



Release: Immediate

Date: March 09, 2015

March means more miles for many Weston AC runners with Gloucester 20 being the perfect build up for a spring marathon. The event gave Keiron Summers lots to smile about leading the club home in drizzly conditions in a staggering 2:03:57. Andrew Chadburn secured second spot also in an impressive time of 2:15:00 with Guy Bradford taking third in 2:16:22.

The ladies did not disappoint either with Nia Davies being rewarded first club female in a time of 2:40:35 followed by Helen Diamond in 3:08:39. Georgie Ford ran strongly to take third in 3:09:19.

Other deserving performances went to John Hincliffe who won first V60 prize and Vanessa Andrews who shaved off an almighty 30 minutes off last year's time.

Closer to home in Cheddar twenty club runners choose arguably the tougher option of running an off road 15 miler suitably called the Big Cheese.

Only just back from injury Adrian Noble took top club placing and first MV50 overall in 1:59:33. Second was Tony Hogg in 2:00:56 with third deservedly going to Kia Booth in 2:07:31. Paul Snelling took a worthy win in the MV60 category.

Barely recovered from the Grizzly last weekend Cheryl Valentine once again showed the ladies and a lot of the club men who was boss, taking first club lady in 2:17:29. Rachel Smith took second place in 2:34:29 with Sarah Styles securing third in 2:44:29.

Rain did not deter the consistently strong performance of Dominic Taylor-Jones who finished first club male in the Bideford half marathon in 1:22:05. Jamie Tottle was second in 1:44:12 followed by Wayne Entwhistle in 1:52:20.

Two ladies competed, Kira Thorpe finishing in 1:45:10 and Shaleen Summers in a PB of 2:13:27.

Whilst Marc Bostock ran the furthest over the weekend completing the epic 46 mile Green Man Ultra Sara Butcher travelled the furthest. Racing an extremely scenic and hilly 20 miler in West Wales she achieved a PB of 3:24:44.

Finally Salisbury 10 saw five ladies compete from the club; Claire Trego (1:28:04), Jo Coveney (1:31:29), Tricia Ballie-Horter & Ruth Phillips (1:33:42).

The club's next race is the Weston prom run on Thursday March 26. The main five mile race starts at 7.30pm, and is preceded by the one mile race at 6.45pm.

For more information about all the club's races, and becoming a member, visit www.westonac.co.uk.

ENDS

For more information contact kira.thorpe@westonac.co.uk