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## **Weston AC do Battle and Win**

Nineteen brave Weston Athletic Club members took on the Battle of Sedgemoor on Sunday, and all survived. The 10k race takes place on the Somerset Levels, and the reasonably flat road route is the perfect setting for those wanting to achieve a fast time. Sunday's cooler, damper conditions were ideal for racing.

Fastest club member to complete the course was Susan Duncan who continues to improve. Susan finished the race in 39.18, third female overall and under a minute behind the overall female winner. Niki Fulstow was next club female with a new personal best time of 44.26, followed by Jo Coveney in 46.13. The women continued to impress with Pam Withers and Julie Shergold finishing second and third in their age category.

The battle for first and second club male was fought between Steve Kibblewhite and Richard Brent, but it was Steve who emerged victorious in 41.09, eight seconds ahead of Richard. Stuart Diamond took third male club spot in 42.51.

Meanwhile, over the bridge in Wales, nine of the club's members took on the Severn Bridge Half Marathon which crosses the old bridge twice, into England and back again via Thornbury.

Carol O'Leary enjoyed another great race and was the club's first member to finish in 1.46.47, also winning her age category. Vicki Wilkins was the next club woman to cross the line in 1.55.19, followed by Sarah Ridout in 2.02.11, both with new personal best times.

John Cunningham and Pete Vowles also achieved new fastest times with their 1.51.06 and 1.55.08 finishes, followed by Ian Purnell in 2.02.06.

For club members preferring their running hillier and softer underfoot, this week saw the staging of the annual Crook Peak Cake Race - a three mile sharp uphill climb from the bottom to the top of the peak, along Wavering Down to the trig point, and back down the hill to Cross. Without Chris McMillan making an appearance this year, there was less chance of winning the chocolate cake reward, but the race was still on for fastest club member.

Rob Furlong was first from the club to hurtle down the hill to the line in 22.17, followed shortly after by Matt Wheeler in 22.38, both earning top ten finish places, but alas no cake. Josh Harris, perhaps taking it slightly easier ahead of his weekend ultra marathon, finished in 23.30.

It was another great race for Michelle Fryer who finished in 26.44 and third female overall. Katie Gormley followed in 27.44 and Maria Davidson in 31.02.

Entry is now open for the 2018/19 Weston prom race series - nine races along Weston's seafront following a completely flat five mile course. As well as the five mile option there is also a monthly one mile option for junior runners. For more information visit [www.westonac.co.uk/promrun](http://www.westonac.co.uk/promrun).

ENDS

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