

## **Full Marathon Results 2007 – Prize Winners**

### INDIVIDUAL PRIZES:

#### *Black Dog M*

101, Chorley, Chris – Bungay Black Dog Running Club

#### *Black Dog F*

102, Sauerzapf, Bobbie - Bungay Black Dog Running Club

#### *M Open 1st*

267, Prewer, Carl - Lowestoft Road Runners

#### *M Open 2nd*

153, Hart, Paul - Dumfries Running Club

#### *M Open 3rd*

269, Doel, Glenn - Colchester Harriers

#### *M40*

158, McClelland, Paul - Harwich Runners

#### *M50*

314, Back, Terry - Ipswich Jaffa

#### *M60*

213, Bartrop, Verne - 100 Marathon Club

#### *F Open 1st*

165, Henry, Amanda - Sudbury Joggers

#### *F Open 2nd*

261, Barry, Lisa Jane - Royston Road Runners

#### *F Open 3rd*

134, Morrison, Ann - <non-affiliated>

#### *F35*

308, Foyster, Mandy - <non-affiliated>

#### *F45*

318, Roberts, Mel - Woodbridge Shufflers

#### *F55*

154, Wilson, Irene - Strathaven Striders

### TEAM PRIZES:

#### *Fastest 3 Men From The Same Club*

Ipswich Jaffa Placed in: 4, 5, 20,

#### *Fastest 3 Women From The Same Club*

Bishops Stortford R.C. Placed in: 78, 121, 131,

## **Full Marathon Results 2007 – All finishers**

### ***Position: Number – Surname, 1<sup>st</sup> Name – Time - Club***

- 1: 267 - Prewer, Carl - 2:46:59.0 - Lowestoft Road Runners
- 2: 153 - Hart, Paul - 2:48:14.0 - Dumfries Running Club
- 3: 269 - Doel, Glenn - 2:54:16.0 - Colchester Harriers
- 4: 314 - Back, Terry - 2:56:42.0 - Ipswich Jaffa
- 5: 215 - Macsephney, Scott - 2:57:42.0 - Ipswich Jaffa
- 6: 158 - McClelland, Paul - 2:58:19.0 - Harwich Runners
- 7: 303 - manlow, John - 2:59:07.0 - <non-affiliated>
- 8: 139 - Bowdery, Grant - 2:59:23.0 - <non-affiliated>
- 9: 105 - Watkinson, Richard Alan - 3:01:35.0 - <non-affiliated>
- 10: 279 - Blake, Richard - 3:02:09.0 - Great Yarmouth Road Runners
- 11: 281 - Wright, David - 3:05:49.0 - Colchester Harriers
- 12: 110 - Grehan, Michael - 3:08:09.0 - Dunstable Road Runners
- 13: 162 - Ross, David - 3:10:04.0 - 100 Marathon Club
- 14: 234 - Muffet, Paul - 3:10:28.0 - North Norfolk Beach Runners
- 15: 172 - Drinkwater, Paul - 3:11:13.0 - Leeds & Bradford Triathlon Club
- 16: 288 - Widing, Bjorn - 3:13:27.0 - Tureberg FK
- 17: 227 - Buck, Andrew - 3:14:05.0 - Sudbury Joggers
- 18: 317 - Dorling, Eamonn - 3:14:34.0 - Thorney Running Club
- 19: 299 - Metcalfe, Pete - 3:14:48.0 - City of Norwich AC
- 20: 222 - Thorpe, John - 3:16:24.0 - Ipswich Jaffa
- 21: 241 - Baxter, Stephen - 3:17:45.0 - Weston AC
- 22: 159 - Hewitt, Timothy - 3:19:33.0 - <non-affiliated>
- 23: 165 - Henry, Amanda - 3:19:38.0 - Sudbury Joggers
- 24: 258 - Baudry, Denys - 3:19:43.0 - Garden City Runners
- 25: 173 - Roberts, Raymond - 3:20:21.0 - Bracknell Forest Runners
- 26: 246 - Copland, Dave - 3:20:47.0 - Ipswich Tri Club
- 27: 124 - Baker, Gary - 3:23:42.0 - <non-affiliated>
- 28: 266 - Rayner, Eddie - 3:24:00.0 - Stainland Lions
- 29: 274 - Manton, Roger - 3:24:09.0 - <non-affiliated>
- 30: 164 - Robson, Mark - 3:24:35.0 - <non-affiliated>
- 31: 216 - Thomas, Ray - 3:25:26.0 - <non-affiliated>
- 32: 305 - Sadler, Michael - 3:25:44.0 - North Norfolk Beach Runners
- 33: 265 - Parsons, Kevin - 3:26:02.0 - <non-affiliated>
- 34: 261 - Barry, Lisa Jane - 3:26:26.0 - Royston Road Runners

35: 213 - Barltrop, Verne - 3:27:13.0 - 100 Marathon Club  
36: 309 - Derby, Nigel - 3:27:34.0 - Chiltern Harriers  
37: 207 - Cooney, Stephen - 3:27:36.0 - Collingwood AC  
38: 202 - Moore, John - 3:28:42.0 - <non-affiliated>  
39: 150 - Howes, Bill - 3:29:18.0 - RRC  
40: 304 - Seger, Michael - 3:29:43.0 - <non-affiliated>  
41: 282 - Smith, Andrew - 3:31:05.0 - Ryston Runners  
42: 297 - Thompson, David - 3:33:50.0 - <non-affiliated>  
43: 119 - Ost, Andy - 3:34:11.0 - Chepstow Harriers  
44: 101 - Chorley, Chris - 3:34:50.0 - Bungay Black Dog Running Club  
45: 203 - Wilmot, Andrew - 3:34:58.0 - Halstead Road Runners  
46: 217 - Sellors, Rob - 3:35:23.0 - <non-affiliated>  
47: 134 - Morrison, Ann - 3:35:31.1 - <non-affiliated>  
48: 253 - Wilson, Andrew - 3:37:01.0 - <non-affiliated>  
49: 308 - Foyster, Mandy - 3:37:09.0 - <non-affiliated>  
50: 135 - Daugherty, Daune - 3:37:15.0 - <non-affiliated>  
51: 184 - Biggs, Roger - 3:38:14.1 - Fairlands Valley Spartans  
52: 240 - Venning, Jonathan - 3:38:25.0 - Dunstable Road Runners  
53: 244 - Fisher, Philip - 3:39:16.0 - <non-affiliated>  
54: 100 - Lines, Rob - 3:39:30.0 - <non-affiliated>  
55: 318 - Roberts, Mel - 3:39:49.0 - Woodbridge Shufflers  
56: 145 - Freeman, Dennis - 3:39:58.0 - CONAC  
57: 295 - Bowran, Steve - 3:40:03.0 - <non-affiliated>  
58: 259 - Byworth, Bryan - 3:40:25.0 - Scunthorpe & District AC  
59: 208 - Johnston, Melanie - 3:40:53.0 - Collingwood AC  
60: 248 - Smith, Andrew - 3:41:04.0 - Grange Farm & Dunmow Runners  
61: 182 - Roche, Maxwell - 3:41:27.0 - <non-affiliated>  
62: 250 - Stark, Colin - 3:41:50.0 - <non-affiliated>  
63: 254 - Marshall, Kevin - 3:43:05.0 - Ilford AC  
64: 289 - Spokes, Elizabeth - 3:43:59.0 - <non-affiliated>  
65: 204 - Taylor, John - 3:44:57.0 - Thames Turbo  
66: 187 - Rowe, John - 3:45:31.0 - London Road Runners Club  
67: 264 - Sewell, Carina - 3:47:55.0 - Woodbridge Shufflers  
68: 292 - Osmond, David - 3:48:18.0 - <non-affiliated>  
69: 249 - Yadave, Rush - 3:48:23.0 - 100 Marathon Club  
70: 178 - Mundy, Jim - 3:48:29.0 - Sutton Runners  
71: 277 - Stalley, Andrew - 3:49:06.0 - Collingwood AC

72: 201 - Rogers, Ian - 3:50:03.0 - Bishops Stortford R.C.  
73: 191 - Thackwell, Colin - 3:50:15.0 - Club Atletico Totana  
74: 211 - Duffy, Therezia - 3:50:22.0 - Wolverhampton & Bilston  
75: 210 - Weavor, Rebecca - 3:50:22.1 - <non-affiliated>  
76: 138 - Keevil, Raymond - 3:50:57.0 - Brandon Fern Hoppers  
77: 319 - Kenyon, Steve - 3:52:19.0 - Waveney valley AC  
78: 103 - Sutherland, Fiona - 3:53:12.0 - Bishops Stortford R.C.  
79: 170 - Pope, David - 3:53:47.0 - <non-affiliated>  
80: 235 - Peevor, Robert - 3:55:52.0 - Ipswich Tri Club  
81: 310 - Chen, Tim - 3:55:52.1 - Trianglia  
82: 306 - Barber, Jon - 3:56:47.0 - <non-affiliated>  
83: 129 - Wade, Gary - 3:57:29.0 - 100 Marathon Club  
84: 123 - Bryant, Phil - 3:57:38.0 - <non-affiliated>  
85: 117 - Bird, Conrad - 3:57:46.0 - <non-affiliated>  
86: 181 - Read, Simon - 3:58:00.0 - Deal Tri  
87: 179 - Purdy, Andy - 3:59:30.0 - Bedford Harriers  
88: 283 - Sears, Christopher - 4:00:43.0 - Woodbridge Shufflers  
89: 151 - Anderson, Craig - 4:00:53.0 - Bungay Black Dog Running Club  
90: 166 - Carlyle, Mark - 4:01:20.0 - <non-affiliated>  
91: 251 - Hornsey, Joseph - 4:01:28.0 - <non-affiliated>  
92: 109 - Tyrrell, Jonathan - 4:02:16.0 - <non-affiliated>  
93: 243 - Costello, Noel - 4:02:27.0 - <non-affiliated>  
94: 300 - Lewis, David - 4:03:17.0 - Blackheath & Bromley Harriers AC  
95: 160 - Walne, Jason - 4:04:16.0 - <non-affiliated>  
96: 229 - Fincham, Daron - 4:04:34.0 - Telford Harriers  
97: 255 - Newman, Richard - 4:04:43.0 - <non-affiliated>  
98: 226 - Forrester, George - 4:04:50.0 - <non-affiliated>  
99: 125 - Rimmington, Carole - 4:05:19.0 - Beverley AC  
100: 152 - Bewg, Bill - 4:05:42.0 - Chepstow Harriers  
101: 113 - Hammett, Apryl - 4:06:02.0 - <non-affiliated>  
102: 220 - Clarke, David - 4:06:50.0 - <non-affiliated>  
103: 102 - Sauerzapf, Bobbie - 4:06:57.0 - Bungay Black Dog Running Club  
104: 121 - Stannett, Kate - 4:07:05.0 - Ipswich Tri Club  
105: 236 - Rumbles, Allen - 4:07:16.0 - Collingwood AC  
106: 293 - Blackwell, Paul - 4:07:25.0 - Great bentley Running Club  
107: 111 - Yelloly, Julia - 4:07:50.0 - Ipswich Tri Club  
108: 263 - Britton, Michael - 4:09:05.0 - <non-affiliated>

109: 127 - Gibson, Claire - 4:09:07.0 - Chepstow Harriers  
110: 271 - Baker, Martin - 4:10:11.0 - <non-affiliated>  
111: 298 - Bennett, Raymond - 4:10:22.0 - Blackheath & Bromley Harriers AC  
112: 163 - Cronin, Anthony - 4:11:42.0 - <non-affiliated>  
113: 307 - Kane, Nik - 4:15:18.0 - <non-affiliated>  
114: 143 - Hall, Will - 4:15:31.0 - <non-affiliated>  
115: 228 - Heron, David George - 4:15:54.0 - Tring RC  
116: 272 - Sayle, Roger - 4:16:17.0 - Ryston Runners  
117: 237 - Cordwell, Julian - 4:16:50.0 - Harwich Runners  
118: 268 - Hardstone, Roger - 4:17:09.0 - <non-affiliated>  
119: 296 - Barrowman, Michael - 4:18:15.0 - St Albans Striders  
120: 245 - Wiegand, Paul - 4:18:23.0 - Fenland Running Club  
121: 180 - Law, Vivienne - 4:18:36.1 - Bishops Stortford R.C.  
122: 107 - Quick, Mike - 4:19:13.0 - Bracknell Forest Runners  
123: 142 - Oakley, Simon - 4:19:44.0 - <non-affiliated>  
124: 189 - Hutchinson, Peter - 4:20:50.0 - <non-affiliated>  
125: 148 - Fox, David - 4:21:29.0 - BenfleetRC  
126: 199 - Major, David - 4:22:13.0 - 100 Marathon Club  
127: 120 - Stannett, Charlie - 4:22:39.0 - Ipswich Tri Club  
128: 218 - Wapshott, Peter - 4:23:43.0 - <non-affiliated>  
129: 301 - Smith, Tim - 4:24:52.0 - <non-affiliated>  
130: 104 - Finn, Anna - 4:25:24.0 - Loughton AC  
131: 171 - Wakeling, Maureen - 4:25:34.0 - Bishops Stortford R.C.  
132: 285 - Hammett, Guy - 4:26:02.0 - <non-affiliated>  
133: 316 - Green, Tina - 4:27:09.0 - St Edmunds Pacers  
134: 155 - Wilson, Thomas - 4:28:54.0 - Strathaven Striders  
135: 232 - Norman, Steve - 4:29:00.0 - <non-affiliated>  
136: 136 - Barnes, James - 4:29:17.0 - <non-affiliated>  
137: 238 - Slater, Iain - 4:31:29.0 - <non-affiliated>  
138: 140 - Fulton, Terence - 4:32:49.0 - <non-affiliated>  
139: 141 - Oakley, Tim - 4:33:26.0 - <non-affiliated>  
140: 192 - Bradbury, Tom - 4:33:34.0 - Haverhill Running Club  
141: 128 - Williams, Natasha - 4:33:58.0 - Chepstow Harriers  
142: 200 - Cowan, Eleanor - 4:34:08.0 - Bishops Stortford R.C.  
143: 270 - Iles, Jonathan - 4:34:16.0 - <non-affiliated>  
144: 154 - Wilson, Irene - 4:35:17.0 - Strathaven Striders  
145: 214 - Thomas, Neil - 4:39:46.0 - Bungay Black Dog Running Club

146: 219 - Hoez, Jean Luc - 4:40:33.0 - Serpentine  
147: 280 - Parmenter, Bob - 4:42:25.0 - Halstead Road Runners  
148: 197 - Gibson, Mark - 4:42:51.0 - <non-affiliated>  
149: 257 - Toms, David AR - 4:43:20.0 - Brandon Fern Hoppers  
150: 276 - Carter, Nicholas - 4:43:46.0 - Lowestoft Road Runners  
151: 114 - Burns, Peter - 4:44:01.0 - Witham Running Club  
152: 223 - Owen, Roy - 4:46:44.0 - Haverhill Running Club  
153: 169 - Hashim, Simon - 4:47:12.0 - <non-affiliated>  
154: 146 - McKinna, Simon - 4:47:57.0 - <non-affiliated>  
155: 225 - Mills, Brian - 4:50:28.0 - 100 Marathon Club  
156: 278 - Gray, Steven - 4:52:16.0 - <non-affiliated>  
157: 247 - Norbury, Audrey - 4:52:58.0 - Thetford Athletics  
158: 230 - Norris, Louise - 4:52:58.1 - Thetford Athletics  
159: 185 - Sanders, Michaela - 4:53:18.0 - Fairlands Valley Spartans  
160: 190 - Shersby, Paul - 4:54:45.0 - <non-affiliated>  
161: 132 - Wilkie, Thomas - 4:56:22.0 - Collingwood AC  
162: 137 - Wilson, Robin - 4:56:22.1 - Collingwood AC  
163: 131 - Brunton, William - 4:56:47.0 - Bishops Stortford R.C.  
164: 287 - Winter, Julie - 4:57:33.0 - Pewsey Vale RC  
165: 126 - Mackenzie, Ian - 5:04:30.0 - <non-affiliated>  
166: 286 - Fitzgerald, Matthew - 5:04:45.0 - <non-affiliated>  
167: 239 - Tempest, Linda - 5:06:31.0 - South Derbyshire Road Runners  
168: 174 - Sellers, Martin - 5:06:48.0 - Beverley AC  
169: 311 - Holt, Tim - 5:07:25.0 - <non-affiliated>  
170: 156 - Bradley, Roger - 5:07:32.0 - Lordshill Running Club  
171: 188 - McGowan, Alistair - 5:09:31.0 - <non-affiliated>  
172: 256 - Moles, David - 5:13:10.0 - 100 Marathon Club  
173: 273 - Watts, Paul - 5:13:10.1 - 100 Marathon Club  
174: 177 - Drinnan, Cindy - 5:20:59.0 - <non-affiliated>  
175: 284 - Spencer, Kelly - 5:22:50.0 - Springfield Striders  
176: 291 - Kent, Clarke - 5:24:13.0 - 100 Marathon Club  
177: 149 - Howes, Pauline - 5:25:07.0 - RRC  
178: 320 - Weal, Jonathon - 5:35:38.0 - beckenham  
179: 313 - Stopher, Jed - 5:47:47.0 - Essex Police AC  
180: 312 - Barley, Allan - 6:06:22.0 - Essex Police AC  
1: 267 - Prewer, Carl - 2:46:59.0 - Lowestoft Road Runners  
2: 153 - Hart, Paul - 2:48:14.0 - Dumfries Running Club

3: 269 - Doel, Glenn - 2:54:16.0 - Colchester Harriers  
4: 314 - Back, Terry - 2:56:42.0 - Ipswich Jaffa  
5: 215 - Macsephney, Scott - 2:57:42.0 - Ipswich Jaffa  
6: 158 - McClelland, Paul - 2:58:19.0 - Harwich Runners  
7: 303 - manlow, John - 2:59:07.0 - <non-affiliated>  
8: 139 - Bowdery, Grant - 2:59:23.0 - <non-affiliated>  
9: 105 - Watkinson, Richard Alan - 3:01:35.0 - <non-affiliated>  
10: 279 - Blake, Richard - 3:02:09.0 - Great Yarmouth Road Runners  
11: 281 - Wright, David - 3:05:49.0 - Colchester Harriers  
12: 110 - Grehan, Michael - 3:08:09.0 - Dunstable Road Runners  
13: 162 - Ross, David - 3:10:04.0 - 100 Marathon Club  
14: 234 - Muffet, Paul - 3:10:28.0 - North Norfolk Beach Runners  
15: 172 - Drinkwater, Paul - 3:11:13.0 - Leeds & Bradford Triathlon Club  
16: 288 - Widing, Bjorn - 3:13:27.0 - Tureberg FK  
17: 227 - Buck, Andrew - 3:14:05.0 - Sudbury Joggers  
18: 317 - Dorling, Eamonn - 3:14:34.0 - Thorney Running Club  
19: 299 - Metcalfe, Pete - 3:14:48.0 - City of Norwich AC  
20: 222 - Thorpe, John - 3:16:24.0 - Ipswich Jaffa  
21: 241 - Baxter, Stephen - 3:17:45.0 - Weston AC  
22: 159 - Hewitt, Timothy - 3:19:33.0 - <non-affiliated>  
23: 165 - Henry, Amanda - 3:19:38.0 - Sudbury Joggers  
24: 258 - Baudry, Denys - 3:19:43.0 - Garden City Runners  
25: 173 - Roberts, Raymond - 3:20:21.0 - Bracknell Forest Runners  
26: 246 - Copland, Dave - 3:20:47.0 - Ipswich Tri Club  
27: 124 - Baker, Gary - 3:23:42.0 - <non-affiliated>  
28: 266 - Rayner, Eddie - 3:24:00.0 - Stainland Lions  
29: 274 - Manton, Roger - 3:24:09.0 - <non-affiliated>  
30: 164 - Robson, Mark - 3:24:35.0 - <non-affiliated>  
31: 216 - Thomas, Ray - 3:25:26.0 - <non-affiliated>  
32: 305 - Sadler, Michael - 3:25:44.0 - North Norfolk Beach Runners  
33: 265 - Parsons, Kevin - 3:26:02.0 - <non-affiliated>  
34: 261 - Barry, Lisa Jane - 3:26:26.0 - Royston Road Runners  
35: 213 - Barltrop, Verne - 3:27:13.0 - 100 Marathon Club  
36: 309 - Derby, Nigel - 3:27:34.0 - Chiltern Harriers  
37: 207 - Cooney, Stephen - 3:27:36.0 - Collingwood AC  
38: 202 - Moore, John - 3:28:42.0 - <non-affiliated>  
39: 150 - Howes, Bill - 3:29:18.0 - RRC

40: 304 - Seger, Michael - 3:29:43.0 - <non-affiliated>  
41: 282 - Smith, Andrew - 3:31:05.0 - Ryston Runners  
42: 297 - Thompson, David - 3:33:50.0 - <non-affiliated>  
43: 119 - Ost, Andy - 3:34:11.0 - Chepstow Harriers  
44: 101 - Chorley, Chris - 3:34:50.0 - Bungay Black Dog Running Club  
45: 203 - Wilmot, Andrew - 3:34:58.0 - Halstead Road Runners  
46: 217 - Sellors, Rob - 3:35:23.0 - <non-affiliated>  
47: 134 - Morrison, Ann - 3:35:31.1 - <non-affiliated>  
48: 253 - Wilson, Andrew - 3:37:01.0 - <non-affiliated>  
49: 308 - Foyster, Mandy - 3:37:09.0 - <non-affiliated>  
50: 135 - Daugherty, Daune - 3:37:15.0 - <non-affiliated>  
51: 184 - Biggs, Roger - 3:38:14.1 - Fairlands Valley Spartans  
52: 240 - Venning, Jonathan - 3:38:25.0 - Dunstable Road Runners  
53: 244 - Fisher, Philip - 3:39:16.0 - <non-affiliated>  
54: 100 - Lines, Rob - 3:39:30.0 - <non-affiliated>  
55: 318 - Roberts, Mel - 3:39:49.0 - Woodbridge Shufflers  
56: 145 - Freeman, Dennis - 3:39:58.0 - CONAC  
57: 295 - Bowran, Steve - 3:40:03.0 - <non-affiliated>  
58: 259 - Byworth, Bryan - 3:40:25.0 - Scunthorpe & District AC  
59: 208 - Johnston, Melanie - 3:40:53.0 - Collingwood AC  
60: 248 - Smith, Andrew - 3:41:04.0 - Grange Farm & Dunmow Runners  
61: 182 - Roche, Maxwell - 3:41:27.0 - <non-affiliated>  
62: 250 - Stark, Colin - 3:41:50.0 - <non-affiliated>  
63: 254 - Marshall, Kevin - 3:43:05.0 - Ilford AC  
64: 289 - Spokes, Elizabeth - 3:43:59.0 - <non-affiliated>  
65: 204 - Taylor, John - 3:44:57.0 - Thames Turbo  
66: 187 - Rowe, John - 3:45:31.0 - London Road Runners Club  
67: 264 - Sewell, Carina - 3:47:55.0 - Woodbridge Shufflers  
68: 292 - Osmond, David - 3:48:18.0 - <non-affiliated>  
69: 249 - Yadave, Rush - 3:48:23.0 - 100 Marathon Club  
70: 178 - Mundy, Jim - 3:48:29.0 - Sutton Runners  
71: 277 - Stalley, Andrew - 3:49:06.0 - Collingwood AC  
72: 201 - Rogers, Ian - 3:50:03.0 - Bishops Stortford R.C.  
73: 191 - Thackwell, Colin - 3:50:15.0 - Club Atletico Totana  
74: 211 - Duffy, Therezia - 3:50:22.0 - Wolverhampton & Bilston  
75: 210 - Weavor, Rebecca - 3:50:22.1 - <non-affiliated>  
76: 138 - Keevil, Raymond - 3:50:57.0 - Brandon Fern Hoppers



77: 319 - Kenyon, Steve - 3:52:19.0 - Waveney valley AC  
78: 103 - Sutherland, Fiona - 3:53:12.0 - Bishops Stortford R.C.  
79: 170 - Pope, David - 3:53:47.0 - <non-affiliated>  
80: 235 - Peevor, Robert - 3:55:52.0 - Ipswich Tri Club  
81: 310 - Chen, Tim - 3:55:52.1 - Trianglia  
82: 306 - Barber, Jon - 3:56:47.0 - <non-affiliated>  
83: 129 - Wade, Gary - 3:57:29.0 - 100 Marathon Club  
84: 123 - Bryant, Phil - 3:57:38.0 - <non-affiliated>  
85: 117 - Bird, Conrad - 3:57:46.0 - <non-affiliated>  
86: 181 - Read, Simon - 3:58:00.0 - Deal Tri  
87: 179 - Purdy, Andy - 3:59:30.0 - Bedford Harriers  
88: 283 - Sears, Christopher - 4:00:43.0 - Woodbridge Shufflers  
89: 151 - Anderson, Craig - 4:00:53.0 - Bungay Black Dog Running Club  
90: 166 - Carlyle, Mark - 4:01:20.0 - <non-affiliated>  
91: 251 - Hornsey, Joseph - 4:01:28.0 - <non-affiliated>  
92: 109 - Tyrrell, Jonathan - 4:02:16.0 - <non-affiliated>  
93: 243 - Costello, Noel - 4:02:27.0 - <non-affiliated>  
94: 300 - Lewis, David - 4:03:17.0 - Blackheath & Bromley Harriers AC  
95: 160 - Walne, Jason - 4:04:16.0 - <non-affiliated>  
96: 229 - Fincham, Daron - 4:04:34.0 - Telford Harriers  
97: 255 - Newman, Richard - 4:04:43.0 - <non-affiliated>  
98: 226 - Forrester, George - 4:04:50.0 - <non-affiliated>  
99: 125 - Rimmington, Carole - 4:05:19.0 - Beverley AC  
100: 152 - Bewg, Bill - 4:05:42.0 - Chepstow Harriers  
101: 113 - Hammett, Apryl - 4:06:02.0 - <non-affiliated>  
102: 220 - Clarke, David - 4:06:50.0 - <non-affiliated>  
103: 102 - Sauerzapf, Bobbie - 4:06:57.0 - Bungay Black Dog Running Club  
104: 121 - Stannett, Kate - 4:07:05.0 - Ipswich Tri Club  
105: 236 - Rumbles, Allen - 4:07:16.0 - Collingwood AC  
106: 293 - Blackwell, Paul - 4:07:25.0 - Great bentley Running Club  
107: 111 - Yelloly, Julia - 4:07:50.0 - Ipswich Tri Club  
108: 263 - Britton, Michael - 4:09:05.0 - <non-affiliated>  
109: 127 - Gibson, Claire - 4:09:07.0 - Chepstow Harriers  
110: 271 - Baker, Martin - 4:10:11.0 - <non-affiliated>  
111: 298 - Bennett, Raymond - 4:10:22.0 - Blackheath & Bromley Harriers AC  
112: 163 - Cronin, Anthony - 4:11:42.0 - <non-affiliated>  
113: 307 - Kane, Nik - 4:15:18.0 - <non-affiliated>

114: 143 - Hall, Will - 4:15:31.0 - <non-affiliated>  
115: 228 - Heron, David George - 4:15:54.0 - Tring RC  
116: 272 - Sayle, Roger - 4:16:17.0 - Ryston Runners  
117: 237 - Cordwell, Julian - 4:16:50.0 - Harwich Runners  
118: 268 - Hardstone, Roger - 4:17:09.0 - <non-affiliated>  
119: 296 - Barrowman, Michael - 4:18:15.0 - St Albans Striders  
120: 245 - Wiegand, Paul - 4:18:23.0 - Fenland Running Club  
121: 180 - Law, Vivienne - 4:18:36.1 - Bishops Stortford R.C.  
122: 107 - Quick, Mike - 4:19:13.0 - Bracknell Forest Runners  
123: 142 - Oakley, Simon - 4:19:44.0 - <non-affiliated>  
124: 189 - Hutchinson, Peter - 4:20:50.0 - <non-affiliated>  
125: 148 - Fox, David - 4:21:29.0 - BenfleetRC  
126: 199 - Major, David - 4:22:13.0 - 100 Marathon Club  
127: 120 - Stannett, Charlie - 4:22:39.0 - Ipswich Tri Club  
128: 218 - Wapshott, Peter - 4:23:43.0 - <non-affiliated>  
129: 301 - Smith, Tim - 4:24:52.0 - <non-affiliated>  
130: 104 - Finn, Anna - 4:25:24.0 - Loughton AC  
131: 171 - Wakeling, Maureen - 4:25:34.0 - Bishops Stortford R.C.  
132: 285 - Hammett, Guy - 4:26:02.0 - <non-affiliated>  
133: 316 - Green, Tina - 4:27:09.0 - St Edmunds Pacers  
134: 155 - Wilson, Thomas - 4:28:54.0 - Strathaven Striders  
135: 232 - Norman, Steve - 4:29:00.0 - <non-affiliated>  
136: 136 - Barnes, James - 4:29:17.0 - <non-affiliated>  
137: 238 - Slater, Iain - 4:31:29.0 - <non-affiliated>  
138: 140 - Fulton, Terence - 4:32:49.0 - <non-affiliated>  
139: 141 - Oakley, Tim - 4:33:26.0 - <non-affiliated>  
140: 192 - Bradbury, Tom - 4:33:34.0 - Haverhill Running Club  
141: 128 - Williams, Natasha - 4:33:58.0 - Chepstow Harriers  
142: 200 - Cowan, Eleanor - 4:34:08.0 - Bishops Stortford R.C.  
143: 270 - Iles, Jonathan - 4:34:16.0 - <non-affiliated>  
144: 154 - Wilson, Irene - 4:35:17.0 - Strathaven Striders  
145: 214 - Thomas, Neil - 4:39:46.0 - Bungay Black Dog Running Club  
146: 219 - Hoez, Jean Luc - 4:40:33.0 - Serpentine  
147: 280 - Parmenter, Bob - 4:42:25.0 - Halstead Road Runners  
148: 197 - Gibson, Mark - 4:42:51.0 - <non-affiliated>  
149: 257 - Toms, David AR - 4:43:20.0 - Brandon Fern Hoppers  
150: 276 - Carter, Nicholas - 4:43:46.0 - Lowestoft Road Runners

151: 114 - Burns, Peter - 4:44:01.0 - Witham Running Club  
152: 223 - Owen, Roy - 4:46:44.0 - Haverhill Running Club  
153: 169 - Hashim, Simon - 4:47:12.0 - <non-affiliated>  
154: 146 - McKinna, Simon - 4:47:57.0 - <non-affiliated>  
155: 225 - Mills, Brian - 4:50:28.0 - 100 Marathon Club  
156: 278 - Gray, Steven - 4:52:16.0 - <non-affiliated>  
157: 247 - Norbury, Audrey - 4:52:58.0 - Thetford Athletics  
158: 230 - Norris, Louise - 4:52:58.1 - Thetford Athletics  
159: 185 - Sanders, Michaela - 4:53:18.0 - Fairlands Valley Spartans  
160: 190 - Shersby, Paul - 4:54:45.0 - <non-affiliated>  
161: 132 - Wilkie, Thomas - 4:56:22.0 - Collingwood AC  
162: 137 - Wilson, Robin - 4:56:22.1 - Collingwood AC  
163: 131 - Brunton, William - 4:56:47.0 - Bishops Stortford R.C.  
164: 287 - Winter, Julie - 4:57:33.0 - Pewsey Vale RC  
165: 126 - Mackenzie, Ian - 5:04:30.0 - <non-affiliated>  
166: 286 - Fitzgerald, Matthew - 5:04:45.0 - <non-affiliated>  
167: 239 - Tempest, Linda - 5:06:31.0 - South Derbyshire Road Runners  
168: 174 - Sellers, Martin - 5:06:48.0 - Beverley AC  
169: 311 - Holt, Tim - 5:07:25.0 - <non-affiliated>  
170: 156 - Bradley, Roger - 5:07:32.0 - Lordshill Running Club  
171: 188 - McGowan, Alistair - 5:09:31.0 - <non-affiliated>  
172: 256 - Moles, David - 5:13:10.0 - 100 Marathon Club  
173: 273 - Watts, Paul - 5:13:10.1 - 100 Marathon Club  
174: 177 - Drinnan, Cindy - 5:20:59.0 - <non-affiliated>  
175: 284 - Spencer, Kelly - 5:22:50.0 - Springfield Striders  
176: 291 - Kent, Clarke - 5:24:13.0 - 100 Marathon Club  
177: 149 - Howes, Pauline - 5:25:07.0 - RRC  
178: 320 - Weal, Jonathon - 5:35:38.0 - beckenham  
179: 313 - Stopher, Jed - 5:47:47.0 - Essex Police AC  
180: 312 - Barley, Allan - 6:06:22.0 - Essex Police AC  
1: 267 - Prewer, Carl - 2:46:59.0 - Lowestoft Road Runners  
2: 153 - Hart, Paul - 2:48:14.0 - Dumfries Running Club  
3: 269 - Doel, Glenn - 2:54:16.0 - Colchester Harriers  
4: 314 - Back, Terry - 2:56:42.0 - Ipswich Jaffa  
5: 215 - Macsephney, Scott - 2:57:42.0 - Ipswich Jaffa  
6: 158 - McClelland, Paul - 2:58:19.0 - Harwich Runners  
7: 303 - manlow, John - 2:59:07.0 - <non-affiliated>

8: 139 - Bowdery, Grant - 2:59:23.0 - <non-affiliated>  
9: 105 - Watkinson, Richard Alan - 3:01:35.0 - <non-affiliated>  
10: 279 - Blake, Richard - 3:02:09.0 - Great Yarmouth Road Runners  
11: 281 - Wright, David - 3:05:49.0 - Colchester Harriers  
12: 110 - Grehan, Michael - 3:08:09.0 - Dunstable Road Runners  
13: 162 - Ross, David - 3:10:04.0 - 100 Marathon Club  
14: 234 - Muffet, Paul - 3:10:28.0 - North Norfolk Beach Runners  
15: 172 - Drinkwater, Paul - 3:11:13.0 - Leeds & Bradford Triathlon Club  
16: 288 - Widing, Bjorn - 3:13:27.0 - Tureberg FK  
17: 227 - Buck, Andrew - 3:14:05.0 - Sudbury Joggers  
18: 317 - Dorling, Eamonn - 3:14:34.0 - Thorney Running Club  
19: 299 - Metcalfe, Pete - 3:14:48.0 - City of Norwich AC  
20: 222 - Thorpe, John - 3:16:24.0 - Ipswich Jaffa  
21: 241 - Baxter, Stephen - 3:17:45.0 - Weston AC  
22: 159 - Hewitt, Timothy - 3:19:33.0 - <non-affiliated>  
23: 165 - Henry, Amanda - 3:19:38.0 - Sudbury Joggers  
24: 258 - Baudry, Denys - 3:19:43.0 - Garden City Runners  
25: 173 - Roberts, Raymond - 3:20:21.0 - Bracknell Forest Runners  
26: 246 - Copland, Dave - 3:20:47.0 - Ipswich Tri Club  
27: 124 - Baker, Gary - 3:23:42.0 - <non-affiliated>  
28: 266 - Rayner, Eddie - 3:24:00.0 - Stainland Lions  
29: 274 - Manton, Roger - 3:24:09.0 - <non-affiliated>  
30: 164 - Robson, Mark - 3:24:35.0 - <non-affiliated>  
31: 216 - Thomas, Ray - 3:25:26.0 - <non-affiliated>  
32: 305 - Sadler, Michael - 3:25:44.0 - North Norfolk Beach Runners  
33: 265 - Parsons, Kevin - 3:26:02.0 - <non-affiliated>  
34: 261 - Barry, Lisa Jane - 3:26:26.0 - Royston Road Runners  
35: 213 - Barltrop, Verne - 3:27:13.0 - 100 Marathon Club  
36: 309 - Derby, Nigel - 3:27:34.0 - Chiltern Harriers  
37: 207 - Cooney, Stephen - 3:27:36.0 - Collingwood AC  
38: 202 - Moore, John - 3:28:42.0 - <non-affiliated>  
39: 150 - Howes, Bill - 3:29:18.0 - RRC  
40: 304 - Seger, Michael - 3:29:43.0 - <non-affiliated>  
41: 282 - Smith, Andrew - 3:31:05.0 - Ryston Runners  
42: 297 - Thompson, David - 3:33:50.0 - <non-affiliated>  
43: 119 - Ost, Andy - 3:34:11.0 - Chepstow Harriers  
44: 101 - Chorley, Chris - 3:34:50.0 - Bungay Black Dog Running Club

45: 203 - Wilmot, Andrew - 3:34:58.0 - Halstead Road Runners  
46: 217 - Sellors, Rob - 3:35:23.0 - <non-affiliated>  
47: 134 - Morrison, Ann - 3:35:31.1 - <non-affiliated>  
48: 253 - Wilson, Andrew - 3:37:01.0 - <non-affiliated>  
49: 308 - Foyster, Mandy - 3:37:09.0 - <non-affiliated>  
50: 135 - Daugherty, Daune - 3:37:15.0 - <non-affiliated>  
51: 184 - Biggs, Roger - 3:38:14.1 - Fairlands Valley Spartans  
52: 240 - Venning, Jonathan - 3:38:25.0 - Dunstable Road Runners  
53: 244 - Fisher, Philip - 3:39:16.0 - <non-affiliated>  
54: 100 - Lines, Rob - 3:39:30.0 - <non-affiliated>  
55: 318 - Roberts, Mel - 3:39:49.0 - Woodbridge Shufflers  
56: 145 - Freeman, Dennis - 3:39:58.0 - CONAC  
57: 295 - Bowran, Steve - 3:40:03.0 - <non-affiliated>  
58: 259 - Byworth, Bryan - 3:40:25.0 - Scunthorpe & District AC  
59: 208 - Johnston, Melanie - 3:40:53.0 - Collingwood AC  
60: 248 - Smith, Andrew - 3:41:04.0 - Grange Farm & Dunmow Runners  
61: 182 - Roche, Maxwell - 3:41:27.0 - <non-affiliated>  
62: 250 - Stark, Colin - 3:41:50.0 - <non-affiliated>  
63: 254 - Marshall, Kevin - 3:43:05.0 - Ilford AC  
64: 289 - Spokes, Elizabeth - 3:43:59.0 - <non-affiliated>  
65: 204 - Taylor, John - 3:44:57.0 - Thames Turbo  
66: 187 - Rowe, John - 3:45:31.0 - London Road Runners Club  
67: 264 - Sewell, Carina - 3:47:55.0 - Woodbridge Shufflers  
68: 292 - Osmond, David - 3:48:18.0 - <non-affiliated>  
69: 249 - Yadave, Rush - 3:48:23.0 - 100 Marathon Club  
70: 178 - Mundy, Jim - 3:48:29.0 - Sutton Runners  
71: 277 - Stalley, Andrew - 3:49:06.0 - Collingwood AC  
72: 201 - Rogers, Ian - 3:50:03.0 - Bishops Stortford R.C.  
73: 191 - Thackwell, Colin - 3:50:15.0 - Club Atletico Totana  
74: 211 - Duffy, Therezia - 3:50:22.0 - Wolverhampton & Bilston  
75: 210 - Weavor, Rebecca - 3:50:22.1 - <non-affiliated>  
76: 138 - Keevil, Raymond - 3:50:57.0 - Brandon Fern Hoppers  
77: 319 - Kenyon, Steve - 3:52:19.0 - Waveney valley AC  
78: 103 - Sutherland, Fiona - 3:53:12.0 - Bishops Stortford R.C.  
79: 170 - Pope, David - 3:53:47.0 - <non-affiliated>  
80: 235 - Peevor, Robert - 3:55:52.0 - Ipswich Tri Club  
81: 310 - Chen, Tim - 3:55:52.1 - Trianglia

82: 306 - Barber, Jon - 3:56:47.0 - <non-affiliated>  
83: 129 - Wade, Gary - 3:57:29.0 - 100 Marathon Club  
84: 123 - Bryant, Phil - 3:57:38.0 - <non-affiliated>  
85: 117 - Bird, Conrad - 3:57:46.0 - <non-affiliated>  
86: 181 - Read, Simon - 3:58:00.0 - Deal Tri  
87: 179 - Purdy, Andy - 3:59:30.0 - Bedford Harriers  
88: 283 - Sears, Christopher - 4:00:43.0 - Woodbridge Shufflers  
89: 151 - Anderson, Craig - 4:00:53.0 - Bungay Black Dog Running Club  
90: 166 - Carlyle, Mark - 4:01:20.0 - <non-affiliated>  
91: 251 - Hornsey, Joseph - 4:01:28.0 - <non-affiliated>  
92: 109 - Tyrrell, Jonathan - 4:02:16.0 - <non-affiliated>  
93: 243 - Costello, Noel - 4:02:27.0 - <non-affiliated>  
94: 300 - Lewis, David - 4:03:17.0 - Blackheath & Bromley Harriers AC  
95: 160 - Walne, Jason - 4:04:16.0 - <non-affiliated>  
96: 229 - Fincham, Daron - 4:04:34.0 - Telford Harriers  
97: 255 - Newman, Richard - 4:04:43.0 - <non-affiliated>  
98: 226 - Forrester, George - 4:04:50.0 - <non-affiliated>  
99: 125 - Rimmington, Carole - 4:05:19.0 - Beverley AC  
100: 152 - Bewg, Bill - 4:05:42.0 - Chepstow Harriers  
101: 113 - Hammett, Apryl - 4:06:02.0 - <non-affiliated>  
102: 220 - Clarke, David - 4:06:50.0 - <non-affiliated>  
103: 102 - Sauerzapf, Bobbie - 4:06:57.0 - Bungay Black Dog Running Club  
104: 121 - Stannett, Kate - 4:07:05.0 - Ipswich Tri Club  
105: 236 - Rumbles, Allen - 4:07:16.0 - Collingwood AC  
106: 293 - Blackwell, Paul - 4:07:25.0 - Great bentley Running Club  
107: 111 - Yelloly, Julia - 4:07:50.0 - Ipswich Tri Club  
108: 263 - Britton, Michael - 4:09:05.0 - <non-affiliated>  
109: 127 - Gibson, Claire - 4:09:07.0 - Chepstow Harriers  
110: 271 - Baker, Martin - 4:10:11.0 - <non-affiliated>  
111: 298 - Bennett, Raymond - 4:10:22.0 - Blackheath & Bromley Harriers AC  
112: 163 - Cronin, Anthony - 4:11:42.0 - <non-affiliated>  
113: 307 - Kane, Nik - 4:15:18.0 - <non-affiliated>  
114: 143 - Hall, Will - 4:15:31.0 - <non-affiliated>  
115: 228 - Heron, David George - 4:15:54.0 - Tring RC  
116: 272 - Sayle, Roger - 4:16:17.0 - Ryston Runners  
117: 237 - Cordwell, Julian - 4:16:50.0 - Harwich Runners  
118: 268 - Hardstone, Roger - 4:17:09.0 - <non-affiliated>

119: 296 - Barrowman, Michael - 4:18:15.0 - St Albans Striders  
120: 245 - Wiegand, Paul - 4:18:23.0 - Fenland Running Club  
121: 180 - Law, Vivienne - 4:18:36.1 - Bishops Stortford R.C.  
122: 107 - Quick, Mike - 4:19:13.0 - Bracknell Forest Runners  
123: 142 - Oakley, Simon - 4:19:44.0 - <non-affiliated>  
124: 189 - Hutchinson, Peter - 4:20:50.0 - <non-affiliated>  
125: 148 - Fox, David - 4:21:29.0 - BenfleetRC  
126: 199 - Major, David - 4:22:13.0 - 100 Marathon Club  
127: 120 - Stannett, Charlie - 4:22:39.0 - Ipswich Tri Club  
128: 218 - Wapshott, Peter - 4:23:43.0 - <non-affiliated>  
129: 301 - Smith, Tim - 4:24:52.0 - <non-affiliated>  
130: 104 - Finn, Anna - 4:25:24.0 - Loughton AC  
131: 171 - Wakeling, Maureen - 4:25:34.0 - Bishops Stortford R.C.  
132: 285 - Hammett, Guy - 4:26:02.0 - <non-affiliated>  
133: 316 - Green, Tina - 4:27:09.0 - St Edmunds Pacers  
134: 155 - Wilson, Thomas - 4:28:54.0 - Strathaven Striders  
135: 232 - Norman, Steve - 4:29:00.0 - <non-affiliated>  
136: 136 - Barnes, James - 4:29:17.0 - <non-affiliated>  
137: 238 - Slater, Iain - 4:31:29.0 - <non-affiliated>  
138: 140 - Fulton, Terence - 4:32:49.0 - <non-affiliated>  
139: 141 - Oakley, Tim - 4:33:26.0 - <non-affiliated>  
140: 192 - Bradbury, Tom - 4:33:34.0 - Haverhill Running Club  
141: 128 - Williams, Natasha - 4:33:58.0 - Chepstow Harriers  
142: 200 - Cowan, Eleanor - 4:34:08.0 - Bishops Stortford R.C.  
143: 270 - Iles, Jonathan - 4:34:16.0 - <non-affiliated>  
144: 154 - Wilson, Irene - 4:35:17.0 - Strathaven Striders  
145: 214 - Thomas, Neil - 4:39:46.0 - Bungay Black Dog Running Club  
146: 219 - Hoez, Jean Luc - 4:40:33.0 - Serpentine  
147: 280 - Parmenter, Bob - 4:42:25.0 - Halstead Road Runners  
148: 197 - Gibson, Mark - 4:42:51.0 - <non-affiliated>  
149: 257 - Toms, David AR - 4:43:20.0 - Brandon Fern Hoppers  
150: 276 - Carter, Nicholas - 4:43:46.0 - Lowestoft Road Runners  
151: 114 - Burns, Peter - 4:44:01.0 - Witham Running Club  
152: 223 - Owen, Roy - 4:46:44.0 - Haverhill Running Club  
153: 169 - Hashim, Simon - 4:47:12.0 - <non-affiliated>  
154: 146 - McKinna, Simon - 4:47:57.0 - <non-affiliated>  
155: 225 - Mills, Brian - 4:50:28.0 - 100 Marathon Club

156: 278 - Gray, Steven - 4:52:16.0 - <non-affiliated>  
157: 247 - Norbury, Audrey - 4:52:58.0 - Thetford Athletics  
158: 230 - Norris, Louise - 4:52:58.1 - Thetford Athletics  
159: 185 - Sanders, Michaela - 4:53:18.0 - Fairlands Valley Spartans  
160: 190 - Shersby, Paul - 4:54:45.0 - <non-affiliated>  
161: 132 - Wilkie, Thomas - 4:56:22.0 - Collingwood AC  
162: 137 - Wilson, Robin - 4:56:22.1 - Collingwood AC  
163: 131 - Brunton, William - 4:56:47.0 - Bishops Stortford R.C.  
164: 287 - Winter, Julie - 4:57:33.0 - Pewsey Vale RC  
165: 126 - Mackenzie, Ian - 5:04:30.0 - <non-affiliated>  
166: 286 - Fitzgerald, Matthew - 5:04:45.0 - <non-affiliated>  
167: 239 - Tempest, Linda - 5:06:31.0 - South Derbyshire Road Runners  
168: 174 - Sellers, Martin - 5:06:48.0 - Beverley AC  
169: 311 - Holt, Tim - 5:07:25.0 - <non-affiliated>  
170: 156 - Bradley, Roger - 5:07:32.0 - Lordshill Running Club  
171: 188 - McGowan, Alistair - 5:09:31.0 - <non-affiliated>  
172: 256 - Moles, David - 5:13:10.0 - 100 Marathon Club  
173: 273 - Watts, Paul - 5:13:10.1 - 100 Marathon Club  
174: 177 - Drinnan, Cindy - 5:20:59.0 - <non-affiliated>  
175: 284 - Spencer, Kelly - 5:22:50.0 - Springfield Striders  
176: 291 - Kent, Clarke - 5:24:13.0 - 100 Marathon Club  
177: 149 - Howes, Pauline - 5:25:07.0 - RRC  
178: 320 - Weal, Jonathon - 5:35:38.0 - beckenham  
179: 313 - Stopher, Jed - 5:47:47.0 - Essex Police AC  
180: 312 - Barley, Allan - 6:06:22.0 - Essex Police AC

Richard Jordan disqualified