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Staggering storms on Exmoor

The tail-end of Storm Brian set the scene for the 21 Weston Athletic Club runners who braved this year's Exmoor Stagger on Sunday. As if 3,500 ft of climb off-road from sea-level at Minehead to Dunkery Beacon and back wasn't enough, runners also had to contend with 45mph winds with lashings of hail and rain mixed-in as they reached the summit.

But just over 16 miles later, 42 tired legs eventually made their way back off the windy, muddy moors to the finish line, to be greeted with tea, cake and sandwiches to reward them for their efforts.

Rob Furlong was the club's first finisher in 2.15.59. Guy Bradford followed in 2.19.25 and Josh Harris four minutes later in 2.23.35. Cheryl Valentine was the club's fastest female, finishing in 2.53.57. The next two Weston females also finished inside three hours, with Sian Roberts crossing the line in 2.59.09 and Sarah Styles just nine seconds behind her.

The next race organised by the club is the second prom run of the season on Thursday October 26. The main five mile race starts on the seafront near the Tropicana at 7.30pm and is preceded by the one mile junior race at 6.45pm. Runners can enter on the night or online at www.westonac.co.uk/promrun.

ENDS

For more information and photos contact vanessa.andrews@westonac.co.uk

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