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All of a Muddle

The natural beauty of the Mendip hills set the scene for Weston Athletic Club's toughest race, the Mendip Muddle, on Sunday. The race covers a challenging route of over 12 miles, taking in landmarks including Velvet Bottom, Beacon Batch, Dolebury Hill Fort and Rowberrow Warren.

The weather was kind to the 267 finishers and allowed for some impressive times. First for the club was Nick Briffitt who finished fourth overall with a time of 1:30:04 winning his age category. Guy Bradford came 11th overall in 1:33:22 and Andy Chadburn was third club member home in 1:35:10.

First club female to cross the line was Katie Gormley in 2:00:49 followed by Tamara Bourne in 2:06:58 and Sarah Styles in 2:11:29. Liz Green put in an impressive performance finishing fourth club female in 2:21:19 and once again claimed the win in her age category.

The second race in this season's five mile prom run series will be held on Thursday 22 October starting at 7.30pm. Race HQ is the Bay Cafe at the Tropicana on Weston-super-Mare seafront where entries can be made on the day, or alternatively, through the club's website. The main race is preceded by the one mile junior race at 6.45pm.

For more information about this and the club's other races, as well as becoming a member, visit www.westonac.co.uk.

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For more information contact media@westonac.co.uk