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The March prom run saw the same three male club members from last month securing the top three spots with all three achieving personal bests.

Chris McMillan finishing first for the club in 28:21 with Dominic Taylor-Jones taking second spot in 28:11. Last year's road race club champion Kieron Summers finished third in 28:16.

Julia Pflaum retained her current form by finishing first club female with a personal best of 33:32. Hannah Moore took second in 35:37 with Michelle Fryer securing third in 35:55 whilst also achieving a personal best.

There were plenty of other members achieving personal bests including Kie Booth, Julie Bailiss, Helen Diamond and Shaleen Summers

In the mile race Jaylan Bacon won his third consecutive race in 5:24 with Connie Ballentine running a strong race claiming first female in 6:25.

Yeovil half marathon took place last Sunday with a handful of club members running in extremely windy and wet conditions.

John Hinchliffe was first home in 1:40:03 followed by Gareth Weaver in 1:54:55 and Wayne Entwhistle third in 1:54:55. Nia Davies demonstrated that her marathon training was paying off by crossing the finish line first for the club ladies & securing a personal best of 1:40:29. Julia Withers showed determination to finish the race second in 2:07:49 with Madeline Cook coming third in 2:12:09. MV60 club member Steve Baxter ran in arguably the more scenic half marathon in the Forest of Dean finishing in a respectable time of 1:42:57.

Finally the Butleigh multi terrain race took place on the 22nd March with five members competing. Adrian Noble continues to get stronger after an injury lay-off taking first place for the club in 49:17 Tony Hogg was second in 50:42 with Paul Snelling third in 58:40. Mary Nutley took the honours for the ladies finishing the event in 1:06.

The club's next race is the Weston prom run on Thursday April 22. The main five mile race starts at 7.30pm, and is preceded by the one mile race at 6.45pm.

For more information about all the club's races, and becoming a member, visit www.westonac.co.uk.

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