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Second's best for Weston AC

It's been a busy few days for Weston Athletic Club with the first prom run of the nine race series on Thursday evening followed by Burnham and Cardiff half marathons at the weekend.

Despite weather forecasts threatening rain and wind, the conditions were just about perfect with light breezes and cool dry conditions.

The five mile prom run attracted a record turn-out with 382 runners completing the fast, flat course. Of these, 75 ran in the yellow vests of Weston AC making the club the best represented on the night. Kieron Summers got the series off to a great start finishing second overall in 27.30 just 12 seconds behind the overall winner. Having graduated from the one mile junior race, Will Fuller made a superb five mile debut to finish under the magic 30 minute benchmark in 29.23 proving he's one to watch over the coming months. Third club spot went to James Bertenshaw in 30.11.

Pippa Stephens made a great return to the prom to take first spot among the club's females in an excellent time of 33.03, also winning her age category. Phil Richards followed soon after in 33.20 and Nia Davies paced her race efficiently to cross the line in 35.07.

Burnham's half marathon is a fast flat route along mainly country roads to Lympsham and back. Despite having run a marathon the previous weekend, Ian Connock still managed to complete the 13.1 miles in an impressive 1.19.55 finishing second overall. He was followed by Darren Stacey in third place overall in 1.21.01 and Rob Furlong in seventh place in 1.24.36.

Phil Richards was the club's fastest female, and third overall in 1.33.17. Susan Duncan followed in 1.47.07 and Shaleen Summers completed her third half marathon in as many weeks in 2.05.45.

Meanwhile, in Cardiff, although not a club championship race, 13 of the club's members took part in the half marathon there - a much bigger event with 20,000 participants. The most notable performance of the day came from Carol O'Leary who was the first over the line in her age category, out of 102 women, in a blistering time of 1.46.41. She also placed comfortably inside the top five percent of all female finishers at the event.

Entries are filling up fast for the club's Christmas Cracker 10k which takes place on Sunday December 17. This year is the race's 30th anniversary and anyone wanting to sign-up should enter soon at www.westonac.co.uk/christmascracker.

ENDS

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