



Jo Coveney

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Jo Pavey Inspires Runners at Awards Night

Weston AC members and their families came together at the Winter Gardens to celebrate running achievements throughout 2014.

The chairman, Ian Carpenter opened up the formalities with a message from the current European 10,000m Champion Jo Pavey who has also competed in the club's Prom Run. Her message focused on the importance of running for everyday enrichment and the benefits it brings mentally, physically and socially.

The following awards were presented: Most improved runners: Helen Diamond & Kieron Summers. Barry & Ginnie Hotlegs Award: (the most championship races ran over the year). John Hinchliffe & Vanessa Andrews. Road race champions: Phil Richards & Kieron Summers. Off road Champions: Rachel Vincent & Adrian Noble. Head Coach Award: Dave Stock. Marathon Cup: Nick Briffit. 5K Handicap Trophy: Matt Wheeler. Achievement award: James Wotton & Wilf Huxtable. Triathlete Awards: Dave Stock & Tracey Lewis.

Vanessa Andrews was the stand out contributor towards making the club such a success in 2014 and was awarded the Club Person and Chairman's award.

The weekend of racing saw new club ladies compete in the Bristol Varsity 10K many of them achieving personal bests. First lady over the line for the club was Jo Coveney in 57:08 followed by Wendie Beardsall in 61:49. Third spot went to Kelly Staddon in 62:17 with Iain Prideaux the only man competing finishing in 55:39.

The club's next race is tonight along Weston prom, the main five mile race starts at 7.30pm, and is preceded by the one mile race at 6.45pm.

For more information about all of the club's races, and becoming a member, visit www.westonac.co.uk.

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