improving on her 2018 race time by eight minutes, Susan was the overall female winner in a blistering time of 1.07.56, three minutes ahead of her closest rival. Both also bagged age category prizes.

Second and third club places went to Matt Wheeler and Rob Furlong with their respective times of 1.04.07 and 1.05.20. Katie Gormley ran a strong race and her finish time of 1.15.30 earned her third place in her age category. Yvonne Rogers followed in 1.26.37 and her performance, alongside Katie's and Susan's earned the trio the overall female team prize.

With the race now awarding a prize for the first time to runners aged 70 and over, Paul Snelling was also rewarded for his efforts having seen off the competition by quarter of an hour with his 1.28.24 race time.

The next races in the Weston prom run series take place on Valentine's Day (Thursday 14 February). The main five mile race at 7.30pm is preceded by the junior one mile race at 6.45pm. Runners can enter online at [www.westonac.co.uk/promrun](http://www.westonac.co.uk/promrun) or in person on the night at the Bay Cafe at the Tropicana.

ENDS

For more information and photos contact [vanessa.andrews@westonac.co.uk](mailto:vanessa.andrews@westonac.co.uk)  
Follow the club on Facebook [/westonathleticclub](https://www.facebook.com/westonathleticclub)