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Runners Remember The Fallen

Sparks were flying in more ways than one when Weston Athletic Club took on the Burnham-on-Sea 5k on bonfire night.

Kieron Summers was on fire, soaring into the lead in the final 500 metres of the race and sealing victory in 17.08. Guy Bradford and Steve Kibblewhite streaked through the finish in 18.35 and 19.19 respectively.

Michelle Fryer dazzled with her time of 22.02 followed by sparkling performances from Tamara Bourne in 22.54 and Jo Coveney in 24.05.

Remembrance Sunday marked the annual pilgrimage to Chipping Sodbury where 38 members took on the Sodbury Slog. Following a two minute silence and the playing of the Last Post, runners battled through mud, water-filled ditches and a sheep dip on the challenging 10 mile multi-terrain course.

Wilf Huxtable marched home in an impressive 1.12.35 followed by Matt Wheeler in 1.15.17 and Stuart Diamond in 1.19.24.

Cheryl Valentine showed great determination, crossing the line in 1.27.10 followed by Sarah Styles in 1.35.15 and Julie Bayliss in 1.39.56.

Many of the club's runners put in exceptional performances but none more so than James Wotton who ran the whole course dressed as Batman, with his inflatable sidekick Robin, while collecting money for Lydia's Fund supporting Bristol Children's Hospital. He still managed to finish in 1.49.06 and collected £82.94 along the course. Well done James!

Entry is now open for the Hangover 10k on New Year's Day. The fast course on country lanes around Kewstoke provides the ideal way to end the party season and put new year's resolutions to the test. Race HQ is Kewstoke Village Hall and the race starts at 11am. Entry is available on the club website and costs just £8 (£6 for affiliated runners).

For more information about this and the club's other races, as well as becoming a member, visit www.westonac.co.uk.

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For more information contact media@westonac.co.uk