

33rd Weston AC Prom Run - Mar 17th 2016

Provisional Results for All Competitors in finish order.

Position:	Time:	Name:	Club/Team:	Category:	Number:
1	0:25:19	EVANS, Luke	Bristol & West AC	SM	7030
2	0:25:27	MATCHETT, Alex	Triathlon Shop	SM	7064
3	0:25:39	BUFFETT, Rhodri	Brecon AC	SM	7021
4	0:26:11	CROSLAND, Alex	Clevedon AC Senior A	SM	88
5	0:27:09	MCMILLAN, Chris	Weston AC Senior Men A	SM	211
6	0:27:12	MURRAY, Luke	Clevedon AC Senior A	SM	163
7	0:27:27	DELL, Matt	Unattached	SM	364
8	0:27:32	SUMMERS, Kieron	Weston AC Senior Men A	MV40	74
9	0:27:48	BAKER, Alan	North Somerset Athletic Club	SM	7070
10	0:28:31	FORSBROOK, Russell	Cheltenham Harriers	MV40	7018
11	0:28:40	HUXTABLE, Wilf	Weston AC Senior Men A	SM	6
12	0:28:48	ROBINSON, Matthew	Unattached	MV50	397
13	0:29:02	BENHAM, James	South West Road Runners	SM	7031
14	0:29:03	PHILLIPS, Robin	Westbury Harriers Senior Mens A	MV40	343
15	0:29:30	DUCKER, Mark	Southville Running Club	SM	94
16	0:29:31	BRIFFITT, Nick	Weston AC Vet Men A	MV40	249
17	0:29:34	COUSINS, David	Southville Running Club	SM	347
18	0:29:36	RICH, Andy	Cheddar Running Club	MV40	256
19	0:29:39	CONNOCK, Ian	Triathlon Shop	SM	371
20	0:29:39	BRADFORD, Guy	Weston AC Vet Men A	MV40	259
21	0:29:55	BIRD, Paul	Clevedon AC Senior A	MV40	160
22	0:29:55	HUNT, Gary	GWR Senior Men A	SM	376
23	0:29:58	COX, John	GWR Senior Men A	SM	41
24	0:29:59	BURLEY, Mark	Bristol & West AC	SM	7026
25	0:30:01	WOOD, Steve	Clevedon AC Vets A	MV40	203
26	0:30:12	KROPACSY, Marcus	GWR Senior Men A	MV40	23
27	0:30:15	RICHARDS, Clive	Clevedon AC Vets A	MV50	59
28	0:30:19	COLLINS, Phil	Clevedon AC	MV40	49
29	0:30:20	BELYAVIN, Julia	Bristol & West AC Ladies A	FV35	169
30	0:30:25	MASON, Paul	GWR Senior Men A	SM	76
31	0:30:28	PEAKE, Joe	Unattached	SM	122
32	0:30:29	WHEELER, Matthew	Weston AC Vet Men A	MV40	20
33	0:30:33	BROWN, Andy	Quantock Harriers	MV60	275
34	0:30:39	ROBB, Brian	Bitton Road Runners	SM	7016
35	0:30:39	BURNS, Ben	Clevedon AC Senior A	SM	224
36	0:30:56	PESL, Josef	TT Loko Busruuw	SM	7051
37	0:31:09	NOBLE, Adrian	Weston AC Vet Men A	MV50	349
38	0:31:17	MILLER, James	Unattached	SM	35
39	0:31:19	WILKIE, Stuart	Bristol & West AC	SM	7015
40	0:31:25	KIBBLEWHITE, Stephen	Weston AC Vet Men A	MV40	266
41	0:31:28	MURRAY, Alex	Clevedon AC Vets A	MV40	365
42	0:31:32	SHAW, Andrew	Clevedon AC	MV40	7027
43	0:31:41	ABRAHAMS, Tom	Clevedon AC Senior B	SM	294
44	0:31:43	WHITING, Marc	Weston AC Senior 4	MV50	116
45	0:31:45	MALLONE, John	Nailsea Running Club	MV60	13
46	0:31:45	JEWELL-DAVIES, Terry	Westbury Harriers	MV50	7020
47	0:31:49	GALLAGHER, Joanne	Clevedon AC Ladies A	FV35	189
48	0:31:55	JONES, Chris	Hydro Harriers Senior Men	SM	152
49	0:31:59	HARRIS, Josh	Weston AC Senior 3	MV40	235
50	0:32:00	MURGATROYD, Jeremy	Unattached	MV40	7024
51	0:32:03	BRENT, Richard	Weston AC	MV40	412
52	0:32:06	WATKINS, Tom	Bristol & West AC Senior A	SM	313
53	0:32:07	MCMILLAN, Jenny	Cheddar Running Club Ladies A	FV35	310
54	0:32:19	SANDIFORD, Andrew	Weston AC	MV40	24
55	0:32:20	EVERETT, Gordon	Bristol & West AC Senior A	SM	195
56	0:32:22	PENNINGTON, Greg	Cheddar Running Club	MV40	7038

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Position:	Time:	Name:	Club/Team:	Category:	Number:
57	0:32:23	DIAMOND, Stuart	Weston AC Senior 2	MV40	39
58	0:32:24	PFLAUM, Jules	Weston AC Ladies Team Red	SF	219
59	0:32:29	MEECH, Laura	Clevedon AC Ladies A	SF	65
60	0:32:32	DYER, Nick	Portishead Running Club	MV50	7062
61	0:32:34	WALTON, Sophie	GWR Ladies A	SF	323
62	0:32:39	CHARMAN, Nigel	Clevedon AC Senior B	MV50	131
63	0:32:40	MCBETH, Mike	Southville Running Club	MV50	358
64	0:32:45	HART, Steve	GWR Senior Men A	SM	174
65	0:32:47	CURRIE, Emily	Portishead Running Club	FV35	226
66	0:32:49	COX, Emily	Southville Running Club	SF	7057
67	0:32:53	FURLONG, Rob	Unattached	SM	415
68	0:32:56	LEWIS, Gary	Clevedon AC Senior B	SM	183
69	0:33:00	SMITH, Gary	Portishead Running Club	SM	7032
70	0:33:03	HURCOM, Charlie	Portishead Running Club	FV35	202
71	0:33:06	ALLAN, Tracy	Bristol & West AC Ladies A	FV45	117
72	0:33:13	MUSHENS, Rosey	Bristol & West AC Ladies A	FV45	129
73	0:33:21	JOHNSON, Phil	Cheddar Running Club	MV40	5
74	0:33:28	GOODLAND, Jonathan	Bristol & West AC Vets A	MV50	47
75	0:33:32	GRANT, Steven	Bristol & West AC Vets A	MV50	390
76	0:33:38	LEY, Jonathan	Unattached	SM	7025
77	0:33:41	ENGLEDEW, David	Bristol & West AC Vets A	MV50	147
78	0:33:47	WALPOLE, Nathan	Clevedon AC Vets A	MV40	328
79	0:33:48	LANDEN, Sarah	Cheddar Running Club Ladies A	SF	359
80	0:33:51	FOSS, Mark	Hydro Harriers Senior Men	SM	377
81	0:33:52	BOWSKILL, Mark	Weston AC	MV40	250
82	0:33:58	BOSTOCK, Marc	Weston AC Senior 1	SM	150
83	0:34:02	HOGG, Tony	Weston AC Senior 2	MV50	317
84	0:34:04	JENNINGS, Lee	Unattached	SM	392
85	0:34:10	BAKER, Paul	Weston AC	MV40	389
86	0:34:13	HAYWARD, Jim	Weston AC Senior 4	MV50	342
87	0:34:15	HURFORD, Dominic	Unattached	MV40	268
88	0:34:17	SMITH, Simon	Clevedon AC Vets B	MV40	344
89	0:34:20	LIDDAMENT, Dave	Southville Running Club	SM	7044
90	0:34:21	PALMER, Christopher	Bitton Road Runners	MV50	7009
91	0:34:24	EGAN, Katy	Southville Running Club	SF	7055
92	0:34:27	KARTHAUSER, Mike	Southville Running Club	MV40	299
93	0:34:33	GREEN, Antony	Weston AC Senior 1	MV40	72
94	0:34:35	DAVIES, Chris	Clevedon AC Vets B	MV40	62
95	0:34:43	FULSTOW, Nicola	Weston AC Ladies Team Blue	FV35	156
96	0:34:51	LEWIS, Chris	Bristol & West AC Vets B	MV40	218
97	0:34:53	REEP, Michael	Weston AC Senior 2	MV50	170
98	0:34:56	MORLEY, Bryan	Weston AC	MV40	167
99	0:35:01	PEAKE, Harry	Unattached	SM	124
100	0:35:05	FLYNN, Noel	Weston AC Senior 2	MV40	162
101	0:35:07	BAXTER, Dave	Weston AC	MV50	7037
102	0:35:11	DAVIES, Nia	Weston AC Ladies Team Yellow	FV35	119
103	0:35:11	FLINDERS, Rachel	Cheddar Running Club	SF	311
104	0:35:13	HALL, Barry	Weston AC	MV40	77
105	0:35:13	GREEN, Paul	Clevedon AC Vets B	MV50	348
106	0:35:17	ANSTEAD, Stuart	Unattached	MV40	102
107	0:35:28	COOMBES, Michael	Bristol & West AC	SM	7061
108	0:35:28	STOKES, Robert	Weston AC	SM	180
109	0:35:30	MILLER, Alex	Westbury Harriers Senior Mens A	MV40	109
110	0:35:31	CLARK, Peter	Bristol & West AC Vets A	MV40	8
111	0:35:31	ROGERS, Jane	Bitton Road Runners	FV35	7042
112	0:35:33	HUGHES, Gareth	Unattached	MV40	68

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Position:	Time:	Name:	Club/Team:	Category:	Number:
113	0:35:34	WOOD, David	Unattached	MV40	354
114	0:35:35	MILLER, Thomas	Unattached	SM	7006
115	0:35:36	WALLIS, Clifford	Nailsea Running Club	MV50	209
116	0:35:37	GOODWIN, Jane	Westbury Harriers Ladies A	FV45	29
117	0:35:38	ENGLEDEW, Alison	Bristol & West AC Ladies B	FV55	146
118	0:35:39	ANDREWS, Simon	Weston AC Senior 2	SM	269
119	0:35:43	GRINHAM, Paul	Weston AC Senior 3	SM	418
120	0:35:45	DAVIES, Donna	Clevedon AC Ladies A	FV35	61
121	0:35:51	BATES, Isie	Bristol & West AC Ladies A	SF	196
122	0:35:54	DOGGRELL, Alice	Bristol & West AC Ladies A	FV35	286
123	0:35:54	PEAKE, John	Unattached	MV50	121
124	0:36:03	POCOCK, Tim	Unattached	MV50	137
125	0:36:07	MYLCHREEST, Sandra	Bitton Road Runners	FV45	7008
126	0:36:08	BARHAM, Dawn	Clevedon AC Ladies A	FV45	18
127	0:36:10	BALE, Jonathan	Portishead Running Club	MV40	265
128	0:36:20	EVANS, Paul	Unattached	SM	7047
129	0:36:23	SALTER, Maggie	Bristol & West AC Ladies B	FV55	69
130	0:36:23	KEYES, Anthony	Portishead Running Club	MV50	7050
131	0:36:24	BOURNE, Bruce	Weston AC	MV60	325
132	0:36:26	BROOKS, Caroline	PAC Tri Senior Ladies A	FV45	172
133	0:36:29	WALKER, Martin	Unattached	MV40	350
134	0:36:31	VINCENT, Rachael	Weston AC Ladies Team Yellow	FV45	159
135	0:36:33	WILLIAMS, Anna	GWR Ladies A	SF	295
136	0:36:35	BELHOMME, John	Weston AC	MV60	305
137	0:36:37	GARLAND, Patrick	PAC Tri Senior Mens A	MV50	319
138	0:36:41	BRACEY, Richard	Unattached	MV40	7034
139	0:36:44	GAUNT, Jonathan	Unattached	MV40	7014
140	0:36:57	WILLIAMS, Sandra	Westbury Harriers Ladies A	FV35	290
141	0:37:06	WEAVER, Gareth	Weston AC	SM	300
142	0:37:08	CRESSWELL, Emma	GWR Ladies A	SF	42
143	0:37:09	ORME, Judy	Portishead Running Club	FV55	322
144	0:37:30	FURBER, Jeremy	Southville Running Club	MV40	153
145	0:37:32	DENNIS, Sally	Clevedon AC Ladies B	FV35	58
146	0:37:33	LEWIS, Jemma	Clevedon AC Ladies B	SF	182
147	0:37:35	COATES, Mikki	Cheddar Running Club	FV55	7046
148	0:37:37	THOMAS, Tracey	Unattached	FV35	320
149	0:37:38	GUHAN, Rebecca	Southville Running Club	FV35	7052
150	0:37:41	BRIDGES, Dean	Weston AC Senior 3	MV40	336
151	0:37:44	MOUNTFORD, Robert	Weston AC	SM	7060
152	0:37:48	BROCKLESBY, Roger	Bristol & West AC Vets B	MV50	2
153	0:37:49	RICH, Joanna	Cheddar Running Club Ladies A	FV35	257
154	0:37:57	KING, Andy	Clevedon AC Vets B	MV50	363
155	0:38:00	DEAN, Martin	Unattached	SM	331
156	0:38:01	KING, Adedeji	North Bristol Running Group	SM	7066
157	0:38:03	LYONS, Rowland	Hydro Harriers Senior Men	MV50	223
158	0:38:05	ROBERTS, Malcolm	Clevedon AC	MV60	309
159	0:38:11	MCLELLAN, Drew	Southville Running Club	SM	324
160	0:38:13	WHITING, Derek	Chippenham Harriers	MV50	7004
161	0:38:20	IVES, Andrew	Unattached	MV50	126
162	0:38:23	BAILISS, Julie	Weston AC Ladies Team Red	FV35	207
163	0:38:24	SALISBURY, Mike	Nailsea Running Club	MV60	187
164	0:38:28	BLACKER, Andrew	Bitton Road Runners	MV40	7071
165	0:38:37	BATCHELOR, Adrian	PAC Tri	MV40	7041
166	0:38:39	LOCHRIE, Marie	Clevedon AC Ladies B	FV35	89
167	0:38:40	KELLY, Rachel	Unattached	SF	7022
168	0:38:45	WELCH, Colin	Nailsea Running Club	MV50	127

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169	0:38:52	CONNOLLY, Shane	Unattached	MV40	7059
170	0:38:54	HORLOCK, Len	Sth West Vets ac	MV60	128
171	0:38:56	PURNELL, Pauline	Bitton Road Runners	FV45	7028
172	0:38:57	WILCOX, Alan	Bristol & West AC Vets A	MV40	17
173	0:38:59	BIRD, Chloe	Clevedon AC Ladies B	SF	370
174	0:39:01	COLMAN, Robert	Bristol & West AC Vets B	MV50	31
175	0:39:08	OLIVER, Jon	Weston AC	MV40	7048
176	0:39:09	COVENEY, Joanna	Weston AC Ladies Team Yellow	FV35	258
177	0:39:20	HISCOCK, Gareth	Weston AC	MV50	401
178	0:39:30	SEARLE, Mark	Unattached	MV50	380
179	0:39:32	HOPE, Geraldine	Weston AC	FV45	417
180	0:39:36	COOMBES, Kerry	Clevedon AC Ladies C	FV35	154
181	0:39:39	PEASE, Laura	Southville Running Club	SF	239
182	0:39:41	RICHARDSON, Michael	Unattached	MV40	92
183	0:39:43	ANDREWS, Rachel	Weston AC	FV35	379
184	0:39:43	ELTON-WALTERS, Lizzi	Bristol & West AC Ladies B	SF	375
185	0:39:57	BURRAGE, Jon	Bristol & West AC	SM	7063
186	0:39:58	BOWSKILL, Lesley	Weston AC Ladies Team Blue	FV45	158
187	0:40:04	BRIFFITT, Naomi	Weston AC Ladies Team Red	FV35	244
188	0:40:14	ILES, Andrew	Unattached	MV60	14
189	0:40:19	SELLICK, Mark	Unattached	MV40	7005
190	0:40:23	LOVELL, Ken	Westbury Harriers	MV60	1
191	0:40:24	WILCOX, Sheila	Bristol & West AC Ladies B	FV45	16
192	0:40:29	WILLCOX, Michael	Great Western Runners	MV60	98
193	0:40:58	MACDONALD, Ben	Unattached	MV40	206
194	0:40:59	TIPLER, Mark	Unattached	SM	38
195	0:41:00	ESCH, Adrian	Unattached	SM	33
196	0:41:02	WATSON, Karen	Bristol & West AC Ladies B	FV45	188
197	0:41:06	GRIFFITHS, David	Avon Valley Runners	MV60	7001
198	0:41:09	HARRIS, Paul	Unattached	MV40	395
199	0:41:15	COX, Andrea	Cheddar Running Club	FV45	7029
200	0:41:22	ORME, Peter	Portishead Running Club	MV60	321
201	0:41:27	ANSTEAD, Jenny	Nailsea Running Club	FV35	108
202	0:41:36	HUGHES, Richard	Westbury Harriers Senior Mens A	MV50	118
203	0:41:38	CASLING, Paula	Unattached	FV45	247
204	0:42:01	RIDGWELL, Kay	Westbury Harriers Ladies A	FV55	114
205	0:42:09	HALL, Phil	Unattached	MV40	427
206	0:42:11	BURTON, Stephen	Unattached	MV40	7019
207	0:42:11	ANDREWS, Toby	Weston AC	MV40	378
208	0:42:18	WALLIS, Sally	Unattached	FV45	210
209	0:42:22	SHERGOLD, Andrew	Unattached	MV40	248
210	0:42:27	HURLEY, Dan	Weston AC	MV50	308
211	0:42:36	ACTON, Lisa	Weston AC	FV35	7049
212	0:42:47	DUFFUS, Jane	Southville Running Club	FV35	274
213	0:42:56	HOULDEN, Chris	Portishead Running Club	MV40	7033
214	0:42:57	DYER, Judith	PAC Tri	FV55	177
215	0:33:10	BRUNSDON, Richard	Unattached	SM	7017
216	0:43:11	MONAGHAN, Julie	Weston AC Ladies Team Yellow	FV45	315
217	0:43:13	MORGAN, Aaron	Unattached	SM	267
218	0:43:19	BARTLETT, Pete	Weston AC	MV50	132
219	0:43:23	TAYLOR-MORRIS, Paul	Bristol & West AC Vets B	MV50	43
220	0:43:26	BATES, Vicki	PAC Tri	SF	82
221	0:43:28	LEE, Keith	Weston AC	MV60	103
222	0:43:28	PATRICK, Julie	Weston AC	FV45	7043
223	0:43:28	HUGHES, Carol	Weston AC	FV45	413
224	0:43:38	ANDREWS, Vanessa	Weston AC Ladies Team Red	FV35	254

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225	0:43:40	NAUGHTON, Jill	Weston AC	FV55	7065
226	0:43:51	BAZELL, Caroline	Weston AC	FV35	416
227	0:43:52	GROVES, David	Unattached	MV40	7069
228	0:43:59	WOOD, Adrian	Cheddar Running Club	MV40	7036
229	0:44:02	WILSON, Mark	Weston AC Senior 1	MV50	276
230	0:44:07	CONSTABLE, Gill	Cheddar Running Club Ladies A	FV55	403
231	0:44:11	SUMMERS, Shaleen	Weston AC	FV35	27
232	0:44:15	EVANS, Pete	Unattached	MV60	125
233	0:44:20	HARRIS, Sarah	Weston AC	FV35	7045
234	0:44:40	KING, Jackie	PAC Tri	SF	7056
235	0:44:40	SCOTT, Sarah	Unattached	FV45	7054
236	0:44:43	PHILLIPS, Helen	Southville Running Club	FV35	297
237	0:44:46	BURSTON, Lucy	Clevedon AC Ladies C	FV55	7023
238	0:44:46	STEEL, Russell	Stroud AC	MV50	7053
239	0:45:02	ROSSITER, Kate	Weston AC	FV45	421
240	0:45:32	FEE, Carol	Westbury Harriers Ladies A	FV35	70
241	0:45:47	DANIELS, Kevin	PAC Tri Senior Mens A	MV60	285
242	0:45:54	ANAGNOSTAKIS, Gill	Westbury Harriers Ladies B	FV55	78
243	0:45:54	LOVELL, Ann	Westbury Harriers Ladies B	FV55	185
244	0:45:56	MATTHEWS, Charlotte	Weston AC	SF	7040
245	0:45:56	HOLE, Chris	Unattached	SM	7007
246	0:45:59	VOWLES, Deborah	Weston AC	FV45	7067
247	0:46:00	WOOTTEN, Ron	Great Western Runners	MV60	366
248	0:46:04	ATWILL, Gill	Nailsea Running Club	FV55	197
249	0:46:10	LINTERN, Chris	Unattached	SM	7068
250	0:46:27	LEWIS, Gordon	Bitton Road Runners	MV60	341
251	0:46:34	BARP, Milena	Unattached	SF	7035
252	0:47:23	WILSON, Belinda	Weston AC	FV45	277
253	0:48:19	PRICE, Wendy	Unattached	FV45	30
254	0:48:25	CUTTER, Karen	Weston AC	FV45	7058
255	0:48:40	COX, Christopher	Unattached	MV40	50
256	0:48:47	SHERGOLD, Sharon	Unattached	FV45	246
257	0:48:54	BRITTON, David	Bitton Road Runners	MV40	7011
258	0:48:55	BROWN, Mandy	Bitton Road Runners	FV45	7012
259	0:49:20	CARTER, Amy	Weston AC	SF	7039
260	0:49:52	GREEN, Charlotte	Unattached	SF	79
261	0:49:52	BARNETT, Liz	Unattached	FV35	385
262	0:50:24	LEE, Samantha	Unattached	SF	54
263	0:50:28	GREEN, Steve	Unattached	MV40	262
264	1:09:13	COX, Lindsey	Unattached	FV35	55

On behalf of Weston Athletic Club, we hope you enjoyed the race and look forward to seeing you at the next race of the Series for 2015-16 at 7.30pm on Thursday 14th April 2016.

If you have any queries about these results please send an email, with your name, race number and estimated finish time to :

PromEntry@westonac.co.uk