



**Release:** Immediate  
**Date:** August 3, 2014

### **Weston AC tri harder**

Conditions couldn't have been much worse for the three Weston Athletic Club men who took on the Cotswold Water Park standard distance triathlon on Saturday. The rain was so heavy, they got as much of a soaking on the 41km bike leg as they did during the 1500m swim. The skies then cleared during the humid 9k trail run.

A puncture on the bike scuppered Simon Andrews' chances of first spot for the club, while all Nick Cook's dedication in training paid off. Nick finished first and still looked fresh as he crossed the line in 2:47:41. Simon made up time on the run to finish a minute behind in 2:48:47. Chris Edwards finished third for the club in his first triathlon over the distance at the age of 60 in 3:24:20.

Belinda and Mark Wilson had much better conditions when they took on the same event on Sunday as a team relay challenge finishing in 2:58:11.

Entry is now open for the annual Christmas Cracker 10k on Sunday December 7, and the new season of Weston AC's five mile prom runs. More information on all the club's races and becoming a member can be found at [www.westonac.co.uk](http://www.westonac.co.uk).

ENDS

Note to editors. Picture L-R: Simon Andrews, Nick Cook and Chris Edwards