



Date: 12 November 2017

Release: immediate

Mud no match for Weston AC

On Remembrance Sunday 29 of Weston Athletic Club's members travelled to Chipping Sodbury to take on the ten miles of the Sodbury Slog. The race is renowned for its mud and water challenges along the route and features plenty of opportunities for runners to become separated from their footwear.

The 1,100 runners wore poppies and observed a two minute silence at 11am before the race started. Then it was just ten miles of mud, water and hills separating them from the finish line. The first club member to complete the course was Rob Furlong in 1.12.21. Marc Whiting followed a little over a minute later in 1.13.34 and also won his age category in the process. Matt Wheeler took third club spot in 1.15.24.

The honour of fastest club female went to Susan Duncan who finished in 1.29.46. Sarah Styles crossed the line in 1.32.33 and was followed by Carol O'Leary who finished second in her category in 1.35.38.

The next race organised by the club is the third prom run of the season on Thursday November 23. The main five mile race starts on the seafront near the Tropicana at 7.30pm and is preceded by the one mile junior race at 6.45pm. Runners can enter on the night or online at www.westonac.co.uk/promrun.

ENDS

For more information and photos contact vanessa.andrews@westonac.co.uk

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