



Date: 19 February 2017

Release: immediate

## Perfect prospects for prom participants

A calm and cool February evening presented ideal racing conditions for the 309 runners who took on the sixth race in the Weston Athletic Club five mile prom series. The race proved popular with the club's own members, with an impressive 75 entrants sporting the club's distinctive yellow vests.

Helped by the pace set by overall race winner Luke Evans from Bristol and West AC, it was a profitable evening for Chris McMillan who finished second overall and took five seconds off his previous best to complete the distance in 26.23. Wilf Huxtable took second club spot in 28.28 and Ian Connock third in 28.50.

Phil Richards was first club female to complete the distance in 32.58 while Nia Davies and Fran Rawlings fought it out for second and third club spots. Nia ran a strong race to set a new personal best time of 35.00 while Fran finished just behind in 35.07.

In the junior one mile event, 58 runners took part, benefitting from plenty of encouragement from family and friends as they ran. Vaughan Clark (yr 11) was first over the line in 5.26. Evan and Louie Brunson (yr 11 & 7) followed in 5.33 and 5.56. Stephanie Brooks (yr 8) was the winning girl in 6.01. She was followed by Rachel Anderson (yr 10) in 6.20 and Keira Devereux (yr 6) in 6.28.

The next races in the 2016-17 Weston prom run series take place on Thursday March 23. The main five mile race starts on the seafront near the Tropicana at 7.30pm and is preceded by the one mile junior race at 6.45pm. Runners can enter on the night or online at [www.westonac.co.uk/promrun](http://www.westonac.co.uk/promrun).

ENDS

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