



Date: 1 January 2018
Release: immediate

Christmas Capers for Club

The festive season has not been a quiet one for Weston Athletic Club members who've been out in big numbers pounding the tarmac and working off the turkey.

Boxing Day saw 61 members head up the motorway to Clevedon for the town's traditional four mile run around the town. Despite the weather forecast to the contrary, conditions throughout the race were pretty good and allowed those taking part to achieve some quick times with a staggering 40 personal bests achieved for the distance.

Chris McMillan faced stiff competition and finished eighth overall in 20.22. There was a battle for the next club positions with three club members racing hard to the line. Rob Furlong finished in 24.19 followed two seconds later by Phil Tomlinson, who was followed another two seconds later by Matt Wheeler.

The club's three fastest women all ran strong races with Nia Davies crossing the line in 27.10, Susan Duncan in 27.31 and Michelle Fryer in 27.53. Carol O'Leary's time of 30.18 earned her a second place finish in her age category.

On New Year's Day members were up early to organise or take part in the Hangover 10k which follows an undulating route on the roads around Kewstoke. Runners had to contend with wind, rain and hail as the race started, but the skies soon cleared for better running conditions.

Kieron Summers was the club's fastest runner, finishing fifth overall in 34.49. Ian Connock followed exactly a minute later in 35.49 while Jason Revill ran hard to cross the line just inside 40 minutes in 39.58.

Despite having picked up a hip injury the day before, Genevieve Drinkwater ran a very strong race to finish in 45.20. Jo Coveney continued her run of excellent form earning another personal best in 45.41 and Yvonne Rogers returned inside 50 minutes in 49.40.

The next race organised by the club is the fourth prom run of the season on Thursday January 25. The main five mile race starts on the seafront near the Tropicana at 7.30pm and is preceded by the one mile junior race at 6.45pm. Runners can enter on the night or online at www.westonac.co.uk/promrun.

ENDS

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