

## 2018-2019 WAC Prom Series - Mar 14th 2019

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| Pos | Race No | Name                | Time     | Category | Cat Pos | Gender | Gen Pos | Club                           |
|-----|---------|---------------------|----------|----------|---------|--------|---------|--------------------------------|
| 1   | 1504    | Courtenay Chessell  | 00:26:46 | SM       | 1       | Male   | 1       | Swindon Shin Splints           |
| 2   | 1535    | Andrew Cooke        | 00:26:51 | SM       | 2       | Male   | 2       | Bristol & West AC              |
| 3   | 1527    | Will Fuller         | 00:26:55 | SM       | 3       | Male   | 3       | Weston AC                      |
| 4   | 369     | Mike Holding        | 00:27:53 | SM       | 4       | Male   | 4       | Great Western Runners          |
| 5   | 97      | Mark Ducker         | 00:28:01 | SM       | 5       | Male   | 5       | Southville Running Club        |
| 6   | 1486    | Alexander Whittaker | 00:28:02 | SM       | 6       | Male   | 6       | Bristol & West AC              |
| 7   | 36      | Chris Brown         | 00:28:04 | SM       | 7       | Male   | 7       | SEVERN AC                      |
| 8   | 1502    | Omer Homer          | 00:28:10 | SM       | 8       | Male   | 8       | SWINDON HARRIERS               |
| 9   | 243     | Matthew Robinson    | 00:28:14 | MV50     | 1       | Male   | 9       | Bristol & West AC              |
| 10  | 271     | Kieron Summers      | 00:28:24 | MV40     | 1       | Male   | 10      | Weston AC                      |
| 11  | 302     | Steve Wood          | 00:28:24 | MV40     | 2       | Male   | 11      | Clevedon AC                    |
| 12  | 1534    | Matt Langdon        | 00:28:28 | MV40     | 3       | Male   | 12      | Bitton Road Runners            |
| 13  | 298     | Mark williams       | 00:28:34 | SM       | 9       | Male   | 13      | Portishead Running Club        |
| 14  | 74      | John Cox            | 00:28:43 | SM       | 10      | Male   | 14      | Great Western Runners          |
| 15  | 325     | Luke Murray         | 00:28:53 | MV40     | 4       | Male   | 15      | Clevedon AC                    |
| 16  | 194     | Chris Mcmillan      | 00:29:16 | SM       | 11      | Male   | 16      | Weston AC                      |
| 17  | 1530    | David Kearney       | 00:29:17 | SM       | 12      | Male   | 17      | Great Western Runners          |
| 18  | 49      | Ben Burns           | 00:29:22 | SM       | 13      | Male   | 18      | Clevedon AC                    |
| 19  | 210     | Toby Norman         | 00:29:25 | SM       | 14      | Male   | 19      | Weston AC                      |
| 20  | 222     | Robin Phillips      | 00:29:26 | MV40     | 5       | Male   | 20      | Westbury Harriers              |
| 21  | 176     | Otto Karhunen       | 00:29:27 | SM       | 15      | Male   | 21      | Southville Running Club        |
| 22  | 1532    | Cameron Slater      | 00:29:29 | SM       | 16      | Male   | 22      | Weston AC                      |
| 23  | 389     | Brian Robb          | 00:29:36 | SM       | 17      | Male   | 23      | Bitton Road Runners            |
| 24  | 295     | Matthew Wheeler     | 00:29:45 | MV40     | 6       | Male   | 24      | Weston AC                      |
| 25  | 275     | Richard Taylor      | 00:29:48 | SM       | 18      | Male   | 25      | Southville Running Club        |
| 26  | 1513    | Gary Lewis          | 00:29:53 | SM       | 19      | Male   | 26      | Clevedon AC                    |
| 27  | 386     | Tom Abrahams        | 00:29:58 | MV40     | 7       | Male   | 27      | Clevedon AC                    |
| 28  | 51      | James Burrows       | 00:29:58 | SM       | 20      | Male   | 28      |                                |
| 29  | 324     | Matt Crocker        | 00:30:08 | MV40     | 8       | Male   | 29      | Clevedon AC                    |
| 30  | 1497    | Nick Daniels        | 00:30:57 | MV40     | 9       | Male   | 30      | TAUNTON A C                    |
| 31  | 333     | Matt Davies         | 00:30:59 | MV40     | 10      | Male   | 31      |                                |
| 32  | 1484    | Matthew Barnes      | 00:31:03 | SM       | 21      | Male   | 32      |                                |
| 33  | 231     | Stephen Powell      | 00:31:06 | MV40     | 11      | Male   | 33      | Weston AC                      |
| 34  | 395     | Sam Wilson          | 00:31:07 | SM       | 22      | Male   | 34      | Great Western Runners          |
| 35  | 1493    | Francesca Rawlings  | 00:31:10 | SM       | 1       | Female | 1       | Clevedon AC                    |
| 36  | 1512    | Greg Condon         | 00:31:16 | MV40     | 12      | Male   | 35      |                                |
| 37  | 2       | Toby Andrews        | 00:31:26 | MV40     | 13      | Male   | 36      | Weston AC                      |
| 38  | 240     | Malcolm Ritchie     | 00:31:35 | MV40     | 14      | Male   | 37      | Bristol & District Triathletes |
| 39  | 318     | Andrew Woods        | 00:31:43 | SM       | 23      | Male   | 38      | Great Western Runners          |
| 40  | 128     | Jonathan Goodland   | 00:31:46 | MV60     | 1       | Male   | 39      | Bristol & West AC              |
| 41  | 161     | Thomas Hutchings    | 00:31:53 | SM       | 24      | Male   | 40      | Southville Running Club        |

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| Pos | Race No | Name             | Time     | Category | Cat Pos | Gender | Gen Pos | Club                        |
|-----|---------|------------------|----------|----------|---------|--------|---------|-----------------------------|
| 42  | 119     | Rob Furlong      | 00:31:57 | MV40     | 15      | Male   | 41      | Weston AC                   |
| 43  | 331     | Philip Harfield  | 00:32:04 | MV40     | 16      | Male   | 42      | Great Western Runners       |
| 44  | 197     | James Miller     | 00:32:06 | MV40     | 17      | Male   | 43      |                             |
| 45  | 104     | Lucy Ellis       | 00:32:08 | SF       | 1       | Female | 2       | Great Western Runners       |
| 46  | 247     | Ian Salter       | 00:32:11 | MV40     | 18      | Male   | 44      | Hydrographic Harriers       |
| 47  | 328     | Alex Murray      | 00:32:11 | MV40     | 19      | Male   | 45      | Clevedon AC                 |
| 48  | 98      | Susan Duncan     | 00:32:14 | SF       | 2       | Female | 3       | Weston AC                   |
| 49  | 1520    | Michael Cievely  | 00:32:19 | SM       | 25      | Male   | 46      | Bitton Road Runners         |
| 50  | 376     | Will Purcell     | 00:32:21 | SM       | 26      | Male   | 47      | Great Western Runners       |
| 51  | 392     | Simon Batchelor  | 00:32:22 | SM       | 27      | Male   | 48      |                             |
| 52  | 123     | Chris Gaze       | 00:32:26 | SM       | 28      | Male   | 49      |                             |
| 53  | 1482    | Alex Ross        | 00:32:28 | SM       | 29      | Male   | 50      |                             |
| 54  | 195     | Laura Meech      | 00:32:34 | SF       | 3       | Female | 4       | Clevedon AC                 |
| 55  | 1521    | Lawrence Massey  | 00:32:40 | SM       | 30      | Male   | 51      | Weston AC                   |
| 56  | 320     | Steve Hart       | 00:32:40 | MV40     | 20      | Male   | 52      | Great Western Runners       |
| 57  | 281     | Graham Troth     | 00:32:42 | MV40     | 21      | Male   | 53      | North Bristol Running Group |
| 58  | 299     | Dave Wintle      | 00:32:53 | MV60     | 2       | Male   | 54      | Great Western Runners       |
| 59  | 287     | Louise Wade      | 00:32:58 | SF       | 4       | Female | 5       | Great Western Runners       |
| 60  | 1510    | Mike Mewse       | 00:33:07 | MV60     | 3       | Male   | 55      | Westbury Harriers           |
| 61  | 1523    | Darren Scammell  | 00:33:10 | SM       | 31      | Male   | 56      | Bitton Road Runners         |
| 62  | 1498    | Stephen Goulding | 00:33:16 | MV50     | 2       | Male   | 57      | Swindon Shin Splints        |
| 63  | 374     | Jake Wicht       | 00:33:16 | SM       | 32      | Male   | 58      | Quantock Harriers           |
| 64  | 115     | Mark Foss        | 00:33:18 | SM       | 33      | Male   | 59      | Hydrographic Harriers       |
| 65  | 1545    | Shaun Mander     | 00:33:28 | SM       | 34      | Male   | 60      | Southville Running Club     |
| 66  | 59      | Nigel Charman    | 00:33:34 | MV50     | 3       | Male   | 61      | Clevedon AC                 |
| 67  | 371     | Marcus Kropacsy  | 00:33:37 | MV40     | 22      | Male   | 62      | Great Western Runners       |
| 68  | 172     | Chris Jones      | 00:33:39 | MV40     | 23      | Male   | 63      | Hydrographic Harriers       |
| 69  | 160     | Dom Hurford      | 00:33:44 | MV40     | 24      | Male   | 64      | North Bristol Running Group |
| 70  | 1542    | Matt Blee        | 00:33:44 | SM       | 35      | Male   | 65      | Running Forever RC          |
| 71  | 69      | Paul Cousins     | 00:33:47 | MV50     | 4       | Male   | 66      | Weston AC                   |
| 72  | 116     | Michelle Fryer   | 00:33:51 | SF       | 5       | Female | 6       | Weston AC                   |
| 73  | 42      | Lee Bryan        | 00:33:55 | MV50     | 5       | Male   | 67      | Great Western Runners       |
| 74  | 1496    | Jim Wemyss       | 00:33:57 | MV50     | 6       | Male   | 68      | Nailsea Running Club        |
| 75  | 294     | Peter Wheddon    | 00:34:06 | MV60     | 4       | Male   | 69      | Clevedon AC                 |
| 76  | 105     | Adrian Esch      | 00:34:07 | SM       | 36      | Male   | 70      | Southville Running Club     |
| 77  | 1511    | Kevin Bale       | 00:34:09 | SM       | 37      | Male   | 71      | Weston AC                   |
| 78  | 37      | Andrew Brown     | 00:34:12 | MV60     | 5       | Male   | 72      | SEVERN AC                   |
| 79  | 399     | Helen Tunnicliff | 00:34:16 | SF       | 6       | Female | 7       | Portishead Running Club     |
| 80  | 57      | Lara Carty       | 00:34:20 | FV40     | 1       | Female | 8       | Clevedon AC                 |
| 81  | 218     | Matt Palmer      | 00:34:26 | SM       | 38      | Male   | 73      | Portishead Running Club     |
| 82  | 1494    | James Hutt       | 00:34:27 | SM       | 39      | Male   | 74      | Yeovil Town RRC             |

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|-----|---------|-------------------|----------|----------|---------|--------|---------|------------------------------|
| 83  | 84      | John Davidson     | 00:34:39 | SM       | 40      | Male   | 75      | Weston AC                    |
| 84  | 136     | David Groves      | 00:34:45 | MV50     | 7       | Male   | 76      | Weston AC                    |
| 85  | 396     | Philip Hobbs      | 00:34:48 | MV40     | 25      | Male   | 77      | Burnham On Sea Harriers      |
| 86  | 193     | James McCarthy    | 00:34:54 | SM       | 41      | Male   | 78      |                              |
| 87  | 347     | Ian forbes        | 00:34:59 | MV40     | 26      | Male   | 79      |                              |
| 88  | 209     | Jeremy Newsome    | 00:35:00 | MV40     | 27      | Male   | 80      | Cheddar RC                   |
| 89  | 335     | Cat Mills         | 00:35:01 | SF       | 7       | Female | 9       | Great Western Runners        |
| 90  | 1500    | Wilf Huxtable     | 00:35:03 | SM       | 42      | Male   | 81      | Goa Ac                       |
| 91  | 383     | Rachel Johnston   | 00:35:04 | SF       | 8       | Female | 10      | Southville Running Club      |
| 92  | 358     | Adrian Noble      | 00:35:05 | MV50     | 8       | Male   | 82      | Weston AC                    |
| 93  | 103     | Bjorn Edney       | 00:35:08 | MV40     | 28      | Male   | 83      | Quantock Harriers            |
| 94  | 22      | James Bertenshaw  | 00:35:13 | SM       | 43      | Male   | 84      | Weston AC                    |
| 95  | 1528    | Alan Fuller       | 00:35:15 | MV40     | 29      | Male   | 85      | Weston AC                    |
| 96  | 381     | Andrew gage       | 00:35:29 | MV50     | 9       | Male   | 86      | CLC Striders                 |
| 97  | 135     | Ben Groom         | 00:35:32 | MV40     | 30      | Male   | 87      | Weston AC                    |
| 98  | 1529    | Katie Gormley     | 00:35:32 | SF       | 9       | Female | 11      | Weston AC                    |
| 99  | 145     | Ian Haynes        | 00:35:35 | MV40     | 31      | Male   | 88      | Great Western Runners        |
| 100 | 1515    | Zac West-Gaul     | 00:35:41 | SM       | 44      | Male   | 89      |                              |
| 101 | 14      | Helen Ball        | 00:35:44 | FV50     | 1       | Female | 12      | Clevedon AC                  |
| 102 | 76      | Laura Croker      | 00:35:51 | FV40     | 2       | Female | 13      | Clevedon AC                  |
| 103 | 1516    | Toby Sellers      | 00:35:53 | SM       | 45      | Male   | 90      |                              |
| 104 | 26      | Gary Bowden       | 00:36:02 | MV40     | 32      | Male   | 91      | Weston AC                    |
| 105 | 1503    | Gary Dyer         | 00:36:03 | SM       | 46      | Male   | 92      |                              |
| 106 | 25      | Bruce Bourne      | 00:36:05 | MV60     | 6       | Male   | 93      | Weston AC                    |
| 107 | 1491    | Nick Hemmings     | 00:36:09 | SM       | 47      | Male   | 94      | Quantock harriers            |
| 108 | 1492    | Theresa goldstone | 00:36:10 | SM       | 2       | Female | 14      | Nailsea Running Club         |
| 109 | 309     | David Wyatt       | 00:36:14 | MV40     | 33      | Male   | 95      |                              |
| 110 | 289     | Nathan Walpole    | 00:36:17 | MV40     | 34      | Male   | 96      | Clevedon AC                  |
| 111 | 1485    | Chris Gunn        | 00:36:21 | SM       | 48      | Male   | 97      | Running Forever Running Club |
| 112 | 349     | Sally Richards    | 00:36:26 | FV40     | 3       | Female | 15      | Clevedon AC                  |
| 113 | 1514    | Jemma Lewis       | 00:36:30 | SF       | 10      | Female | 16      | Clevedon AC                  |
| 114 | 131     | Philip Greedy     | 00:36:31 | MV40     | 35      | Male   | 98      |                              |
| 115 | 3       | Stuart Anstead    | 00:36:35 | MV40     | 36      | Male   | 99      | Nailsea Running Club         |
| 116 | 1487    | Carl Hedges       | 00:36:48 | SM       | 49      | Male   | 100     | Yeovil Town RRC              |
| 117 | 157     | Gareth Hughes     | 00:36:56 | MV40     | 37      | Male   | 101     |                              |
| 118 | 182     | Vicki Leckie      | 00:36:57 | SF       | 11      | Female | 17      | Clevedon AC                  |
| 119 | 338     | Nick Mace         | 00:37:02 | MV50     | 10      | Male   | 102     |                              |
| 120 | 220     | Thomas Payne      | 00:37:07 | SM       | 50      | Male   | 103     | Quantock Harriers            |
| 121 | 48      | Tom Burgess       | 00:37:12 | MV60     | 7       | Male   | 104     | Bristol & West AC            |
| 122 | 226     | Nicholas Pocock   | 00:37:17 | SM       | 51      | Male   | 105     |                              |
| 123 | 1547    | Tim Wills         | 00:37:19 | MV40     | 38      | Male   | 106     | Portishead Running Club      |

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|-----|---------|---------------------|----------|----------|---------|--------|---------|-----------------------------|
| 124 | 277     | Tracey Thomas       | 00:37:20 | FV40     | 4       | Female | 18      | Burnham On Sea Harriers     |
| 125 | 242     | Jason Roberts       | 00:37:22 | MV40     | 39      | Male   | 107     | Burnham On Sea Harriers     |
| 126 | 127     | Patsy Goldstone     | 00:37:23 | FV50     | 2       | Female | 19      | Nailsea Running Club        |
| 127 | 370     | Clare Harvey        | 00:37:25 | SF       | 12      | Female | 20      | Weston AC                   |
| 128 | 345     | Jessica Bonham      | 00:37:31 | SF       | 13      | Female | 21      |                             |
| 129 | 1526    | Chris Blackabee     | 00:37:33 | MV40     | 40      | Male   | 108     | Southend AC                 |
| 130 | 11      | Julie Bailiss       | 00:37:36 | FV40     | 5       | Female | 22      | Weston AC                   |
| 131 | 28      | Trevor BRAMWELL     | 00:37:41 | MV50     | 11      | Male   | 109     |                             |
| 132 | 63      | Shane Connolly      | 00:37:42 | MV50     | 12      | Male   | 110     | Weston AC                   |
| 133 | 1507    | Richard Goddard     | 00:37:45 | MV50     | 13      | Male   | 111     |                             |
| 134 | 1517    | Martin Dean         | 00:37:56 | MV40     | 41      | Male   | 112     | North Bristol Running Group |
| 135 | 165     | Jon Jacobs          | 00:38:10 | MV50     | 14      | Male   | 113     | Burnham On Sea Harriers     |
| 136 | 174     | Paul Jones          | 00:38:18 | MV50     | 15      | Male   | 114     | Somerset RC Tri             |
| 137 | 283     | Greg Turner         | 00:38:25 | SM       | 52      | Male   | 115     | Southville Running Club     |
| 138 | 1533    | Andrew Thomas       | 00:38:26 | MV40     | 42      | Male   | 116     | Blaise Runners              |
| 139 | 52      | Tim Byrne           | 00:38:31 | SM       | 53      | Male   | 117     | Burnham On Sea Harriers     |
| 140 | 89      | Graham Dean         | 00:38:35 | MV40     | 43      | Male   | 118     |                             |
| 141 | 148     | John Hinchliffe     | 00:38:40 | MV60     | 8       | Male   | 119     | Weston AC                   |
| 142 | 47      | Mark Burgess        | 00:38:53 | MV50     | 16      | Male   | 120     | Burnham On Sea Harriers     |
| 143 | 355     | Andrew Tipper       | 00:38:53 | MV60     | 9       | Male   | 121     | Great Western Runners       |
| 144 | 13      | Jonathan Bale       | 00:38:58 | MV50     | 17      | Male   | 122     | Portishead Running Club     |
| 145 | 288     | Neil Wallace        | 00:38:59 | MV50     | 18      | Male   | 123     |                             |
| 146 | 1495    | Simon Blay          | 00:39:04 | SM       | 54      | Male   | 124     |                             |
| 147 | 1540    | Natalia Casey       | 00:39:05 | SF       | 14      | Female | 23      | Weston AC                   |
| 148 | 10      | Jullian Bailey-Gard | 00:39:08 | MV60     | 10      | Male   | 125     | Westbury Harriers           |
| 149 | 72      | Malcolm Cowton      | 00:39:09 | MV50     | 19      | Male   | 126     | Bristol & West AC           |
| 150 | 181     | Fi Lang             | 00:39:10 | SF       | 15      | Female | 24      | Great Western Runners       |
| 151 | 44      | Jenny Buckley       | 00:39:24 | SF       | 16      | Female | 25      | Great Western Runners       |
| 152 | 94      | Kelly Dicks         | 00:39:24 | SF       | 17      | Female | 26      | Great Western Runners       |
| 153 | 1522    | Claire Donnelly     | 00:39:24 | SF       | 18      | Female | 27      | Great Western Runners       |
| 154 | 272     | Katy Sutcliffe      | 00:39:24 | SF       | 19      | Female | 28      | Great Western Runners       |
| 155 | 164     | Andrew IVES         | 00:39:26 | MV60     | 11      | Male   | 127     | Trail Running Association   |
| 156 | 200     | Bryan Morley        | 00:39:30 | MV40     | 44      | Male   | 128     | Weston AC                   |
| 157 | 1543    | Zac Searle          | 00:39:33 | SM       | 55      | Male   | 129     |                             |
| 158 | 253     | Mark searle         | 00:39:33 | MV50     | 20      | Male   | 130     |                             |
| 159 | 319     | Orla Woods          | 00:39:47 | SF       | 20      | Female | 29      | Great Western Runners       |
| 160 | 259     | Ian Shepherd        | 00:39:49 | MV40     | 45      | Male   | 131     | Thornbury Running Club      |
| 161 | 246     | Tony Rudd           | 00:39:52 | MV40     | 46      | Male   | 132     | Westbury Harriers           |
| 162 | 186     | Christy Longley     | 00:40:00 | FV40     | 6       | Female | 30      | Burnham On Sea Harriers     |
| 163 | 1537    | William Stone       | 00:40:08 | SM       | 56      | Male   | 133     |                             |
| 164 | 184     | Marie Lochrie       | 00:40:11 | FV40     | 7       | Female | 31      | Clevedon AC                 |

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| 165 | 394     | Andrea Jenn         | 00:40:12 | FV40     | 8       | Female | 32      | Nailsea Running Club        |
| 166 | 185     | Ashley Lockton      | 00:40:25 | SF       | 21      | Female | 33      | Clevedon AC                 |
| 167 | 1546    | Geordie Boy         | 00:40:26 | MV50     | 21      | Male   | 134     | Weston AC                   |
| 168 | 1481    | Andrew Elverd       | 00:40:45 | SM       | 57      | Male   | 135     | Nailsea Running Club        |
| 169 | 230     | Caroline Potter     | 00:41:13 | FV50     | 3       | Female | 34      | North Bristol Running Group |
| 170 | 260     | Helen Shields       | 00:41:17 | SF       | 22      | Female | 35      |                             |
| 171 | 17      | Belinda Beake       | 00:41:23 | FV50     | 4       | Female | 36      | Cheddar RC                  |
| 172 | 1519    | Katy Shoemsmith     | 00:41:29 | SF       | 23      | Female | 37      | Bitton Road Runners         |
| 173 | 1505    | Sue Nicholls        | 00:41:44 | FV60     | 1       | Female | 38      |                             |
| 174 | 65      | Janine Cooke        | 00:41:51 | FV40     | 9       | Female | 39      | Great Western Runners       |
| 175 | 285     | Olga Vearncombe     | 00:41:52 | SF       | 24      | Female | 40      | Great Western Runners       |
| 176 | 1499    | Julie Goulding      | 00:41:52 | FV50     | 5       | Female | 41      | Pewsey Vale RC              |
| 177 | 1506    | Jeremy Evered       | 00:41:58 | MV50     | 22      | Male   | 136     | Dursley Running             |
| 178 | 62      | Robert Colman       | 00:42:29 | MV50     | 23      | Male   | 137     | North Bristol Running Group |
| 179 | 86      | Anita Davies        | 00:42:30 | FV50     | 6       | Female | 42      | North Bristol Running Group |
| 180 | 20      | Tracey Benton       | 00:42:33 | FV40     | 10      | Female | 43      | Burnham On Sea Harriers     |
| 181 | 296     | Sarah White         | 00:42:42 | SF       | 25      | Female | 44      | Weston AC                   |
| 182 | 1488    | Mel Biddington      | 00:42:50 | SM       | 3       | Female | 45      | Weston AC                   |
| 183 | 1501    | Rachael Jones       | 00:42:50 | FV40     | 11      | Female | 46      | Weston AC                   |
| 184 | 234     | Gregor Ramsay       | 00:43:03 | MV50     | 24      | Male   | 138     |                             |
| 185 | 142     | Robert HARRIS       | 00:43:07 | MV50     | 25      | Male   | 139     |                             |
| 186 | 398     | Jason Woods         | 00:43:26 | MV40     | 47      | Male   | 140     | Quantock Harriers           |
| 187 | 173     | Richard Jones       | 00:43:36 | MV50     | 26      | Male   | 141     | Weston AC                   |
| 188 | 393     | Roger Brocklesby    | 00:43:38 | MV60     | 12      | Male   | 142     | Bristol & West AC           |
| 189 | 155     | Carol Howell        | 00:43:42 | FV40     | 12      | Female | 47      | Weston AC                   |
| 190 | 43      | Gaynor Bryan        | 00:44:14 | FV50     | 7       | Female | 48      | Great Western Runners       |
| 191 | 297     | Michael Willcox     | 00:44:19 | MV60     | 13      | Male   | 143     | Great Western Runners       |
| 192 | 339     | Ronald Wooten       | 00:44:24 | MV60     | 14      | Male   | 144     |                             |
| 193 | 1       | Gill Anagnostakis   | 00:44:35 | FV60     | 2       | Female | 49      | Westbury Harriers           |
| 194 | 341     | Alun Jenkins        | 00:44:39 | MV50     | 27      | Male   | 145     | Great Western Runners       |
| 195 | 223     | Helen Phillips      | 00:44:54 | FV40     | 13      | Female | 50      | Southville Running Club     |
| 196 | 391     | Andy King           | 00:45:02 | MV50     | 28      | Male   | 146     | Clevedon AC                 |
| 197 | 1536    | Emily Curbishley    | 00:45:16 | SF       | 26      | Female | 51      | Weston AC                   |
| 198 | 377     | Caroline Bazell     | 00:45:18 | FV40     | 14      | Female | 52      | Weston AC                   |
| 199 | 58      | Jacqueline Cashmore | 00:45:19 | FV40     | 15      | Female | 53      | Weston AC                   |
| 200 | 245     | Kathleen ROSSITER   | 00:45:20 | FV40     | 16      | Female | 54      | Weston AC                   |
| 201 | 239     | Kay Ridgwell        | 00:45:57 | FV50     | 8       | Female | 55      | Westbury Harriers           |
| 202 | 15      | Pete Bartlett       | 00:46:18 | MV50     | 29      | Male   | 147     | Weston AC                   |
| 203 | 229     | Gemma Portis        | 00:46:21 | SF       | 27      | Female | 56      | Great Western Runners       |
| 204 | 390     | Jennifer Elphick    | 00:46:35 | SF       | 28      | Female | 57      | Great Western Runners       |
| 205 | 1544    | Georgina James      | 00:46:39 | SF       | 29      | Female | 58      |                             |

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| Pos | Race No | Name               | Time     | Category | Cat Pos | Gender | Gen Pos | Club                        |
|-----|---------|--------------------|----------|----------|---------|--------|---------|-----------------------------|
| 206 | 189     | Michelle Lynam     | 00:46:58 | FV50     | 9       | Female | 59      | Weston AC                   |
| 207 | 175     | Agnieszka Kaminska | 00:47:09 | FV40     | 17      | Female | 60      | Bristol & West AC           |
| 208 | 7       | Gill Atwill        | 00:47:22 | FV60     | 3       | Female | 61      | Nailsea Running Club        |
| 209 | 1531    | Lindsey Hoggard    | 00:47:59 | SF       | 30      | Female | 62      | Burnham On Sea Harriers     |
| 210 | 188     | Ann Lovell         | 00:48:06 | FV60     | 4       | Female | 63      | Westbury Harriers           |
| 211 | 252     | Caroline Scapens   | 00:48:12 | FV50     | 10      | Female | 64      | Westbury Harriers           |
| 212 | 1508    | Kirstie Yates      | 00:48:45 | FV40     | 18      | Female | 65      | Weston AC                   |
| 213 | 190     | Karen Macey        | 00:48:45 | FV50     | 11      | Female | 66      |                             |
| 214 | 1541    | Daniel Riordan     | 00:49:04 | SM       | 58      | Male   | 148     |                             |
| 215 | 1538    | Lucy Davies        | 00:49:16 | SF       | 31      | Female | 67      |                             |
| 216 | 280     | Rachel Troth       | 00:49:21 | FV40     | 19      | Female | 68      | North Bristol Running Group |
| 217 | 397     | Shaleen Summers    | 00:50:05 | SF       | 32      | Female | 69      | Weston AC                   |
| 218 | 78      | Teresa Cryer       | 00:50:05 | FV40     | 20      | Female | 70      | VI Runners Bristol          |
| 219 | 199     | Helen Mitchell     | 00:52:05 | FV50     | 12      | Female | 71      | UK Athletics                |
| 220 | 258     | Emma Shepherd      | 00:52:28 | FV40     | 21      | Female | 72      | FETCHEVERYONE               |
| 221 | 1539    | Charlotte Macey    | 00:53:33 | SF       | 33      | Female | 73      |                             |
| 222 | 278     | Samantha Thompson  | 00:54:42 | FV40     | 22      | Female | 74      | Weston AC                   |
| 223 | 126     | Roz Glover         | 00:55:33 | FV40     | 23      | Female | 75      | Great Western Runners       |
| 224 | 1509    | Steve Parsons      | 00:55:36 | MV60     | 15      | Male   | 149     | Great Western Runners       |
| 225 | 1525    | Sharon Groves      | 00:56:35 | FV50     | 13      | Female | 76      | Weston AC                   |
| 226 | 1518    | John Grimsey       | 00:56:35 | MV60     | 16      | Male   | 150     | Thornbury AC                |
| 227 | 75      | Lindsey cox        | 01:02:46 | SF       | 34      | Female | 77      | Weston whippets             |
| 228 | 140     | Karen Harris       | 01:02:46 | FV40     | 24      | Female | 78      | Weston whippets             |