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### **Chris's county cross-country**

On the back of his recent sterling race performances, Chris McMillan of Weston Athletic Club was selected to represent the county at last weekend's UK Counties Athletic Union 2018 inter-counties cross-country championship.

The race was held in Loughborough on an extremely heavy-going muddy course. Despite battling a chest infection, Chris still managed to help Avon and Somerset to tenth place out of 31 county teams and, individually, finished 114th out of 284 runners.

ENDS

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