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### **Weston AC do battle for cake**

After a lull in the racing calendar, three races came along at once last week to tempt Weston Athletic Club's members off their sun loungers and back into their trainers.

First up was a perennial favourite for the hill lovers, the Crook Peak Cake Race. Although only three miles long, the route is a challenging one, starting at the foot of the peak, and climbing sharply to the top, along Wavering Down, and up again to the trig point, before a fast final descent to the finish line.

Chris McMillan was the first over the line in 19.01, and won himself a large chocolate cake for his troubles, which was shared with the other runners as is the custom at the race. Kieron Summers and Josh Harris followed in 20.44 and 22.15. Helen Diamond and Julie Bailiss have finished within seconds of each other the last three years at this event, and this year's result could not have been closer with Helen pipping Julie at the post by just a second in 31.51.

Sunday's outing to Langport proved fruitful for the club's females at the Battle of Sedgemoor 10k. They finished third female team overall, with Jules Pflaum finishing third woman in 41.58. Niki Fulstow and Geraldine Hope completed the team's standings in 46.34 and 51.06. Mike Horwood also finished third in his category in 55.09. The club's first three males to finish were Richard Brent in 39.24, Steve Kibblewhite in 39.52 and Josh Harris in 40.26.

Meanwhile, 16 club members took on the Severn Bridge Half Marathon, which as the name suggests, sees the runners cross the river over the old bridge twice along the 13.1 mile route. Rob Furlong enjoyed a great race finishing first for the club in 1.31.42, followed by Marc Whiting in 1.36.23 and Jon Oliver in 1.48.57. Rachel Andrews was the club's first female finisher, breaking the two hour barrier in 1.58.01. Rachel Stacey and Jo Coveney followed in 2.03.39 and 2.05.30.

Entry is now open for the 2016-17 Weston prom runs, a series of nine, five mile races on the seafront. The first race of the series takes place on Thursday 22 September at 7.30pm, and is preceded by the one mile junior race at 6.45pm. Runners can enter online at [www.westonac.co.uk/promrun](http://www.westonac.co.uk/promrun).

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For more information contact [vanessa.andrews@westonac.co.uk](mailto:vanessa.andrews@westonac.co.uk)