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## **Weston AC tackle two 10k**

Sunday saw 45 of Weston Athletic Club's members travel to Bridgwater or Glastonbury for the towns' 10k races. Conditions were pretty perfect, and the forecast rain held-off until after both events.

Most runners opted for the Bridgwater Bolt, but some who'd run it last year were in for a minor shock when they discovered the course had been altered this year to throw in a couple of hills. Rob Furlong achieved a top ten finish and was first Weston runner to finish in 39.41, as well as winning his age category. Marc Whiting and Richard Scott took second and third places for the club and their age categories in 40.41 and 41.14.

Gerry Hope was first club female over the line in 50.13 followed by Anne Cross in 54.05 and Georgie Amos-Ford in 54.28. Julie Shergold also ran a great race to take third position in her category in 57.30.

Meanwhile in Glastonbury, the 'Round the Tor' 10k attracted club runners keen to earn valuable championship points. The route is far from flat and features a short, sharp climb followed by a final quick descent into the town centre in the last kilometre of the race. Josh Harris was Weston's first runner to complete the course in 40.14. He was followed by Steve Kibblewhite in 41.27 and Stuart Diamond in 42.28.

Sian Roberts ran a strong race again to finish in 46.10. Nia Davies, having run London Marathon the weekend before, still managed a great time of 47.01. Helen Diamond took third club position in 50.47.

The final races in the 2016-17 Weston prom run series take place on Thursday May 18. The main five mile race starts on the seafront near the Tropicana at 7.30pm and is preceded by the one mile junior race at 6.45pm. Runners can enter on the night or online at [www.westonac.co.uk/promrun](http://www.westonac.co.uk/promrun).

ENDS

For more information and photos contact [vanessa.andrews@westonac.co.uk](mailto:vanessa.andrews@westonac.co.uk)

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