



**Release:** Immediate

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### Weston AC Get Their Freak On

A beautiful day awaited four members of the club who competed in the Freaky Peaky duathlon on Sunday. The description of the local event is enough to make you feel tired with three bike rides over a distance of 60K separated by three individual runs over Brean Down, Brent Knoll and Crooks Peak totaling 14.5K.

Marc Bostock came in first for the club in 3:09:46 followed by Simon Andrews in 3:20:43. Both achieved significant quicker times than when they previously raced the event. Nick Cook finished third in a creditable 3:46:44 with Chris Edwards finishing in 4:27:31 and to his delight winning the V60 category prize.

The club's next race is the Weston prom run on Thursday March 26. The main five mile race starts at 7.30pm, and is preceded by the one mile race at 6.45pm.

For more information about all the club's races, and becoming a member, visit [www.westonac.co.uk](http://www.westonac.co.uk).

ENDS

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