

2019-2020 WAC Prom Series - Nov 21st 2019

[Click to Access Web Link for Results](#)

Pos	Time	Name	Club	Category	Race No	Gender
1	00:25:37	Ben Cole	Swindon Harriers	SM	1160	Male
2	00:25:41	Alex Crossland	Clevedon AC	SM	1163	Male
3	00:25:52	David Eagor	Bristol & West AC	SM	1145	Male
4	00:26:06	Chris McMillan	Weston Athletic Club	SM	185	Male
5	00:26:16	Matt Ellis	Westbury Harriers	MV40	89	Male
6	00:26:17	Ethan Pierce	Swindon Harriers	SM	1128	Male
7	00:26:19	Adam Stokes	Bristol & West AC	SM	1142	Male
8	00:26:34	Maciej Bialogonski	Bristol & West AC	SM	319	Male
9	00:26:45	Andy Cooke	Unaffiliated	MV40	361	Male
10	00:27:09	Robert Farley	Bristol & West AC	SM	1137	Male
11	00:27:13	Courtenay Chessell	Swindon Shin Splints	SM	1152	Male
12	00:27:21	Simon Dill	Swindon Harriers	SM	1135	Male
13	00:27:54	Kieron Summers	Weston Athletic Club	MV40	256	Male
14	00:28:02	Luke Burgess	Horsham Blue Star Harriers	SM	39	Male
15	00:28:06	Sam Wilson	Great Western Runners	SM	317	Male
16	00:28:23	Mark Williams	Portishead Running Club	SM	1175	Male
17	00:28:28	Ben Lines	Swindon Harriers	SM	1127	Male
18	00:28:30	Jason Scott	Portishead Running Club	SM	1121	Male
19	00:28:51	Charlotte Taylor-Green	Clevedon AC	SF	1134	Female
20	00:28:52	Omer Homer	Swindon Harriers	SM	1151	Male
21	00:28:52	Steve Wood	Clevedon AC	MV40	285	Male
22	00:28:54	Chris Selman	Weston Athletic Club	SM	239	Male
23	00:29:02	James OHara	Great Western Runners	SM	201	Male
24	00:29:11	Bryan Walsh	Southville Running Club	SM	275	Male
25	00:29:13	Otto Karhunen	Southville Running Club	SM	162	Male
26	00:29:15	Steve Reynolds	Portishead Running Club	SM	1122	Male
27	00:29:27	Jonathan Gilling	Taunton AC	MV40	297	Male
28	00:29:39	Gareth Hughes	Bristol & West AC	SM	1181	Male
29	00:29:48	Darren Stacey	Unaffiliated	SM	329	Male
30	00:29:49	Rosie Hattersley	Bristol & West AC	SF	1169	Female
31	00:29:50	Greg Brock	Cheddar Running Club	SM	34	Male
32	00:29:50	Ryan Nestle	Clevedon AC	SM	1161	Male
33	00:29:53	Matthew Evans	Clevedon AC	MV40	360	Male
34	00:29:55	Natalie Griffiths	Bristol & West AC	SF	1170	Female
35	00:30:12	Gary Lewis	Clevedon AC	SM	1164	Male
36	00:30:14	Daniel Watkins	Southville Running Club	SM	351	Male
37	00:30:14	Victoz Manuel	Southville Running Club	SM	1153	Male
38	00:30:19	Matthew Wheeler	Weston Athletic Club	MV50	278	Male
39	00:30:22	Edward Burke	Southville Running Club	SM	42	Male
40	00:30:24	Callum Moore	Great Western Runners	SM	1162	Male
41	00:30:30	Dan Jones	Great Western Runners	MV40	337	Male
42	00:30:41	Harry Petheram	Burnham-on-Sea Harriers	SM	212	Male
43	00:30:44	Declan Lawlor	Unaffiliated	SM	1167	Male
44	00:30:45	Robin Phillips	Westbury Harriers	MV40	306	Male
45	00:30:45	Laurence Caird	Great Western Runners	SM	339	Male
46	00:30:46	Jonathan Goodland	Great Western Runners	MV60	113	Male
47	00:30:50	Yousef Osman	Unaffiliated	SM	203	Male
48	00:30:53	Stephen Powell	Weston Athletic Club	MV40	1140	Male
49	00:30:59	Nathan Ingram	Unaffiliated	SM	350	Male
50	00:31:19	Matt Browning	Clevedon AC	SM	1143	Male
51	00:31:23	Francesca Rawlings	Clevedon AC	FV40	224	Female
52	00:31:24	Chris Shaw	Portishead Running Club	SM	243	Male
53	00:31:25	Max Davies	North Somerset AC	SM	70	Male
54	00:31:28	Colin Pemble	Westbury Harriers	MV50	208	Male
55	00:31:29	Paul Deaton	Southville Running Club	MV50	75	Male
56	00:31:32	Jake Wicht	Quantock Harriers	SM	348	Male

2019-2020 WAC Prom Series - Nov 21st 2019

[Click to Access Web Link for Results](#)

Pos	Time	Name	Club	Category	Race No	Gender
57	00:31:33	Mike Holding	Great Western Runners	SM	141	Male
58	00:31:35	Will Purcell	Great Western Runners	SM	222	Male
59	00:31:41	Abrahams Tom	Clevedon AC	MV40	308	Male
60	00:31:52	Marcus Kropacsy	Great Western Runners	MV40	166	Male
61	00:31:56	Ed Broyd	Portishead Running Club	SM	37	Male
62	00:31:59	Chloe Williams	Great Western Runners	SF	281	Female
63	00:32:00	Rob Stokes	Weston Athletic Club	SM	253	Male
64	00:32:02	Ian Salter	Hydrographic Harriers	MV40	238	Male
65	00:32:21	Rob Paddock	Great Western Runners	MV50	313	Male
66	00:32:23	David Withers	Southville Running Club	SM	1185	Male
67	00:32:29	Arwel Roberts	Bitton Road Runners	MV40	1168	Male
68	00:32:37	Kelly Dicks	Great Western Runners	SF	78	Female
69	00:32:37	Chris Jones	Hydrographic Harriers	MV40	158	Male
70	00:32:41	Dave Wintle	Great Western Runners	MV60	284	Male
71	00:32:44	Tim Byrne	Burnham-on-Sea Harriers	SM	45	Male
72	00:32:46	Tony Hogg	Cheddar Running Club	MV50	140	Male
73	00:32:46	Nick Lawrance	Southville Running Club	MV40	170	Male
74	00:32:49	Matt Palmer	Portishead Running Club	SM	205	Male
75	00:32:55	Susan Duncan	Weston Athletic Club	SF	81	Female
76	00:32:56	Phil Paddick	Wells City Harriers	SM	1132	Male
77	00:33:00	Mark Foss	Hydrographic Harriers	SM	100	Male
78	00:33:14	Toby Andrews	Weston Athletic Club	MV40	6	Male
79	00:33:29	Chris Benson	Southville Running Club	SM	311	Male
80	00:33:33	Michael O'Connell	Westbury Harriers	SM	200	Male
81	00:33:33	James Lucas	Portishead Running Club	MV40	296	Male
82	00:33:39	Nick Scunetder	Southville Running Club	SM	1187	Male
83	00:33:45	Roger Trubridge	Nailsea Running Club	MV60	271	Male
84	00:33:46	Peter Wheddon	Clevedon AC	MV60	1158	Male
85	00:33:47	Jay Harris	Portishead Running Club	SM	295	Male
86	00:33:50	Marc Molby	Weston Athletic Club	MV40	333	Male
87	00:33:51	Helen Clark	Bitton Road Runners	FV40	52	Female
88	00:34:02	David Mccallum	Portishead Running Club	MV50	1156	Male
89	00:34:09	James Miller	Unaffiliated	MV40	189	Male
90	00:34:20	Katie Egan	Southville Running Club	SF	88	Female
91	00:34:28	Gary Smith	Portishead Running Club	SM	340	Male
92	00:34:30	Sam Mumford	Great Western Runners	FV50	195	Female
93	00:34:37	Antony Green	Weston Athletic Club	MV50	357	Male
94	00:34:39	Paul Coombes	Southville Running Club	SM	358	Male
95	00:34:41	Samuel Lewis	Southville Running Club	MV40	172	Male
96	00:34:48	Laura Croker	Clevedon AC	FV40	61	Female
97	00:34:51	Barry hall	Portishead Running Club	MV50	126	Male
98	00:34:54	Alex Miller	Westbury Harriers	MV40	190	Male
99	00:34:55	James McCarthy	Unaffiliated	SM	181	Male
100	00:34:55	Jeremy Newsome	Cheddar Running Club	MV40	198	Male
101	00:35:02	Bjorn Edney	Quantock Harriers	MV40	87	Male
102	00:35:09	Deborah Powell	Clevedon AC	FV40	220	Female
103	00:35:10	Tim Myall	Unaffiliated	SM	196	Male
104	00:35:11	Katy Sutcliffe	Great Western Runners	SF	257	Female
105	00:35:16	Gary Jennings	Southville Running Club	MV60	1147	Male
106	00:35:17	Andrew gage	CLC STRIDERS	MV50	104	Male
107	00:35:25	Nick Collins	Great Western Runners	SM	1123	Male
108	00:35:26	Lara Carty	Clevedon AC	FV40	50	Female
109	00:35:26	Nia Davies	Weston Athletic Club	FV40	67	Female
110	00:35:28	Michelle Fryer	Weston Athletic Club	SF	102	Female
111	00:35:31	James Davies	Weston Athletic Club	MV40	71	Male
112	00:35:31	Stuart Ellis	Portishead Running Club	MV60	1125	Male

2019-2020 WAC Prom Series - Nov 21st 2019

[Click to Access Web Link for Results](#)

Pos	Time	Name	Club	Category	Race No	Gender
113	00:35:40	Adrian Noble	Weston Athletic Club	MV50	1186	Male
114	00:35:46	Nadia Kottegoda	Great Western Runners	SF	165	Female
115	00:35:48	Andy Rogers	Unaffiliated	SM	1155	Male
116	00:35:58	Kie Booth	Weston Athletic Club	MV40	1138	Male
117	00:36:00	Jemma Lewis	Clevedon AC	SF	1165	Female
118	00:36:03	Ian Haynes	Great Western Runners	MV40	133	Male
119	00:36:11	Danny Jacobs	Weston Athletic Club	SM	153	Male
120	00:36:12	Anthony Insull	Nailsea Running Club	MV50	151	Male
121	00:36:14	Greg Pennington	Cheddar Running Club	MV40	209	Male
122	00:36:18	Gary Bowden	Weston Athletic Club	MV40	30	Male
123	00:36:21	Mark Hayes	Unaffiliated	MV40	132	Male
124	00:36:26	Jason Lister-Iles	Unaffiliated	SM	174	Male
125	00:36:32	Kevin Casemore	Clevedon AC	MV40	1173	Male
126	00:36:33	Nick Noble	Unaffiliated	MV50	327	Male
127	00:36:38	Ben Groom	Weston Athletic Club	MV40	121	Male
128	00:36:45	Joanna Coveney	Weston Athletic Club	FV40	359	Female
129	00:36:51	Neale Jarrett	Weston Athletic Club	MV50	293	Male
130	00:36:58	Sonya Pratt	Portishead Running Club	FV40	1130	Female
131	00:37:14	Michael Reep	Weston Athletic Club	MV50	225	Male
132	00:37:17	Terry Fenton	Great Western Runners	MV60	93	Male
133	00:37:17	Jane Rogers	Bitton Road Runners	SF	1154	Female
134	00:37:19	Jill Wring	Cheddar Running Club	FV50	1166	Female
135	00:37:21	Samuel Spearey	Unaffiliated	SM	252	Male
136	00:37:23	Charlie Hurcum	Portishead Running Club	FV40	149	Female
137	00:37:23	Helen Diamond	Weston Athletic Club	FV50	77	Female
138	00:37:27	Tom Payne	Quantock Harriers	SM	302	Male
139	00:37:30	Stephen Burton	Weston Athletic Club	MV40	304	Male
140	00:37:39	Trevor Fitsall	Westbury Harriers	MV40	353	Male
141	00:37:58	Matt Jones	Quantock Harriers	SM	356	Male
142	00:37:59	Sandra Williams	Westbury Harriers	FV40	282	Female
143	00:38:01	Chris Lewis	North Bristol Running Group	MV40	1148	Male
144	00:38:04	Philip Greedy	Unaffiliated	MV40	117	Male
145	00:38:09	An Other Runner	Unaffiliated	SM	1141	Male
146	00:38:10	Patsy Goldstone	Nailsea Running Club	FV50	112	Female
147	00:38:15	Janine Cooke	Great Western Runners	FV40	53	Female
148	00:38:17	Julie Bailiss	Weston Athletic Club	FV40	11	Female
149	00:38:22	John Cunningham	Weston Athletic Club	MV40	64	Male
150	00:38:27	David Shattock	Unaffiliated	MV50	242	Male
151	00:38:27	Helen Ball	Clevedon AC	FV50	14	Female
152	00:38:29	Graham Bentley	Quantock Harriers	MV50	21	Male
153	00:38:39	Lee Romeo	Unaffiliated	MV40	1182	Male
154	00:38:39	Emmajane Orchard	Bristol & West AC	FV40	202	Female
155	00:38:41	Nicholas Pocock	Quantock Harriers	SM	214	Male
156	00:38:41	Sam Buzza	Weston Athletic Club	SF	44	Female
157	00:38:42	An Other Runner	Unaffiliated	SM	1144	Male
158	00:38:47	Dawn Barcham	Clevedon AC	FV50	15	Female
159	00:38:50	Graham Dean	Unaffiliated	MV40	73	Male
160	00:38:55	Bryan Morley	Unaffiliated	MV40	192	Male
161	00:38:55	Paula Crossman Jones	Cheddar Running Club	FV50	62	Female
162	00:38:58	Julie Goulding	Pewsey Vale Running Club	FV50	1126	Female
163	00:39:06	Trevor BRAMWELL	Unaffiliated	MV50	33	Male
164	00:39:07	Clive Baker	Burnham-on-Sea Harriers	MV50	1146	Male
165	00:39:10	Thomas Pope	Cheddar Running Club	SM	216	Male
166	00:39:25	Nigel Charman	Clevedon AC	MV50	341	Male
167	00:39:25	Bob Cox	Unaffiliated	MV60	59	Male
168	00:39:27	Phil Johnson	Cheddar Running Club	MV50	157	Male

2019-2020 WAC Prom Series - Nov 21st 2019

[Click to Access Web Link for Results](#)

Pos	Time	Name	Club	Category	Race No	Gender
169	00:39:29	Richard Goddard	Unaffiliated	MV50	111	Male
170	00:39:31	Jon Burrage	Team Dbs	SM	303	Male
171	00:39:32	Lewis Gardner	Portishead Running Club	SM	1150	Male
172	00:39:34	Tim Carr	Westbury Harriers	MV50	48	Male
173	00:39:38	Sheryl Selway	Weston Athletic Club	FV40	240	Female
174	00:39:41	Stuart Anstead	Nailsea Running Club	MV40	7	Male
175	00:39:54	Pascal Coulon	Portishead Running Club	MV40	349	Male
176	00:39:55	Jessica Bonham	Great Western Runners	SF	28	Female
177	00:39:58	Julia Withers	Weston Athletic Club	FV50	1177	Female
178	00:40:00	Dave Jenkins	Unaffiliated	MV50	154	Male
179	00:40:26	Jane Goodwin	Westbury Harriers	FV40	115	Female
180	00:40:47	Andrew Tipper	Great Western Runners	MV60	264	Male
181	00:40:49	Vicki Wilkins	Weston Athletic Club	SF	1180	Female
182	00:40:57	Jullian Bailey-Gard	Westbury Harriers	MV60	10	Male
183	00:41:02	Mike Rowe	Unaffiliated	MV60	236	Male
184	00:41:04	Kathryn Mortimore	Clevedon AC	SF	193	Female
185	00:41:10	Mark Benton	Burnham-on-Sea Harriers	MV50	23	Male
186	00:41:23	Felicity russell	Bristol & West AC	FV60	237	Female
187	00:41:27	George Gabriel	Unaffiliated	MV60	103	Male
188	00:41:27	Victoria Pearson	North Somerset AC	SF	1178	Female
189	00:41:28	Shane Binding	Unaffiliated	MV40	26	Male
190	00:41:34	Laura Pease	Southville Running Club	SF	206	Female
191	00:41:45	Emily Eades	Unaffiliated	SF	86	Female
192	00:41:47	Andy Holliday	Great Western Runners	MV50	143	Male
193	00:41:50	Kelly Sherriff	Burnham-on-Sea Harriers	SF	1174	Female
194	00:41:52	Diane Pease	Southville Running Club	FV60	207	Female
195	00:41:59	Caroline Potter	Bristol & West AC	FV50	219	Female
196	00:42:10	Adrian Smith	Burnham-on-Sea Harriers	MV40	249	Male
197	00:42:19	Emily berry	Portishead Running Club	FV40	1124	Female
198	00:42:25	Stuart Anderson	Burnham-on-Sea Harriers	MV50	3	Male
199	00:42:29	Luke Hewitt	Weston Athletic Club	SM	1179	Male
200	00:42:41	Colin Woodward	Unaffiliated	MV40	287	Male
201	00:42:45	David Fereday	Newport Harriers AC	MV60	94	Male
202	00:42:48	Belinda Beake	Cheddar Running Club	FV50	18	Female
203	00:42:53	John Hinchliffe	Weston Athletic Club	MV60	137	Male
204	00:42:54	Roger Haynes	Great Western Runners	MV60	134	Male
205	00:43:05	Shaleen Summers	Weston Athletic Club	FV40	255	Female
206	00:43:12	Karen Shears	Wells City Harriers	FV60	244	Female
207	00:43:16	Jeremy Evered	Dursley RC	MV50	1176	Male
208	00:43:36	Chris Blackabee	Southend AC	MV50	27	Male
209	00:43:54	Kathleen ROSSITER	Weston Athletic Club	FV40	235	Female
210	00:43:56	Marilyn Palmer	Westbury Harriers	FV60	294	Female
211	00:44:18	Michael Willcox	Great Western Runners	MV60	280	Male
212	00:44:21	Becci Green	Burnham-on-Sea Harriers	SF	119	Female
213	00:44:23	Susan Boyle	Southville Running Club	FV40	31	Female
214	00:44:30	Andy King	Clevedon AC	MV50	314	Male
215	00:44:35	Jason Woods	Quantock Harriers	MV40	286	Male
216	00:44:39	Catherine Newman	Southville Running Club	SF	355	Female
217	00:44:59	Suzannah Dyer	Weston Athletic Club	FV40	85	Female
218	00:45:05	Carol Howell	Weston Athletic Club	FV40	144	Female
219	00:45:16	Keith Drinkwater	Weston Athletic Club	MV60	1157	Male
220	00:45:21	Danny Mcmillan	Weston Athletic Club	MV60	1172	Male
221	00:45:23	Annie Smith	Clevedon AC	FV60	248	Female
222	00:45:24	Tim Pocock	Bristol & District Triathletes (Bad Tri)	MV50	215	Male
223	00:45:28	Rachael Jones	Weston Athletic Club	FV40	159	Female
224	00:45:47	Victoria Tosell	Weston Athletic Club	FV40	332	Female

2019-2020 WAC Prom Series - Nov 21st 2019

[Click to Access Web Link for Results](#)

Pos	Time	Name	Club	Category	Race No	Gender
225	00:45:49	Caroline Bazell	Weston Athletic Club	FV40	17	Female
226	00:45:53	Malcolm Cowton	Bristol & West AC	MV50	56	Male
227	00:45:55	Tracey Benton	Burnham-on-Sea Harriers	FV40	22	Female
228	00:45:56	Alun Jenkins	Great Western Runners	MV50	155	Male
229	00:46:12	Michelle Edgell	North Bristol Running Group	FV40	1149	Female
230	00:46:19	Nikki Hamilton	Weston whippets	SF	1171	Female
231	00:46:56	Katie Broadbent	Southville Running Club	FV40	1139	Female
232	00:47:07	Rebecca Reeves	Weston whippets	SF	226	Female
233	00:47:09	Rachel Holt	Unaffiliated	SF	1183	Female
234	00:47:13	Ali Hunt	Great Western Runners	SF	1184	Female
235	00:47:23	Maurice Sweeney	Unaffiliated	MV60	298	Male
236	00:47:37	Kirsty Dearing	Unaffiliated	SF	74	Female
237	00:47:38	Michelle Lynam	Weston Athletic Club	FV50	178	Female
238	00:47:46	Toni Mallin	Weston Athletic Club	SF	179	Female
239	00:47:50	Sue Nicholls	Burnham-on-Sea Harriers	FV60	1159	Female
240	00:48:10	Sarah Wheatley	Weston Athletic Club	SF	300	Female
241	00:48:15	Kate Wilson	Weston Athletic Club	SF	346	Female
242	00:48:17	Pete Bartlett	Weston Athletic Club	MV50	16	Male
243	00:48:25	Janet Gaze	Thornbury RC	FV60	1136	Female
244	00:48:52	Mel Gilbert	Unaffiliated	FV40	107	Female
245	00:48:55	Liz Paddick	Wells City Harriers	FV40	1131	Female
246	00:49:41	Anthony Mckee	Burnham-on-Sea Harriers	MV40	342	Male
247	00:49:44	Kay Ridgwell	Westbury Harriers	FV60	229	Female
248	00:49:48	Alice Warren	Stokes Striders	SF	330	Female
249	00:49:51	Robyn Ellis	Nailsea Running Club	FV40	90	Female
250	00:50:11	Emily North	Unaffiliated	FV40	199	Female
251	00:51:02	James WRIGHT	Unaffiliated	MV50	289	Male
252	00:52:12	Abbie Lawrence	Weston whippets	SF	1133	Female
253	00:53:00	Teresa Cryer	VI Runners Bristol	FV40	63	Female
254	00:55:08	Colette Sanderson	Unaffiliated	FV60	1129	Female
255	00:56:46	Helen Mitchell	Running for Fitness Leader	FV50	191	Female
256	00:58:13	Samantha Thompson	Weston Athletic Club	FV40	362	Female
257	01:00:59	Lois McPherson	Unaffiliated	FV40	186	Female
258	01:01:55	Karen Harris	Weston whippets	FV40	129	Female
259	01:04:43	Lindsey cox	Weston whippets	FV40	57	Female
260	01:06:20	Jane Lavelle	Weston whippets	SF	169	Female
261	01:10:21	Emily Hitchens	Quantock Harriers	SF	139	Female