

## Prom Series Results to Dec 2018

Name	No	Gender	Club	Series Totals						
				No Races	O Pos	Overall	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
Kieron Summers	271	Male	Weston AC	4	16	453	4	4	5	3
Sam Wilson	326	Male	Great Western Runners	4	32	442	8	5	9	10
Mark Ducker	97	Male	Southville Running Club	4	42	509	10	10	11	11
Steve Wood	302	Male	Clevedon AC	4	61	437	9	11	22	19
James Bertenshaw	22	Male	Weston AC	4	83	538	14	18	31	20
Robin Phillips	222	Male	Westbury Harriers	4	89	463	12	23	28	26
Matt Crocker	324	Male	Clevedon AC	4	91	516	15	22	32	22
Otto Karhunen	176	Male	Southville Running Club	4	112	484	21	33	30	28
Tom Abrahams	317	Male	Clevedon AC	4	122	541	19	30	38	35
Laurence Caird	54	Male	Great Western Runners	4	138	528	25	40	43	30
Richard Taylor	275	Male	Southville Running Club	4	143	447	26	42	44	31
Jonathan Goodland	128	Male	Bristol & West AC	4	152	498	23	46	47	36
Kelly Dicks	94	Female	Great Western Runners	4	184	508	33	38	63	50
Nathan Walpole	289	Male	Clevedon AC	4	186	446	38	47	54	47
Susan Duncan	98	Female	Weston AC	4	190	510	37	43	57	53
Graham Troth	281	Male	North Bristol Running Group	4	211	440	41	50	68	52
Ian Salter	247	Male	Hydrographic Harriers	4	212	456	40	51	64	57
Chris Gaze	123	Male		4	216	495	35	66	66	49
James Burrows	51	Male		4	222	525	31	70	77	44
Matthew Wheeler	295	Male	Weston AC	4	231	439	47	125	35	24
James Miller	197	Male		4	235	471	55	58	67	55
Matt Davies	333	Male		4	247	505	84	61	60	42
Chris Jones	172	Male	Hydrographic Harriers	4	248	479	43	67	78	60
Paul Shephard	257	Male		4	269	448	49	74	84	62
Tim Byrne	52	Male	Burnham On Sea Harriers	4	286	526	62	68	80	76
Joe Withers	301	Male		4	303	438	58	72	88	85
Louise Wade	287	Female	Great Western Runners	4	329	445	67	81	98	83
David Groves	136	Male	Weston AC	4	363	494	96	90	121	56
Adrian Esch	105	Male	Southville Running Club	4	368	512	89	110	94	75
Katy Sutcliffe	272	Female	Great Western Runners	4	374	455	85	94	109	86
Michelle Fryer	116	Female	Weston AC	4	379	502	88	105	107	79
Steve Hart	320	Male	Great Western Runners	4	388	492	79	97	114	98
Dom Hurford	160	Male	North Bristol Running Group	4	400	477	64	113	122	101
John Davidson	84	Male	Weston AC	4	420	523	100	118	112	90
James McCarthy	193	Male		4	431	472	81	109	138	103
Jes Dickin	93	Male	Cheddar RC	4	443	507	82	116	124	121
Michael Reep	236	Male	Weston AC	4	444	458	103	121	123	97
Mark Foss	115	Male	Hydrographic Harriers	4	475	501	72	106	198	99
Phillippa Stephens	268	Female	Weston AC	4	480	451	76	120	120	164
Philip Hobbs	1019	Male	Burnham On Sea Harriers	4	481	490	108	129	132	112
Katie Gormley	1025	Female	Weston AC	4	485	499	109	115	136	125
Simon Batchelor	336	Male		4	492	537	134	126	168	64
S T Hughes	157	Male		4	497	489	105	132	137	123
Ian Haynes	145	Male	Great Western Runners	4	500	486	114	127	131	128
Bruce Bourne	25	Male	Weston AC	4	500	532	113	128	133	126
Stuart Anstead	3	Male	Nailsea Running Club	4	506	543	90	131	142	143
Rob Stokes	269	Male	Weston AC	4	506	452	92	137	153	124
Joanna Coveney	70	Female	Weston AC	4	534	514	124	141	150	119
Nia Davies	88	Female	Weston AC	4	534	506	130	134	157	113
Jonathan Bale	13	Male	Portishead Running Club	4	577	540	102	152	156	167
Ben Groom	135	Male	Weston AC	4	582	493	157	147	148	130
Christopher Dachtler	312	Male	Weston AC	4	590	520	128	158	169	135
Tom Burgess	48	Male	Bristol & West AC	4	591	530	121	150	173	147
Jullian Bailey-Gard	10	Male	Westbury Harriers	4	609	545	178	180	203	48
Olga Vearncombe	285	Female	Great Western Runners	4	611	443	212	144	139	116
Peter Vowles	286	Male	Weston AC	4	619	444	172	168	161	118
Lewis Gardener	122	Male	Portishead Running Club	4	621	500	104	146	206	165
Andrew gage	120	Male	CLC Striders	4	624	504	153	151	143	177
Emmajane Orchard	215	Female	Bristol & West AC	4	626	468	150	163	177	136
Vicki Leckie	182	Female	Clevedon AC	4	630	478	132	148	182	168
John Cunningham	80	Male	Weston AC	4	651	519	193	143	155	160

## Prom Series Results to Dec 2018

Name	No	Gender	Club	No Races	Series Totals					
					Results	Sept	Oct	Nov	Dec	
					O Pos	Overall	O Pos	O Pos	O Pos	O Pos
Patsy Goldstone	127	Female	Nailsea Running Club	4	652	497	139	171	188	154
Jason Roberts	242	Male	Burnham On Sea Harriers	4	689	461	144	173	186	186
Paula Crossman Jones	77	Female	Cheddar RC	4	696	517	214	162	174	146
Trevor BRAMWELL	28	Male		4	701	534	173	197	190	141
Shirley Lillicrap	183	Female	North Bristol Running Group	4	703	473	155	178	192	178
Gary Bowden	26	Male	Weston AC	4	705	533	179	181	196	149
Ian Shepherd	259	Male	Thornbury Running Club	4	749	450	154	183	191	221
Thomas Payne	220	Male	Quantock Harriers	4	751	464	164	177	225	185
Mark searle	253	Male		4	756	457	171	185	201	199
John Hinchliffe	148	Male	Weston AC	4	775	488	165	208	211	191
Bryan Morley	200	Male	Weston AC	4	781	466	205	214	205	157
Nicholas Pocock	226	Male		4	794	465	200	187	197	210
Mark Burgess	47	Male	Burnham On Sea Harriers	4	811	529	170	216	229	196
Marie Lochrie	184	Female	Clevedon AC	4	822	474	184	209	228	201
Desmond Jones	340	Male	Nailsea Running Club	4	832	480	176	207	243	206
Dave Fereday	109	Male	Newport Harriers AC	4	833	513	182	226	232	193
Natalia Casey	1039	Female	Weston AC	4	838	527	197	230	213	198
Paul Jones	174	Male	Somerset RC Tri	4	840	481	201	193	254	192
Kerry Coombes	66	Female	Clevedon AC	4	848	521	181	237	236	194
Shane Connolly	63	Male	Weston AC	4	855	524	207	263	215	170
Rachel Fuller	117	Female	Weston AC	4	877	503	191	233	233	220
Andrew IVES	164	Male	Trail Running Association	4	885	475	225	223	234	203
Belinda Beake	17	Female	Cheddar RC	4	887	536	204	217	252	214
Caroline Potter	230	Female	North Bristol Running Group	4	897	460	209	231	246	211
Anita Davies	86	Female	North Bristol Running Group	4	914	522	210	221	259	224
Roger Haynes	146	Male	Great Western Runners	4	926	487	222	227	245	232
Marilyn Palmer	311	Female	Westbury Harriers	4	941	467	220	249	255	217
Colin Woodward	306	Male		4	945	435	223	240	260	222
Agnieszka Kaminska	175	Female	Bristol & West AC	4	993	483	238	238	277	240
Richard Jones	173	Male	Weston AC	4	995	482	224	247	283	241
Gaynor Bryan	43	Female	Great Western Runners	4	1002	531	228	268	261	245
Rachel Troth	280	Female	North Bristol Running Group	4	1010	441	226	253	284	247
Tracey Benton	20	Female	Burnham On Sea Harriers	4	1016	539	235	266	276	239
Gill Anagnostakis	1	Female	Westbury Harriers	4	1017	542	239	264	281	233
Claire Newman	208	Female	Weston AC	4	1019	470	236	277	268	238
Amy Harris	139	Female	Weston AC	4	1024	485	251	261	270	242
Roger Brocklesby	34	Male	Bristol & West AC	4	1028	535	232	274	286	236
Ronald Wootien	339	Male		4	1040	436	243	271	292	234
Gill Atwill	7	Female	Nailsea Running Club	4	1072	544	242	281	295	254
Helen Phillips	223	Female	Southville Running Club	4	1081	462	241	279	296	265
Jennifer Elphick	1003	Female	Great Western Runners	4	1089	511	250	262	298	279
Gemma Portis	229	Female	Great Western Runners	4	1090	459	245	278	306	261
Michelle Lynam	189	Female	Weston AC	4	1102	476	254	295	304	249
Shaleen Summers	270	Female	Weston AC	4	1123	454	266	291	314	252
Teresa Cryer	78	Female	VI Runners Bristol	4	1123	518	267	292	313	251
Malcolm Offer	321	Male	Great Western Runners	4	1162	469	268	298	322	274
Emma Shepherd	258	Female	FETCHEVERYONE	4	1182	449	269	301	337	275
Liz Georgiou	124	Female	Run mummy run	4	1196	496	272	305	338	281
Karen Harris	140	Female	Weston whippets	4	1201	491	273	307	339	282
Lindsey cox	75	Female	Weston whippets	4	1201	515	274	304	340	283
Rebecca Furster	1246	Female	Southville Running Club	1		146	-	-	-	266
William Fuller	1242	Male	Weston AC	1		145	-	-	-	7
Trevor Fitsall	110	Male	Westbury Harriers	1		144	-	-	-	145
Sam Gentry	1266	Male	North Somerset Athletics Club	1		149	-	-	-	4
Janet Gaze	1257	Female	Thornbury Running Club	1		148	-	-	-	262
Patrick Garland	1278	Male	PAC-TRI	1		147	-	-	-	166
Tiffany Donnelly	1255	Female		1		143	-	-	-	250
Luke Bibbey	1258	Male	Southville Running Club	1		139	-	-	-	133
James Benham	1275	Male	South West Road Runners	1		138	-	-	-	45
Jody Bee	1274	Male	South West Road Runners	1		137	-	-	-	13
Tamsin Chick	1233	Female	Westbury Harriers	1		142	-	-	-	89

## Prom Series Results to Dec 2018

Name	No	Gender	Club	No Races	Series Totals				
					Results O Pos	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
Michelle Byrne	1259	Female	Southville Running Club	1	141	-	-	-	264
Sandra Brown	1236	Female	SEVERN AC	1	140	-	-	-	257
David George	1263	Male	Westbury Harriers	1	150	-	-	-	100
Judy KNIGHTS	1216	Female	Westbury Harriers	1	160	-	-	-	174
Sandy King	1290	Female	Southville Running Club	1	159	-	-	-	144
Joey Hunter	1260	Male		1	158	-	-	-	46
Cara Macmahon	1247	Female	Weston AC	1	163	-	-	-	267
Ken Lovell	187	Male	Westbury Harriers	1	162	-	-	-	200
Jemma Lewis	1273	Female	Clevedon AC	1	161	-	-	-	105
Robert Hingston	1234	Male	Southville Running Club	1	157	-	-	-	84
Georgia Hall	1294	Female	Southville Running Club	1	153	-	-	-	176
Chris Gunn	1227	Male	Running Forever Running Club	1	152	-	-	-	148
Paul Grinham	134	Male	Weston AC	1	151	-	-	-	132
Mark Haskins	1269	Male		1	156	-	-	-	94
Jane Hardacre	1224	Female	South West Veterans AC	1	155	-	-	-	137
Paula Hall	1264	Female	Clevedon AC	1	154	-	-	-	175
Dawn Mellsih	1180	Female	Weston whippets	1	119	-	-	315	-
Tom Mellor	1185	Male	Hydro Harriers	1	118	-	-	29	-
Shan Mccarthy	1167	Female	Weston AC	1	117	-	-	287	-
Rosamund Mogg	1130	Female	Sole Sisters North Bristol	1	122	-	-	331	-
John Mitchell	1129	Male		1	121	-	-	46	-
Alex Miller	1190	Male	Westbury Harriers	1	120	-	-	100	-
Mark James	1158	Male	CHELTENHAM HARRIERS	1	116	-	-	7	-
Matt Haskell	1156	Male		1	112	-	-	208	-
Vicki Hasaballa	1126	Female	Sole Sisters	1	111	-	-	282	-
John Grimsey	1171	Male	Thornbury Running Club	1	110	-	-	332	-
Joseph Hunter	1155	Male		1	115	-	-	82	-
Melissa Houston	154	Female	Southville Running Club	1	114	-	-	297	-
Andy Holliday	1199	Male	Great Western Runner	1	113	-	-	242	-
Joshua Moody	1131	Male	Bristol & West AC	1	123	-	-	2	-
Catherine Newman	1182	Female	Southville Running Club	1	133	-	-	280	-
Mell Moss	1214	Female	Bristol Ac	1	132	-	-	217	-
Tina Burrows	50	Female	Weston AC	1	131	-	-	321	-
Mark Andrews	1252	Male	Westbury Harriers	1	136	-	-	-	120
Nicola Phillips	1151	Female	Sole Sisters	1	135	-	-	299	-
Samuel Oldham	1160	Male	Cheddar RC	1	134	-	-	90	-
Ed Burke	1200	Male	Southville Running Club	1	130	-	-	25	-
Ann Lovell	188	Female	Westbury Harriers	1	126	-	-	325	-
Chris Loach	1157	Male	Weston AC	1	125	-	-	87	-
Tony Morledge	1149	Male	Weston AC	1	124	-	-	329	-
Shaun Mander	1207	Male	Southville Running Club	1	129	-	-	117	-
Jill Lumsden	1184	Female	North Bristol Running Group	1	128	-	-	179	-
Richard Lowe	1128	Male	Southville Running Club	1	127	-	-	34	-
Richard Wheeler	1142	Male	Great Western Runner	1	200	-	-	193	-
Adam Weaver	1140	Male		1	199	-	-	170	-
Samantha Walkley	1139	Female		1	198	-	-	267	-
Gemma Steele	1136	Female	Bideford AAC	1	203	-	-	288	-
Vicki Wilkins	1205	Female	Weston AC	1	202	-	-	223	-
Tim Wildman	1174	Male	Great Western Runner	1	201	-	-	55	-
Jaime Thurlow	1194	Female	PAC-TRI	1	197	-	-	335	-
Keith Shapland	1135	Male	Bideford AAC	1	193	-	-	10	-
Joe Schafe	1195	Male	Town & Country Harriers	1	192	-	-	79	-
Paul Rocker	1181	Male	Southville Running Club	1	191	-	-	256	-
Kurt Taylor	1138	Male	Bristol & West AC	1	196	-	-	1	-
Karen Taylor	1137	Female	Sole Sisters	1	195	-	-	273	-
Julie Shergold	1197	Female	Weston AC	1	194	-	-	238	-
Robert Stewart	1188	Male	Bristol & West AC	1	204	-	-	4	-
Joanna Portis	373	Female	Great Western Runner	2	214	-	-	300	258
Michalis Sanidas	250	Male	Southville Running Club	2	213	-	-	151	131
Mike Rowe	1133	Male		2	212	-	-	272	226
Stephen PATTERSON	1132	Male		2	217	-	-	330	271

## Prom Series Results to Dec 2018

Name	No	Gender	Club	No Races	Series Totals					
					O Pos	Overall	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
Gregor Ramsay	234	Male		2		216	-	-	289	215
Will Purcell	376	Male	Great Western Runner	2		215	-	-	62	51
Margaret Sills	261	Female	Weston AC	2		211	-	-	324	259
Sandra Williams	1162	Female	Westbury Harriers	2		207	-	-	178	150
Simon Williams	1094	Male	Weston AC	2		206	-	269	141	-
John Stokes	1175	Male	Kingswood Tc	2		205	-	-	119	87
Jake Wicht	374	Male	Quantock Harriers	2		210	-	-	48	69
Ben WHITE	1141	Male		2		209	-	-	320	248
Jill Wring	1143	Female	Cheddar RC	2		208	-	-	222	179
Tom Pope	1235	Male	Cheddar RC	1		173	-	-	-	110
Ewan Paton	1223	Male	Westbury Harriers	1		172	-	-	-	27
Steve Parsons	1250	Male	Great Western Runner	1		171	-	-	-	280
Peter Ryan	1279	Male	Ilford	1		176	-	-	-	276
Felicity russell	1220	Female	Bristol & West AC	1		175	-	-	-	213
Dan Potter	1282	Male	Weston AC	1		174	-	-	-	38
Chris Palmer	1251	Male	Westbury Harriers	1		170	-	-	-	68
Mike Mewse	1225	Male	Westbury Harriers	1		166	-	-	-	93
Dawn Mellish	1226	Female	Weston whippets	1		165	-	-	-	255
Christopher Melley	1248	Male	Portishead Running Club	1		164	-	-	-	88
Nicola Oldroyd	1238	Female	Bristol & West AC	1		169	-	-	-	106
Sue Nicholls	1229	Female	Burnham On Sea Harriers	1		168	-	-	-	228
Carly Neads	204	Female		1		167	-	-	-	270
Colette Sanderson	1231	Female		1		177	-	-	-	278
David Withers	1289	Male	Southville Running Club	1		187	-	-	-	15
Jon Williams	1271	Male	Weston AC	1		186	-	-	-	237
Neil Wallace	288	Male		1		185	-	-	-	187
Mark Richdon	1163	Male		1		190	-	-	180	-
Jason Wyatt	1239	Male	Weston AC	1		189	-	-	-	208
David Wood	1249	Male		1		188	-	-	-	92
Martin Walker	1268	Male		1		184	-	-	-	109
Craig Skinner	1221	Male		1		180	-	-	-	80
Sandra Sforza	1261	Female	Westbury Harriers	1		179	-	-	-	171
Helen Sawyer	251	Female	Westbury Harriers	1		178	-	-	-	156
Jamieson Trottle	1292	Male	Weston AC	1		183	-	-	-	209
Phil Tomlinson	1245	Male	Weston AC	1		182	-	-	-	63
Vicky Tester	1232	Female	Westbury Harriers	1		181	-	-	-	70
Theresa Goldstone	1150	Female	Nailsea Running Club	1		109	-	-	147	-
Will Bailey	1089	Male		1		37	-	19	-	-
Jeff Bailey	1093	Male		1		36	-	260	-	-
Jean Bailey	1091	Female		1		35	-	259	-	-
Mark Benton	1059	Male		1		40	-	218	-	-
Chris Benson	1086	Male	Southville Running Club	1		39	-	35	-	-
Sam Anstead	4	Male	Nailsea Running Club	1		38	-	244	-	-
Orla Woods	319	Female	Great Western Runners	1		34	111	-	-	-
Zac Searle	1040	Male		1		30	101	-	-	-
Paul Redman	235	Male		1		29	98	-	-	-
Mike Potter	1027	Male		1		28	177	-	-	-
John Wood	303	Male	Tri Coaching	1		33	131	-	-	-
Jaimie Tottle	1022	Male	Weston AC	1		32	146	-	-	-
Andy Simmonds	262	Male	PAC-TRI	1		31	119	-	-	-
Richard Bracey	1080	Male		1		41	-	167	-	-
Terry Fenton	1053	Male	Great Western Runners	1		51	-	133	-	-
Carol Fee	108	Female	Westbury Harriers	1		50	-	257	-	-
Daniel Elliott	1044	Male		1		49	-	102	-	-
Nicola Fulstow	118	Female	Weston AC	1		54	-	130	-	-
Diana Dickerson	92	Female	Nailsea Running Club	1		53	-	297	-	-
Ian forbes	347	Male		1		52	-	93	-	-
Lucy Davies	1108	Female		1		48	-	290	-	-
Hugh Burchard	46	Male	Bitton Road Runners	1		44	-	140	-	-
Carrie Brunton	41	Female	Weston whippets	1		43	-	310	-	-
Caroline Brooks	365	Female	Portishead Running Club	1		42	-	174	-	-

## Prom Series Results to Dec 2018

Name	No	Gender	Club	No Races	Series Totals					
					Results	Sept	Oct	Nov	Dec	
					O Pos	Overall	O Pos	O Pos	O Pos	O Pos
William Cheek	1072	Male	North Somerset Athletics Club	1		47	-	49	-	-
Nick Cheek	1070	Male		1		46	-	124	-	-
Stephen Burton	1081	Male	Weston AC	1		45	-	192	-	-
Maria Davidson	83	Female	Weston AC	1		10	152	-	-	-
David Darling	1002	Male	Burnham On Sea Harriers	1		9	190	-	-	-
Bob Cox	73	Male	Bristol & West AC	1		8	186	-	-	-
Colin Greenslade	330	Male		1		13	112	-	-	-
Andy Dunn	1023	Male	Bristol & West AC	1		12	18	-	-	-
Karen Dore	95	Female		1		11	97	-	-	-
Robert Collard	61	Male		1		7	253	-	-	-
Marc Bostock	1020	Male	Weston AC	1		3	59	-	-	-
Julia Belyavin	19	Female	Bristol & West AC	1		2	46	-	-	-
Julie Artus	5	Female	Weston AC	1		1	252	-	-	-
Melanie Bugler	1028	Female	Weston AC	1		6	265	-	-	-
Thomas Bruce	39	Male		1		5	234	-	-	-
Andy Brindle	31	Male	Bitton Road Runners	1		4	141	-	-	-
Josh Harris	141	Male	Weston AC	1		14	29	-	-	-
Marc Molloy	1000	Male	Weston AC	1		24	39	-	-	-
Benji Miles	1008	Male		1		23	127	-	-	-
Chris Melley	1016	Male	Portishead Running Club	1		22	123	-	-	-
Philip Jhon Pool	228	Male		1		27	271	-	-	-
Leigh Nelmes	205	Male		1		26	148	-	-	-
Jenny Morgan	1009	Female		1		25	135	-	-	-
Sarah Marsh	192	Female	Weston AC	1		21	249	-	-	-
Kevin Jackson	1017	Male	Dursley Running	1		17	75	-	-	-
Steve Hollier	314	Male	North Somerset Athletics Club	1		16	116	-	-	-
Neil Hobbs	1036	Male	Gloucester AC	1		15	136	-	-	-
Christy Longley	186	Female	Burnham On Sea Harriers	1		20	227	-	-	-
Thomas Hutchings	161	Male	Southville Running Club	1		19	65	-	-	-
Adrian Hogg	149	Male	Weston AC	1		18	246	-	-	-
Steve Alexander	1111	Male		1		91	-	-	165	-
Ellamae Beake	1153	Female		1		90	-	-	248	-
Caroline Bazell	377	Female	Weston AC	1		89	-	-	309	-
Jack Callow	1164	Male		1		94	-	-	76	-
Mike Brookes	1201	Male	Weston AC	1		93	-	-	307	-
Eddie Bragg	1114	Male	Portishead Running Club	1		92	-	-	118	-
Andy Barton	1113	Male	Frampton Cotterell Harriers	1		88	-	-	102	-
Peter Watkins	290	Male	Weston AC	1		84	-	284	-	-
Carly Tyrell	1090	Female	Weston whippets	1		83	-	299	-	-
Kira Thorp	1088	Female		1		82	-	157	-	-
Clive Baker	12	Male	Burnham On Sea Harriers	1		87	-	-	212	-
Alan Baker	1196	Male		1		86	-	-	6	-
Amy Badman	9	Female	Weston AC	1		85	-	-	334	-
Samantha Carpenter	1116	Female	Sole Sisters North Bristol	1		95	-	-	310	-
Robert Farley	1147	Male	Bitton Road Runners	1		105	-	-	13	-
Jeremy Evered	1148	Male	Dursley Running	1		104	-	-	247	-
Teresa Ellis	1122	Female	Portishead Running Club	1		103	-	-	336	-
Jane Goddard	1124	Female	Sole Sisters	1		108	-	-	326	-
David Gilhooley	125	Male		1		107	-	-	264	-
Adam Gardiner	1123	Male	Portishead Running Club	1		106	-	-	99	-
Stuart Ellis	1121	Male	Portishead Running Club	1		102	-	-	129	-
Christian Dando	81	Male		1		98	-	-	83	-
Emily Currie	1172	Female	Portishead Running Club	1		97	-	-	126	-
Nia Charles	1145	Female	Penguins	1		96	-	-	323	-
Caroline Doidge	1119	Female	Sole Sisters	1		101	-	-	333	-
James Davies	1212	Male	Weston AC	1		100	-	-	149	-
Ffion Davey	82	Female	Portishead Running Club	1		99	-	-	311	-
Sam Jefferies	1073	Male	Bitton Road Runners	1		64	-	210	-	-
Paul Hudson	361	Male	Weston AC	1		63	-	100	-	-
James Hambly	1084	Male	Portishead Running Club	1		62	-	79	-	-
Megan Lamb	1049	Female		1		67	-	251	-	-

Prom Series Results to Dec 2018

Name	No	Gender	Club	Series Totals						
				No Races	O Pos	Results Overall	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
Stuart Kemp	1099	Male		1		66	-	154	-	-
Andrea Jenn	166	Female	Nailsea Running Club	1		65	-	184	-	-
Elaine Heyes	1078	Female	Clevedon AC	1		61	-	293	-	-
Jimmy Hartwell	1068	Male	Cheddar RC	1		57	-	228	-	-
Elly Gray	1046	Female		1		56	-	250	-	-
Steven Grant	130	Male	Bristol & West AC	1		55	-	149	-	-
Joe Henson	1056	Male		1		60	-	12	-	-
Stuart Heath	1107	Male	Clevedon AC	1		59	-	37	-	-
Jay Harvey	1097	Male		1		58	-	52	-	-
Karen Macey	190	Female		1		68	-	296	-	-
Sally Richards	349	Female	Clevedon AC	1		78	-	191	-	-
Elizabeth Price	233	Female		1		77	-	166	-	-
Debbie Pearce	1054	Female		1		76	-	282	-	-
Annie Smith	265	Female	Clevedon AC	1		81	-	294	-	-
Kaye Sibley	1065	Female	Weston whippets	1		80	-	309	-	-
David Shattock	1102	Male	Southville Running Club	1		79	-	145	-	-
Adam Pearce	1055	Male		1		75	-	195	-	-
Sean Mchenry	1103	Male		1		71	-	270	-	-
Paul Mason	1098	Male	Great Western Runner	1		70	-	108	-	-
Matt Marshall	1104	Male	Southville Running Club	1		69	-	24	-	-
Suswara Payne	1083	Male	Sri Chinmdy Ac	1		74	-	63	-	-
Carol Mosses	1052	Female	Thornbury Running Club	1		73	-	308	-	-
Tom Mills	1085	Male	Shapwick Runners	1		72	-	107	-	-
Dave Johnson	169	Male	Weston AC	3		363	117	170	-	140
Philip Harfield	331	Male	Great Western Runners	3		362	50	54	75	-
Luke Hanson	138	Male	Nailsea Running Club	3		361	5	-	8	6
Ashley Lockton	185	Female	Clevedon AC	3		366	175	212	237	-
Charlie Hurcum	159	Female	Portishead Running Club	3		365	68	82	-	122
Rachel Johnston	171	Female	Southville Running Club	3		364	80	111	-	111
Benjamin Haines	137	Male	Weston AC	3		360	3	-	24	18
Chris Davies	87	Male	Clevedon AC	3		356	93	88	-	71
Suzannah Dyer	101	Female	Weston AC	3		355	260	-	318	268
Lucy Ellis	104	Female	Great Western Runners	3		354	44	65	71	-
Antony Green	132	Male	Weston AC	3		359	60	83	-	107
Philip Greedy	131	Male		3		358	174	-	195	142
Donna Davies	85	Female	Clevedon AC	3		357	163	156	-	163
Gary Iles	162	Male	Weston AC	3		367	230	245	274	-
Alex Murray	328	Male	Clevedon AC	3		377	42	59	-	59
Rob Mountford	202	Male	Weston AC	3		376	52	39	52	-
Nicole Morrow	201	Female	Clevedon AC	3		375	183	203	-	202
Laura Pease	221	Female	Southville Running Club	3		380	196	225	250	-
Matt Palmer	218	Male	Portishead Running Club	3		379	74	-	85	72
Luke Murray	325	Male	Clevedon AC	3		378	2	2	-	1
Leona Mills	198	Female	Sole Sisters	3		374	133	-	135	102
Chris Mcmillan	194	Male	Weston AC	3		370	1	1	-	2
John Mallone	191	Male	Nailsea Running Club	3		369	56	75	-	91
Keith Lee	1037	Male	Weston AC	3		368	255	-	312	246
Cat Mills	335	Female	Great Western Runners	3		373	94	196	166	-
Robert Osment	217	Male	Weston AC	3		372	118	117	144	-
Lois Mcpherson	327	Female		3		371	276	312	342	-
Clive Carter	56	Male	Llisbury Runners	3		336	213	236	253	-
Jenny Buckley	44	Female	Great Western Runners	3		335	195	215	235	-
Lee Bryan	42	Male	Great Western Runners	3		334	95	114	106	-
Jon Burrage	342	Male		3		339	137	-	181	184
Ben Burns	49	Male	Clevedon AC	3		338	22	-	40	29
Lara Carty	57	Female	Clevedon AC	3		337	110	-	154	117
Ed Broyd	38	Male	Portishead Running Club	3		333	63	-	59	43
Julie Bailiss	11	Female	Weston AC	2		329	169	176	-	-
Polly Atherton	6	Female		2		328	71	84	-	-
Pete Bartlett	15	Male	Weston AC	2		327	247	-	-	253
Chloe Broughton	35	Female	Great Western Runners	3		332	28	-	56	41

Prom Series Results to Dec 2018

Name	No	Gender	Club	Series Totals						
				No Races	O Pos	Results Overall	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
Alexander Bowyer	27	Male		3		331	216	224	249	-
Vicky batchelor	16	Female		3		330	275	311	343	-
Dean Bridges	29	Male		3		340	24	194	111	-
Simon Faulkner	1033	Male	Portishead Running Club	3		350	53	76	96	-
Paul Cousins	69	Male	Weston AC	3		349	54	-	89	73
Pascal Coulon	68	Male	Portishead Running Club	3		348	161	190	-	180
Bjorn Edney	103	Male	Quantock Harriers	3		353	143	135	-	161
Jenny Ford	113	Female	PAC-TRI	3		352	151	-	199	188
Noel Flynn	112	Male	Weston AC	3		351	149	160	160	-
Thomas Coughlan	67	Male	Portishead Running Club	3		347	51	60	72	-
Robert Colman	62	Male	North Bristol Running Group	3		343	211	239	251	-
Nigel Charman	59	Male	Clevedon AC	3		342	83	119	105	-
Jacqueline Cashmore	58	Female	Weston AC	3		341	259	285	305	-
Gaynor Corlett	1034	Female	Weston AC	3		346	261	289	-	263
Cameron cumming	79	Male	Weston AC	3		345	120	153	183	-
Ian Connock	1021	Male	Weston AC	3		344	7	9	-	16
Gary Hunt	367	Male		3		417	-	53	58	65
Phil Johnson	170	Male	Cheddar RC	3		416	-	200	200	162
Alan Fuller	1071	Male	Weston AC	3		415	-	34	39	34
Jessy Lane	1087	Female	Weston AC	3		420	-	92	128	114
Clare Meraz	196	Female	Great Western Runners	3		419	-	77	97	54
Jemma Harfield	1095	Female	Great Western Runner	3		418	-	182	216	216
Rob Furlong	119	Male	Weston AC	3		414	-	31	41	37
Janine Cooke	65	Female	Great Western Runners	3		410	-	175	172	151
Tim Carr	55	Male	Westbury Harriers	3		409	-	258	241	183
Chris Brown	36	Male	SEVERN AC	3		408	-	6	12	8
Stuart diamond	90	Male	Weston AC	3		413	-	64	81	78
Graham Dean	89	Male		3		412	-	219	204	182
John Cox	74	Male	Great Western Runners	3		411	-	7	14	9
Marcus Kropacsy	180	Male	Great Western Runners	3		421	-	55	70	40
Callum Smith	1092	Male	North Somerset Athletics Club	3		431	-	8	15	5
Lynsey Robinson	354	Female		3		430	-	252	294	223
Brian Robb	344	Male	Bitton Road Runners	3		429	-	36	42	32
Andrew Tipper	355	Male	Great Western Runners	3		434	-	213	207	172
Colin Welch	293	Male	Nailsea Running Club	3		433	-	201	209	189
Gary Smith	350	Male	Portishead Running Club	3		432	-	142	134	108
Tony Rudd	246	Male	Westbury Harriers	3		428	-	234	258	219
Adrian Noble	358	Male	Weston AC	3		424	-	101	86	58
Gary Lewis	1064	Male	Clevedon AC	3		423	-	29	65	39
Julian Leach	1050	Male	Portishead Running Club	3		422	-	99	115	81
Caroline Scapens	252	Female	Westbury Harriers	3		427	-	288	317	273
Chris Selman	351	Male	Weston AC	3		426	-	32	33	21
Paul Oaten	213	Male	Weston AC	3		425	-	273	271	244
Alan taylor	276	Male		3		390	145	159	175	-
Lucy Staple	267	Female		3		389	258	283	302	-
Louise Somers	1031	Female	Portishead Running Club	3		388	203	211	231	-
Simon taylor	1013	Male		3		393	270	302	328	-
Maurice Sweeney	1026	Male		3		392	248	280	293	-
Helen Shields	260	Female		3		391	219	246	278	-
Kathleen ROSSITER	245	Female	Weston AC	3		387	237	267	308	-
Sheryl Selway	255	Female	Weston AC	3		383	160	-	214	181
Stephen Powell	231	Male	Weston AC	3		382	36	91	-	61
Malcolm Ritchie	240	Male	Bristol & District Triathletes	3		381	27	41	49	-
Tabitha Rogers	1014	Female	Burnham On Sea Sports Academy	3		386	129	155	185	-
Martin Rogers	1015	Male	Burnham On Sea Sports Academy	3		385	16	21	36	-
Matthew Robinson	243	Male	Bristol & West AC	3		384	6	-	16	12
Tracey Thomas	277	Female	Burnham On Sea Harriers	3		394	147	-	187	158
Sarah White	296	Female	Weston AC	3		404	199	220	244	-
Dave Wintle	299	Male	Great Western Runners	3		403	78	80	-	66
Peter Wheddon	294	Male	Clevedon AC	3		402	30	44	53	-
Andrew Woods	318	Male	Great Western Runners	3		407	32	48	69	-

## Prom Series Results to Dec 2018

Name	No	Gender	Club	Series Totals						
				No Races	O Pos	Overall	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
David Wyatt	309	Male		3		406	99	136	163	-
Julia Withers	300	Female	Weston AC	3		405	206	-	239	205
Gareth Weaver	291	Male	Weston AC	3		401	115	-	158	152
Emma Ulmann	284	Female		3		397	221	232	263	-
Greg Turner	283	Male	Southville Running Club	3		396	86	104	113	-
Helen Tunnicliff	282	Female	Portishead Running Club	3		395	91	123	146	-
Tim Wills	1032	Male	Portishead Running Club	3		400	168	172	230	-
Mark williams	298	Male	Portishead Running Club	3		399	61	20	20	-
Michael Willcox	297	Male	Great Western Runners	3		398	159	165	-	190
Ian Berry	21	Male		2		326	77	-	103	-
Grant Newman	207	Male	Southville Running Club	2		254	-	73	74	-
Jonathan Newby	206	Male	Nailsea Running Club	2		253	-	98	-	139
Tim Nabosi	1101	Male	Clevedon AC	2		252	-	15	37	-
Fi Lang	181	Female	Great Western Runners	2		257	-	206	218	-
Kathryn Mortimore	364	Female	Clevedon AC	2		256	-	241	-	229
Helen Mitchell	199	Female	UK Athletics	2		255	-	306	341	-
Judy Orme	352	Female	Portishead Running Club	2		251	-	179	194	-
Andy Rich	238	Male	Cheddar RC	2		247	-	17	-	23
Philip Price	232	Male	Llisbury Runners	2		246	-	189	-	207
Dan Schofield	1077	Male	CHELTENHAM HARRIERS	2		245	-	13	23	-
Adrian Hart	356	Male		2		250	-	255	266	-
Mary Oaten	212	Female	Weston AC	2		249	-	272	-	243
Toby Norman	210	Male	Weston AC	2		248	-	28	61	-
Phil Mellor	363	Male	Hollinwood Harriers	2		258	-	198	184	-
Hannah Brown	1042	Female	Tiverton Harriers	2		268	-	204	220	-
Katie Egan	1082	Female	Southville Running Club	2		267	-	69	-	74
Roz Glover	126	Female	Great Western Runners	2		266	-	254	285	-
Pete Clark	1060	Male	Weston AC	2		271	-	16	26	-
Helen Clark	60	Female	Bristol & West AC	2		270	-	87	92	-
Dan Charlesworth	1043	Male	Clevedon AC	2		269	-	78	130	-
Will Fuller	1079	Male	Weston AC	2		265	-	26	17	-
Georgina James	1058	Female		2		261	-	275	301	-
Anthony Insull	163	Male	Nailsea Running Club	2		260	-	122	125	-
Martin Hurcombe	158	Male	Weston AC	2		259	-	95	104	-
Andy Hall	1048	Male	Clevedon AC	2		264	-	202	-	195
Mike Holding	1066	Male	Great Western Runners	2		263	-	27	27	-
Tony Hogg	150	Male	Cheddar RC	2		262	-	89	110	-
Katy Lewis	1192	Female	PAC-TRI	2		227	-	-	164	129
Gordon Lewis	1161	Male	Bitton Road Runners	2		226	-	-	327	272
Jason Lane	1189	Male		2		225	-	-	145	115
Malcolm Cowton	72	Male	Bristol & West AC	2		230	-	-	257	212
Helen Diamond	91	Female	Weston AC	2		229	-	-	189	153
Jane Goodwin	129	Female	Westbury Harriers	2		228	-	-	171	155
Andy King	178	Male	Clevedon AC	2		224	-	-	226	235
Iain Cain	1179	Male	Quantock Harriers	2		220	-	-	18	14
Antony needs	203	Male		2		219	-	-	127	96
James OHara	214	Male	Great Western Runners	2		218	-	-	51	25
Rachael Jones	1144	Female	Penguins	2		223	-	-	290	231
Immy Moroney	1178	Female	Weston AC	2		222	-	-	50	33
Julie Matthews	1193	Female	Weston AC	2		221	-	-	319	269
Laura Croker	76	Female	Clevedon AC	2		231	-	-	140	138
Samantha Thompson	278	Female	Weston AC	2		241	-	303	-	277
Lee Southernwood	266	Male	Clevedon AC	2		240	-	14	21	-
Simon Smith	357	Male	Clevedon AC	2		239	-	85	93	-
Andrew Sandiford	249	Male	Weston AC	2		244	-	96	269	-
Yvonne Rogers	244	Female	Weston AC	2		243	-	169	-	173
Alan thorne	279	Male		2		242	-	265	275	-
Helen Ball	14	Female	Clevedon AC	2		238	-	-	152	127
Toby Andrews	2	Male	Weston AC	2		234	-	-	108	67
Andrew Brown	37	Male	SEVERN AC	2		233	-	-	91	77
Emily Curbishley	1198	Female	Weston AC	2		232	-	-	291	260



## Prom Series Results to Dec 2018

Name	No	Gender	Club	No Races	Series Totals				
					Results O Pos	Sept O Pos	Oct O Pos	Nov O Pos	Dec O Pos
Eloise Baker	1112	Female	Clevedon AC	2	237	-	-	176	134
Lesley Bowskill	1187	Female	Weston AC	2	236	-	-	227	197
Helen Biggins	23	Female		2	235	-	-	265	225
Len Horlock	152	Male	South West Vets AC	2	308	198	242	-	-
Terry jewell-davies	168	Male	Westbury Harriers	2	307	57	-	101	-
Nicholas Jennings	167	Male	Southville Running Club	2	306	167	205	-	-
Clare Harvey	143	Female	Weston AC	2	311	187	-	219	-
Kevin Howells	316	Male	Weston AC	2	310	217	256	-	-
Carol Howell	155	Female	Weston AC	2	309	256	-	303	-
Alun Jenkins	341	Male	Great Western Runners	2	305	229	-	262	-
Sue Knight	179	Female	Quantock Harriers	2	301	192	-	240	-
Shawn Holland	151	Male	BAD TRi	2	300	138	164	-	-
Julian Hobbs	1035	Male	Bitton Road Runners	2	299	107	-	-	95
Jon Jacobs	165	Male	Burnham On Sea Harriers	2	304	126	-	210	-
John Lawson	1024	Male	Southville Running Club	2	303	188	243	-	-
Nick Lawrance	315	Male	Southville Running Club	2	302	73	-	95	-
Debbie Haswell	144	Female	Weston AC	2	312	263	300	-	-
Richard Brunson	40	Male	North Somerset Athletics Club	2	322	264	286	-	-
Wayne Byrne	53	Male		2	321	208	-	224	-
Robert Clifford	323	Male		2	320	11	25	-	-
Kristopher Blake	337	Male	Great Western Runners	2	325	13	-	19	-
Nicola Bracey	1030	Female	Portishead Running Club	2	324	202	229	-	-
Dave Bristow	32	Male	North Bristol Running Group	2	323	142	222	-	-
Dan Cook	64	Male		2	319	69	103	-	-
Martin Ford	114	Male	Weston AC	2	315	166	188	-	-
Mark Fryer	1029	Male	Southville Running Club	2	314	20	-	45	-
Matthew Gauld	329	Male		2	313	70	112	-	-
Clare Eskill	106	Female	Westbury Harriers	2	318	106	-	-	104
Michelle Edgell	102	Female	Bristol & West AC	2	317	244	276	-	-
Joanne Gallagher	121	Female	Clevedon AC	2	316	48	62	-	-
Kira Thorpe	1038	Female		2	281	162	-	162	-
Pamela Withers	313	Female	Weston AC	2	280	158	-	-	204
James WRIGHT	308	Male	Hydrographic Harriers	2	279	194	-	-	227
Chris Shaw	256	Male		2	284	45	57	-	-
Helen Whitesmith	332	Female	Southville Running Club	2	283	231	248	-	-
David Wiltshire	334	Male		2	282	257	-	316	-
Tim Wookey	307	Male	Clevedon AC	2	278	125	139	-	-
Andrew Asplin	343	Male	Great Western Runners	2	274	-	71	-	82
Jessica Bonham	345	Female		2	273	-	161	167	-
Richard Brent	366	Male	Weston AC	2	272	-	56	73	-
Jason Woods	305	Male	Quantock Harriers	2	277	233	-	-	230
John Belhomme	18	Male	Weston AC	2	276	-	186	202	-
Jed Bartlett	1057	Male	Clevedon AC	2	275	-	3	3	-
Bobbie Swift	1041	Female	Weston AC	2	285	185	235	-	-
Jeremy Newsome	209	Male	Cheddar RC	2	295	66	86	-	-
Tim Pocock	227	Male	Bristol & District Triathletes	2	294	180	199	-	-
Laura Meech	195	Female	Clevedon AC	2	293	34	45	-	-
Nick Mace	338	Male		2	298	189	-	159	-
Ian McLean	1007	Male		2	297	140	138	-	-
Terry Offer	322	Male	Great Western Runners	2	296	240	-	-	256
Anna Pleasance	225	Female	Southville Running Club	2	292	215	-	221	-
Mark Sellars	254	Male		2	288	218	-	279	-
Kyle Sollars	1018	Male	CLC STRIDERS	2	287	156	-	-	169
Andrew Tarrant	274	Male	Bristol & West AC	2	286	17	-	-	17
Graham Plaister	224	Male	Weston AC	2	291	87	-	116	-
Kay Ridgwell	239	Female	Westbury Harriers	2	290	262	287	-	-
Hannah Reeve	237	Female	Southville Running Club	2	289	122	-	-	159