

# **WESTON** *Athletic Club*



## **RACE DATES:**

**2018**

**20th Sep 2018**

**25th Oct 2018**

**15th Nov 2018**

**13th Dec 2018**

**2019**

**17th Jan 2019**

**14th Feb 2019**

**14th Mar 2019**

**25th Apr 2019**

**Final Race - 23rd May 2019**

# PROM TEAM COMPETITION ENTRY FORM

Once completed, please hand to a member of the Weston AC administration staff at Race HQ.

## Mixed Teams:

- Six runners per mixed team can be entered, with the first four runners in each race counting towards the team score.
- Scoring in Mixed Teams is based on finish positions with at least 2 Female members of the team finishing.
- If less than 2 Female runners compete in an individual race, then the score used for each of the missing Female team finishers is the total number of runners competing in that particular race

## Male Vet Teams:

- A Male Vet Team can only contain Male Vet runners; however, a Senior Male Team can contain Male Vet runners.

## All Teams:

- The age category a runner belongs to for the Series is defined as their age as at date of first Series Race. E.g. Age as at 20<sup>th</sup> Sept 2018 for the 2018-19 Series.
- If less than four runners compete in any individual race, then the score used for each of the missing team finishers is the total number of runners competing in that particular race.
- The winner of each team category will be the team with the least number of points accumulated across all nine races in the Prom Run Series.
- There are four team categories: **Senior Male, Mixed, Male Vet** and **Female**.
- Teams must be entered no later than 25<sup>th</sup> October 2018.
- All runners entering the team competition must have also entered the appropriate race to count towards the team score for that particular race in the Prom Run Series.
- Only the team captain needs to complete the team competition form.
- If you wish to enter a team, please complete the details below (one team per sheet):

No:	Runner Name:	DOB: (DD/MM/YYYY)	Gender:	Captain: (please tick once per team)
1				
2				
3				
4				
5				
6				
<b>Team Category:</b> (please tick)		<input type="checkbox"/> Senior Male <input type="checkbox"/> Mixed <input type="checkbox"/> Senior Female <input type="checkbox"/> Male Vet		

<b>Team Name:</b>	
<b>Team Captain Telephone:</b>	
<b>Team Captain Email:</b>	