

Weston AC - Prom Run - Apr 10**Weston AC - Prom Run - Apr 10**

Thursday 15 April 2010. 7:30 pm

Provisional Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Pace min/mile</i>	<i>Race</i>	<i>Race</i>
1	0:26:04	MORLEY, Ben	Great Western Runners	Senior Male	05:12.7	178	1
2	0:28:10	HIDES, Nick	Clevedon AC	MV40	05:37.9	104	2
3	0:28:58	WOODWARD, Peter	Bristol & West AC	Senior Male	05:47.5	8812	3
4	0:29:19	HEYES, Andy	Clevedon AC	MV40	05:51.7	147	4
5	0:29:31	WINTLE, Dave	Great Western Runners	MV50	05:54.1	137	5
6	0:29:47	RANTELL, Dave	Cheltenham	MV40	05:57.3	8800	6
7	0:29:50	SMITH, Richard	Clevedon AC	MV40	05:57.9	8817	7
8	0:29:50	HANCOCK, Simon	Clevedon AC	Senior Male	05:57.9	39	8
9	0:29:55	BAILEY-GARD, Jullian (Jnr)	Westbury Harriers	Senior Male	05:58.9	188	9
10	0:29:59	GAZE, Chris	Dursely & DAC	Senior Male	05:59.7	67	10
11	0:29:59	STOCK, David	Weston AC	Senior Male	05:59.7	8845	11
12	0:30:04	BIRD, Paul	Clevedon AC	MV40	06:00.7	88	12
13	0:30:05	CHARTERS, Brian	Exeter Harriers	MV40	06:00.9	143	13
14	0:30:06	GOODLAND, Jonathan	Great Western Runners	MV50	06:01.1	296	14
15	0:30:08	SUMBLER, Mike	Great Western Runners	Senior Male	06:01.5	8792	15
16	0:30:12	JAMES, Mark	Severn AC	Senior Male	06:02.3	132	16
17	0:30:15	HANCOCK, Stuart	Clevedon AC	MV40	06:02.9	8801	17
18	0:30:31	COURT, Richard	Weston AC	MV40	06:06.1	23	18
19	0:30:49	ASTON, Chris	Birchfiled Harriers	Senior Male	06:09.7	8791	19
20	0:31:10	TERRY, John	Westbury Harriers	Senior Male	06:13.9	103	20
21	0:31:13	WARD, Gregg	Westbury Harriers	Senior Male	06:14.5	167	21
22	0:31:14	MILLER, Alex	Westbury Harriers	Senior Male	06:14.7	149	22
23	0:31:21	CLARK, Graham	Westbury Harriers	Senior Male	06:16.1	195	23
24	0:31:25	LAPISH, Scott	todmorden	Senior Male	06:16.9	8851	24
25	0:31:31	TEMPLER, Mark	Clevedon AC	MV40	06:18.1	8829	25
26	0:31:32	BRAY, Dave	Clevedon AC	MV40	06:18.3	141	26
27	0:31:37	MALONEY, Paul	N/A	MV40	06:19.3	32	27
28	0:31:38	ROSS, Murray	N/A	Senior Male	06:19.5	106	28
29	0:31:40	CROCKER, Matt	Portishead Running Club	Senior Male	06:19.9	146	29
30	0:31:45	CHARMAN, Nigel	Clevedon AC	MV40	06:20.9	142	30
31	0:31:50	STREET, Sue	Tipton Harriers	Senior Female	06:21.9	8793	31
32	0:31:55	SHANAHAN, Paul	AVS Tri Club	MV50	06:22.9	8795	32
33	0:31:59	STOCKDALE, Chris	Great Western Runners	Senior Male	06:23.7	8799	33
34	0:32:01	CUMMING, Paul	N/A	MV40	06:24.1	298	34
35	0:32:03	YOUNG, Nathalie	N/A	FV35	06:24.5	8823	35
36	0:32:04	TONDEL, T	Thornbury Running Club	MV50	06:24.7	8797	36
37	0:32:10	COURT, Philip	Westbury Harriers	MV40	06:25.9	169	37
38	0:32:10	TORRINGTON, Geraint	Westbury Harriers	Senior Male	06:25.9	8788	38
39	0:32:27	BROWN, Aileen	Great Western Runners	FV35	06:29.3	403	39
40	0:32:31	WILLCOX, Michael	Great Western Runners	MV60	06:30.1	108	40
41	0:32:38	WASHBURN, Matt	Weston AC	Senior Male	06:31.5	91	41
42	0:32:42	DYER, Nick	Portishead Running Club	MV40	06:32.3	160	42
43	0:32:59	TAYLOR, Keith	Unattached	MV40	06:35.7	177	43
44	0:33:05	TOTTLE, Jamie	Weston AC	MV40	06:36.9	8822	44
45	0:33:06	MCCONNELL, Viv	Clevedon AC	FV45	06:37.1	8814	45
46	0:33:10	FREER, Tony	Dursely & DAC	MV40	06:37.9	8790	46
47	0:33:20	SZATKOWSKI, Michal	Clevedon AC	Senior Male	06:39.9	139	47
48	0:33:22	HURCOMBE, Martin	Weston AC	MV40	06:40.3	10	48
49	0:33:25	DIX, Simon	N/A	Senior Male	06:40.9	8805	49
50	0:33:27	HODDELL, Dave	Clevedon AC	MV50	06:41.3	8806	50
51	0:33:33	BURCHARD, Hugh	Environment Agency Harriers	MV50	06:42.5	51	51
52	0:33:49	ANDREWS, Rob	Kingswood Tri Club	MV50	06:45.7	8789	52

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53	0:33:50	JONES, Mark	Weston AC	MV40	06:45.9	161	53
54	0:33:52	WALLACE, Neil	Clevedon AC	MV50	06:46.3	288	54
55	0:33:54	KING, Andy	Clevedon AC	MV40	06:46.7	8836	55
56	0:33:56	DACHTLER, Christopher	Weston AC	MV50	06:47.1	83	56
57	0:33:57	HOGG, Tony	N/A	MV40	06:47.3	8	57
58	0:33:58	NEADS, Kev	Clevedon AC	MV50	06:47.5	8798	58
59	0:34:00	FORD, Richard	Weston AC	MV40	06:47.9	127	59
60	0:34:01	GEORGE, Kate	Clevedon AC	Senior Female	06:48.1	286	60
61	0:34:02	KIMBERLEY, Mark	N/A	Senior Male	06:48.3	8847	61
62	0:34:03	DOLPHIN, Mark	Unattached	Senior Male	06:48.5	129	62
63	0:34:20	BAILEY-GARD, Jullian (Snr)	Westbury Harriers	MV50	06:51.9	189	63
64	0:34:24	FAIRLEY, Shaun	Nailsea Runners	MV40	06:52.7	8810	64
65	0:34:31	JACKSON, Andrew	Unattached	MV40	06:54.1	8818	65
66	0:34:32	PONSFORD, Richard	Clevedon AC	Senior Male	06:54.3	290	66
67	0:34:34	BOSTOCK, Marc	Weston AC	Senior Male	06:54.7	16	67
68	0:34:37	WALLACE, Clifford	Nailsea Runners	MV50	06:55.3	8831	68
69	0:34:37	GOUGH, Chris	Weston AC	MV40	06:55.3	99	69
70	0:34:43	REEP, Michael	Weston AC	MV40	06:56.5	87	70
71	0:34:45	HIDES, Ben	Clevedon AC	Senior Male	06:56.9	131	71
72	0:34:47	IVES, Andrew	Army Athletics	MV50	06:57.3	76	72
73	0:34:50	BALL, Helen	Clevedon AC	FV45	06:57.9	31	73
74	0:34:53	HURCUM, Charlie	Portishead Running Club	Senior Female	06:58.5	77	74
75	0:35:01	HARRIS, Josh	Weston AC	Senior Male	07:00.1	405	75
76	0:35:02	HINCHLIFFE, John	Weston AC	MV50	07:00.3	42	76
77	0:35:04	CROKER, Laura	Portishead Running Club	FV35	07:00.7	24	77
78	0:35:06	MCKAKIN, Kirsty	Running Forever Running Club	Senior Female	07:01.1	361	78
79	0:35:07	BARKER, Nigel	Great Western Runners	MV40	07:01.3	48	79
80	0:35:13	MALLONE, John	Nailsea Runners	MV50	07:02.4	402	80
81	0:35:18	PARFITT, Emma	Nailsea Runners	FV35	07:03.4	8804	81
82	0:35:19	NOBLE, Adrian	Weston AC	MV40	07:03.6	82	82
83	0:35:27	MILLER, James	Unattached	Senior Male	07:05.2	155	83
84	0:35:38	GRAY, Sam	Weston AC	MV40	07:07.4	8828	84
85	0:35:40	MARSHALL, Adrian	Weston AC	MV60	07:07.8	8813	85
86	0:35:43	HINCHLIFFE, Tobias	Weston AC	Senior Male	07:08.4	8848	86
87	0:35:48	LARKIN, Kirsty	Womens Running Network	FV35	07:09.4	8811	87
88	0:35:51	WILCOX, Alan	Hogweed Trotters	MV40	07:10.0	8808	88
89	0:35:55	SLAVIN, Patrick	Bitton Road Runners	MV60	07:10.8	8794	89
90	0:35:57	MELLOR, Phil	Weston AC	MV50	07:11.2	89	90
91	0:36:02	NUTTALL, Elizabeth	Nailsea Runners	Senior Female	07:12.2	258	91
92	0:36:14	HISCOCK, Gareth	Weston AC	MV40	07:14.6	119	92
93	0:36:22	HELEY, Mike	N/A	MV50	07:16.2	71	93
94	0:36:24	HALL, Paula	Clevedon AC	FV35	07:16.6	8838	94
95	0:36:25	BINNS, Geoff	Clevedon AC	MV50	07:16.8	93	95
96	0:36:26	HALL, Barry	Weston AC	MV40	07:17.0	125	96
97	0:36:31	ORME, Peter	Portishead Running Club	MV50	07:18.0	159	97
98	0:36:37	FOURACRE, Paul	N/A	MV40	07:19.2	8834	98
99	0:36:39	POTTER, Mike	Weston AC	MV40	07:19.6	92	99
100	0:36:41	REYNOLDS, J	Unattached	MV40	07:20.0	8807	100
101	0:36:49	MUNDY, Bernie	Wells City Harriers	MV60	07:21.6	295	101
102	0:37:00	BARHAM, Dawn	Clevedon AC	FV35	07:23.8	162	102
103	0:37:05	CLARKE, Richard	Unattached	MV40	07:24.8	8855	103
104	0:37:07	WEAVER, Gareth	Weston AC	Senior Male	07:25.2	86	104
105	0:37:10	WILLIAMS, Jonathan	N/A	MV40	07:25.8	8479	105
106	0:37:12	MARRIOT, Hayley	Clevedon AC	Senior Female	07:26.2	8842	106
107	0:37:14	BOURNE, Chris	Stroud & District Athletic Club	MV50	07:26.6	6	107
108	0:37:23	KETS-TOTER, Tom	Unattached	NDB	07:28.4	8856	108

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109	0:37:25	HORWOOD, Mike	Clevedon AC	MV60	07:28.8	193	109
110	0:37:33	COWTON, Malcolm	Yate & District AC	MV40	07:30.4	66	110
111	0:37:35	CHARNOCK, Bill	Nailsea Runners	MV60	07:30.8	11	111
112	0:37:47	GILES, Annette	Weston AC	FV35	07:33.2	2	112
113	0:37:47	HUXTABLE, Kim	Weston AC	MV50	07:33.2	1	113
114	0:37:47	STYLES, Sarah	Weston AC	FV35	07:33.2	9	114
115	0:37:48	MACDONALD, Ben	N/A	Senior Male	07:33.4	90	115
116	0:37:48	HOPE, Geraldine	Weston AC	FV35	07:33.4	22	116
117	0:37:49	BALE, Jonathan	Portishead Running Club	MV40	07:33.6	113	117
118	0:37:50	TANNA, Laura	Westbury Harriers	Senior Male	07:33.8	8827	118
119	0:37:54	BARLEY, Graham	Westbury Harriers	MV40	07:34.6	8824	119
120	0:37:54	PRICE, Sandra	Westbury Harriers	FV35	07:34.6	8816	120
121	0:38:13	ILES, Andrew	N/A	MV50	07:38.4	179	121
122	0:38:14	ELLIOTT, Christopher	Nailsea Runners	MV50	07:38.6	156	122
123	0:38:17	MCLEAN, Kerry	Nailsea Runners	FV35	07:39.2	257	123
124	0:38:18	GIBBONS, Andrew	Westbury Harriers	MV40	07:39.4	150	124
125	0:38:19	CROWHURST, Jeremy	Portishead Running Club	MV50	07:39.6	166	125
126	0:38:20	ORME, Judy	Portishead Running Club	FV55	07:39.8	157	126
127	0:38:21	HUDSON, Kevin	Weston AC	MV50	07:40.0	7	127
128	0:38:22	TANNER, Peter	Great Western Runners	MV40	07:40.2	36	128
129	0:38:22	FOSTER, Jackie	Clevedon AC	FV45	07:40.2	8815	129
130	0:38:40	FRAMPTON, Simon	Great Western Runners	MV60	07:43.8	8809	130
131	0:38:46	JAMES, John	Severn AC	MV60	07:45.0	133	131
132	0:38:51	HAM, Rowena	Weston AC	Senior Female	07:46.0	4	132
133	0:38:51	WITHERS, Pam	Weston AC	FV45	07:46.0	84	133
134	0:39:10	HEYES, Elaine	Clevedon AC	FV45	07:49.8	148	134
135	0:39:14	BULL, Mike	Great Western Runners	MV50	07:50.6	50	135
136	0:39:19	COWELL, Lesley	Weston AC	FV35	07:51.6	27	136
137	0:39:19	COWELL, Dave	Weston AC	MV40	07:51.6	28	137
138	0:39:25	COOK, Nick	Weston AC	MV40	07:52.8	300	138
139	0:39:37	MASON, Carl	N/A	Senior Male	07:55.2	94	139
140	0:39:38	EVANS, Pete	N/A	MV60	07:55.4	186	140
141	0:39:42	DEUCHAR, Rory	Unattached	Senior Male	07:56.2	8843	141
142	0:39:44	MOUNTCASTLE, Heather	Nailsea Runners	FV35	07:56.6	45	142
143	0:39:54	WHITE, Ruth	Weston AC	FV35	07:58.6	47	143
144	0:39:56	LEE, Keith	Weston AC	MV60	07:59.0	140	144
145	0:40:11	FARLER, Daniel	N/A	Senior Male	08:02.0	61	145
146	0:40:28	HOOPER, Kelly	N/A	Senior Female	08:05.4	8477	146
147	0:40:34	SMITH, Pete	Unattached	MV60	08:06.6	8820	147
148	0:40:38	JENKINS, David	N/A	MV40	08:07.4	60	148
149	0:40:44	READ, Martyn	Unattached	Senior Male	08:08.6	8837	149
150	0:40:47	DYKES, Billy	Unattached	Senior Male	08:09.2	8480	150
151	0:40:47	ROBERTS, Alan	Port Talbot Harriers	MV50	08:09.2	8850	151
152	0:40:54	DANIELS, Kevin	Clevedon AC	MV60	08:10.6	196	152
153	0:41:08	FORBES, Ian	Unattached	Senior Male	08:13.4	8832	153
154	0:41:14	THORNTON, Jane	Westbury Harriers	FV35	08:14.6	8825	154
155	0:41:19	NEWBY, Jonathan	Nailsea Runners	Senior Male	08:15.6	191	155
156	0:41:26	WESTRUP, David	Nailsea Runners	MV50	08:17.0	8833	156
157	0:41:31	PURNELL, Ian	Weston AC	MV40	08:18.0	8796	157
158	0:41:34	AMBROSE, Catriona	Great Western Runners	Senior Female	08:18.6	112	158
159	0:41:47	ROWCLIFFE, Jane	Nailsea Runners	FV45	08:21.2	404	159
160	0:42:09	HOTCHKISS, Sarah	Unattached	Senior Female	08:25.6	8835	160
161	0:42:17	WILLIAMS, Simon	Weston AC	MV40	08:27.2	40	161
162	0:42:39	TANCOCK, A	Clevedon AC	MV40	08:31.6	8846	162
163	0:42:43	FORD, Jenny	Clevedon AC	Senior Female	08:32.4	165	163
164	0:42:50	WILSON, Richard	Unattached	Senior Male	08:33.8	8839	164

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165	0:42:50	LEWIS, Gordon	Bitton Road Runners	MV60	08:33.8	122	165
166	0:43:03	SMITH, Emily	Unattached	NDB	08:36.4	8841	166
167	0:43:03	DEThERIDGE, Olivia	Unattached	Senior Female	08:36.4	8840	167
168	0:43:05	NADEN, Maggie	Clevedon AC	FV55	08:36.8	8787	168
169	0:43:07	SMART, Emma	Nailsea Runners	FV45	08:37.2	98	169
170	0:43:08	JONES, Annie	Nailsea Runners	FV55	08:37.4	171	170
171	0:43:21	JONES, Sue	Clevedon AC	FV45	08:40.0	8844	171
172	0:43:38	EDWARDS, Lauren	Unattached	Senior Female	08:43.4	8853	172
173	0:43:49	UNDERWOOD, Kathryn	Nailsea Runners	Senior Male	08:45.6	8849	173
174	0:43:50	WEEKS, Andy	Nailsea Runners	MV40	08:45.8	8830	174
175	0:44:11	LASCeLLES, Janet	Unattached	FV35	08:50.0	8854	175
176	0:44:35	DYER, Judith	Unattached	FV45	08:54.8	158	176
177	0:44:51	DAY, Michelle	Southville Running Club	FV35	08:58.0	14	177
178	0:44:53	BEETLES, Andrea	Great Western Runners	FV35	08:58.4	72	178
179	0:45:06	FUDGE, S	Bristol University	Senior Female	09:01.0	8802	179
180	0:45:07	PARKER, SCOTT	Unattached	Senior Male	09:01.2	8803	180
181	0:45:29	BARTLETT, Pete	Weston AC	MV40	09:05.6	38	181
182	0:45:43	RIDGWELL, Kay	Westbury Harriers	FV45	09:08.4	44	182
183	0:45:54	EDGELL, Michelle	Hogweed Trotters	FV35	09:10.6	8821	183
184	0:47:41	SCAPENS, Caroline	Westbury Harriers	FV35	09:32.0	8852	184
185	0:49:03	BAILEY-GARD, Sandra	Westbury Harriers	FV55	09:48.4	187	185

There were 185 finishers in the All Competitors category.