

**Weston AC - Prom Run - Nov 09****Weston AC - Prom Run - Nov 09**

Thursday 19 November 2009. 7:30 pm

**Provisional Results for All Competitors in finish order.**

Place	Time	Name	Team	Race Age Category	Pace min/mile	Race	Race
1	0:27:35	GREEN, David	Bristol & West AC	Senior Male	05:30.9	3414	1
2	0:27:41	NOCK, Bill	Halesowen ACC	MV40	05:32.1	3419	2
3	0:28:26	NEWMAN, Matt	BAD Triathlon	Senior Male	05:41.1	3411	3
4	0:29:25	WARD, Gregg	Westbury Harriers	Senior Male	05:52.9	167	4
5	0:29:35	TERRY, John	Westbury Harriers	Senior Male	05:54.9	103	5
6	0:29:38	WILSON, Paul	Clevedon AC	MV40	05:55.5	3383	6
7	0:29:41	HIDES, Nick	Clevedon AC	MV40	05:56.1	104	7
8	0:29:52	SMITH, Richard	Clevedon AC	MV40	05:58.3	3428	8
9	0:29:57	WINTLE, Dave	Great Western Runners	MV50	05:59.3	137	9
10	0:30:02	CLARK, Pete	Weston AC	Senior Male	06:00.3	3433	10
11	0:30:04	CHARTERS, Brian	Exeter Harriers	MV40	06:00.7	143	11
12	0:30:15	GAZE, Chris	Dursely & DAC	Senior Male	06:02.9	67	12
13	0:30:19	HUGHES, Gary	team bath	MV40	06:03.7	3444	13
14	0:30:24	PRICE, Nick	Halesowen ACC	Senior Male	06:04.7	3420	14
15	0:30:30	BAKER, Alan	Clevedon AC	Senior Male	06:05.9	3390	15
16	0:30:40	HANCOCK, Simon	Clevedon AC	Senior Male	06:07.9	39	16
17	0:30:47	HOBBS, David	Westbury Harriers	MV40	06:09.3	3424	17
18	0:31:05	CHARMAN, Nigel	Clevedon AC	MV40	06:12.9	142	18
19	0:31:17	HEYES, Andy	Clevedon AC	MV40	06:15.3	147	19
20	0:31:19	JOHNSON, Colin	Westbury Harriers	MV40	06:15.7	3417	20
21	0:31:19	COURT, Richard	Weston AC	Senior Male	06:15.7	23	21
22	0:31:20	CLARK, Graham	Westbury Harriers	Senior Male	06:15.9	195	22
23	0:31:23	TEMPLER, Mark	Clevedon AC	MV40	06:16.5	3423	23
24	0:31:24	MALONEY, Paul	N/A	MV40	06:16.7	32	24
25	0:31:28	DANIELS, Nick	chard	Senior Male	06:17.5	3394	25
26	0:31:33	WALSH, MICHAEL	Weston AC	MV40	06:18.5	3380	26
27	0:31:38	MORGAN, Alex	Halesowen ACC	MV40	06:19.5	3421	27
28	0:31:40	BIRD, Paul	Clevedon AC	MV40	06:19.9	88	28
29	0:31:41	RIDGLEY, Julian	Southfork Racing	Senior Male	06:20.1	282	29
30	0:31:44	KERFOOT, Michelle	Bitton Road Runners	FV35	06:20.7	3392	30
31	0:31:52	BRAY, Dave	Clevedon AC	MV40	06:22.3	141	31
32	0:32:03	NOCK, Andrew	Halesowen ACC	MV50	06:24.5	3425	32
33	0:32:21	WOODMAN, Hannah	Clevedon AC	Senior Female	06:28.1	3416	33
34	0:32:21	HOLLIER, Steve	Clevedon AC	MV50	06:28.1	152	34
35	0:32:28	PONSFORD, Richard	Clevedon AC	Senior Male	06:29.5	290	35
36	0:32:29	CROCKER, Matt	Portishead Running Club	Senior Male	06:29.7	146	36
37	0:32:31	JARRETT, Neale	Weston AC	MV40	06:30.1	21	37
38	0:32:35	ATTWOOD, Clive	Westbury Harriers	MV50	06:30.9	3434	38
39	0:32:37	YOUNG, Nathalie	N/A	Senior Female	06:31.3	3395	39
40	0:32:53	HOLLIER, David	Clevedon AC	Senior Male	06:34.5	3382	40
41	0:32:57	LUCAS, Ian	Unattached	Senior Male	06:35.3	3391	41
42	0:33:07	CUMMING, Paul	N/A	MV40	06:37.3	298	42
43	0:33:12	HINSLEY, Helen	Bitton Road Runners	FV35	06:38.3	3398	43
44	0:33:17	GEORGE, David	N/A	MV50	06:39.3	114	44
45	0:33:20	COURT, Philip	Westbury Harriers	Senior Male	06:39.9	169	45
46	0:33:23	BURCHARD, Hugh	Environment Agency Harriers	MV50	06:40.5	51	46
47	0:33:26	REES, Bart	Portishead Running Club	MV40	06:41.1	3399	47
48	0:33:26	JAMES, Steven	Portishead Running Club	Senior Male	06:41.1	3450	48
49	0:33:31	BROWN, Aileen	Great Western Runners	FV35	06:42.1	403	49
50	0:33:34	WARD, Carl	somerset tri	MV40	06:42.7	259	50
51	0:33:34	FAULKNER, Simon	Portishead Running Club	MV40	06:42.7	3435	51
52	0:33:36	POWELL, Maria	Clevedon AC	FV35	06:43.1	53	52

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Place	Time	Name	Team	Race Age Category	Pace min/mile	Race	Race
53	0:33:37	HART, Steve	N/A	Senior Male	06:43.3	197	53
54	0:33:38	WASHBURN, Matt	Weston AC	Senior Male	06:43.5	91	54
55	0:33:45	RICHARDS, Michael	Clevedon AC	MV50	06:44.9	3415	55
56	0:33:47	MCCONNELL, Viv	Clevedon AC	FV45	06:45.3	3418	56
57	0:33:47	WILLCOX, Michael	Great Western Runners	MV60	06:45.3	108	57
58	0:33:48	STACEY, Steven	N/A	Senior Male	06:45.5	121	58
59	0:33:54	ROSS, Murray	N/A	Senior Male	06:46.7	106	59
60	0:33:54	MORLEY, Bryan	Weston AC	Senior Male	06:46.7	26	60
61	0:33:59	FORD, Richard	Weston AC	MV40	06:47.7	127	61
62	0:34:00	STEPHENS, Phillippa	Weston AC	FV35	06:47.9	57	62
63	0:34:04	NEADS, Kev	Clevedon AC	MV50	06:48.7	3413	63
64	0:34:05	TAYLOR, Keith	Unattached	MV40	06:48.9	177	64
65	0:34:06	CROKER, Laura	Portishead Running Club	FV35	06:49.1	24	65
66	0:34:12	HATHERALL, Neil	Clevedon AC	Senior Male	06:50.3	3378	66
67	0:34:14	MALLONE, John	Nailsea Runners	MV50	06:50.7	402	67
68	0:34:26	THORPE, John	Great Western Runners	MV40	06:53.1	287	68
69	0:34:27	SZATKOWSKI, Michal	Clevedon AC	Senior Male	06:53.3	139	69
70	0:34:29	HURCOMBE, Martin	Weston AC	MV40	06:53.7	10	70
71	0:34:31	ARCHER, Andrew	Nailsea Runners	MV40	06:54.1	128	71
72	0:34:34	ANSTEAD, Stuart	Clevedon AC	Senior Male	06:54.7	293	72
73	0:34:39	DOWNES, Philip	Unattached	MV40	06:55.7	168	73
74	0:34:43	WALLACE, Neil	Clevedon AC	MV50	06:56.5	288	74
75	0:34:47	BAILEY-GARD, Jullian (Snr)	Westbury Harriers	MV50	06:57.3	189	75
76	0:34:50	MILLINGTON, Steven	Halesowen ACC	MV40	06:57.9	3427	76
77	0:34:54	BOND, Frances	HONiton	FV35	06:58.7	144	77
78	0:34:59	THORNTON, Dean	Westbury Harriers	MV40	06:59.7	3389	78
79	0:35:01	GOUGH, Chris	Weston AC	MV40	07:00.1	99	79
80	0:35:01	MUSSETT, Julian	Weston AC	MV40	07:00.1	3376	80
81	0:35:12	KING, Andy	Clevedon AC	MV40	07:02.3	3449	81
82	0:35:13	DACHTLER, Christopher	Weston AC	MV50	07:02.4	83	82
83	0:35:15	JOHNSON, Ian	N/A	MV40	07:02.8	52	83
84	0:35:18	WALLACE, Clifford	Nailsea Runners	MV50	07:03.4	3426	84
85	0:35:26	READ, Rob	BAD Triathlon	Senior Male	07:05.0	3410	85
86	0:35:30	CROKER, Bob	Portishead Running Club	MV40	07:05.8	25	86
87	0:35:36	WHITE, Jim	Weston AC	MV60	07:07.0	85	87
88	0:35:41	BARKER, Nigel	Great Western Runners	MV40	07:08.0	48	88
89	0:35:43	COLLINS, Chris	Portishead Running Club	MV40	07:08.4	3453	89
90	0:35:47	MILLER, James	Unattached	Senior Male	07:09.2	155	90
91	0:35:49	BALL, Helen	Clevedon AC	FV35	07:09.6	31	91
92	0:35:50	THORNE, Steven	N/A	Senior Male	07:09.8	58	92
93	0:35:51	IVES, Andrew	Army Athletics	MV50	07:10.0	76	93
94	0:35:58	CLAY, Adrian	Clevedon AC	MV40	07:11.4	3422	94
95	0:36:01	UNDERWOOD, Ralph	Weston AC	MV40	07:12.0	80	95
96	0:36:04	JONES, Shana	Westbury Harriers	Senior Female	07:12.6	3439	96
97	0:36:06	BROADBENT, David	Weston AC	Senior Male	07:13.0	19	97
98	0:36:09	PARFITT, Emma	Nailsea Runners	FV35	07:13.6	3372	98
99	0:36:12	HINCHLIFFE, John	Weston AC	MV50	07:14.2	42	99
100	0:36:14	CLARK, Daniel	Weston AC	Senior Male	07:14.6	136	100
101	0:36:15	ORME, Peter	Portishead Running Club	MV50	07:14.8	159	101
102	0:36:16	PAGE, Cliff	Unattached	Senior Male	07:15.0	3388	102
103	0:36:17	MELLOR, Phil	Weston AC	MV40	07:15.2	89	103
104	0:36:22	GROVES, Luke	N/A	Senior Male	07:16.2	294	104
105	0:36:26	FOURACRE, Paul	N/A	MV40	07:17.0	3454	105
106	0:36:28	JONES, Mark	Weston AC	MV40	07:17.4	161	106
107	0:36:30	WITHERS, Pam	Weston AC	FV45	07:17.8	84	107
108	0:36:36	BOSTOCK, Marc	Weston AC	Senior Male	07:19.0	16	108

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109	0:36:37	DOLPHIN, Mark	Unattached	Senior Male	07:19.2	129	109
110	0:36:43	HAM, Rowena	Weston AC	Senior Female	07:20.4	4	110
111	0:36:48	REEP, Michael	N/A	MV40	07:21.4	87	111
112	0:36:50	COWTON, Malcolm	Yate & District AC	MV40	07:21.8	66	112
113	0:36:51	STACEY, Heather	Westbury Harriers	Senior Female	07:22.0	3429	113
114	0:36:53	DONKIN, Phillip	Clevedon AC	Senior Male	07:22.4	291	114
115	0:36:57	MCKIN, Kirsty	Running Forever Running Club	Senior Female	07:23.2	361	115
116	0:36:59	BAXTER, Dave	Weston AC	MV40	07:23.6	163	116
117	0:37:04	BINNS, Geoff	Clevedon AC	MV50	07:24.6	93	117
118	0:37:11	CORBETT, Steve	Portishead Running Club	MV60	07:26.0	3393	118
119	0:37:14	ANDREWS, M	Clevedon AC	MV50	07:26.6	3396	119
120	0:37:19	DUCKWORTH, Isabel	Westbury Harriers	Senior Female	07:27.6	68	120
121	0:37:21	HAYNES, Stuart	Weston AC	Senior Male	07:28.0	81	121
122	0:37:23	STYLES, Sarah	Weston AC	FV35	07:28.4	9	122
123	0:37:28	HIDES, Ben	Clevedon AC	Senior Male	07:29.4	131	123
124	0:37:28	GILES, Annette	Weston AC	FV35	07:29.4	2	124
125	0:37:46	RICHARDSON, John	N/A	MV50	07:33.0	362	125
126	0:37:47	WILLIAMS, Gary	N/A	MV40	07:33.2	176	126
127	0:37:48	HUXTABLE, Kim	Weston AC	MV50	07:33.4	1	127
128	0:37:50	BROWN, Laurence	Unattached	Senior Male	07:33.8	3385	128
129	0:37:52	PATON, Paul	N/A	MV40	07:34.2	34	129
130	0:37:52	POTTER, Mike	Weston AC	MV40	07:34.2	92	130
131	0:38:01	JAMES, John	Severn AC	MV60	07:36.0	133	131
132	0:38:06	PRICE, Sandra	Westbury Harriers	FV35	07:37.0	3438	132
133	0:38:07	DOUGHTY, Phil	Weston AC	MV50	07:37.2	59	133
134	0:38:08	KLONECKI, Marek	Portishead Running Club	Senior Female	07:37.4	3436	134
135	0:38:09	BOURNE, Chris	Stroud & District Athletic Club	MV50	07:37.6	6	135
136	0:38:16	NUTTALL, Elizabeth	Nailsea Runners	Senior Female	07:39.0	258	136
137	0:38:17	PAUL, Allan		MV40	07:39.2	3455	137
138	0:38:17	STURDY, Greg	Nailsea Runners	MV50	07:39.2	3442	138
139	0:38:20	MCCAHOON, Simon	Portishead Running Club	Senior Male	07:39.8	170	139
140	0:38:22	PEARCE, Rich	Unattached	Senior Male	07:40.2	172	140
141	0:38:23	BRIERS, Roger	Stroud & District Athletic Club	MV60	07:40.4	3401	141
142	0:38:26	WHITE, Ruth	Weston AC	FV35	07:41.0	47	142
143	0:38:31	RAMSAY, Gregor	Clevedon AC	MV40	07:42.0	292	143
144	0:38:32	FIEBIG, Dante	Great Western Runners	MV50	07:42.2	115	144
145	0:38:43	CLARK, Adam	N/A	Senior Male	07:44.4	65	145
146	0:38:49	JONES, Steven	N/A	Senior Male	07:45.6	102	146
147	0:38:51	ILES, Andrew	N/A	MV50	07:46.0	179	147
148	0:38:55	BALE, Jonathan	Portishead Running Club	MV40	07:46.8	113	148
149	0:38:56	CROWHURST, Jeremy	Portishead Running Club	MV50	07:47.0	166	149
150	0:39:03	HARRIS, Josh	Weston AC	Senior Male	07:48.4	405	150
151	0:39:07	TOWNSEND, S		MV40	07:49.2	3447	151
152	0:39:13	HALL, Barry	Weston AC	MV40	07:50.4	125	152
153	0:39:14	TINGLE, Ben	N/A	Senior Male	07:50.6	3432	153
154	0:39:17	HOPE, Geraldine	Weston AC	FV35	07:51.2	22	154
155	0:39:20	HUDSON, Kevin	Weston AC	MV50	07:51.8	7	155
156	0:39:21	CHARNOCK, Bill	Nailsea Runners	MV60	07:52.0	11	156
157	0:39:23	WALSH, Emily	Westbury Harriers	Senior Female	07:52.4	3437	157
158	0:39:31	JONES, Richard	N/A	Senior Male	07:54.0	101	158
159	0:39:42	BULL, Mike	Great Western Runners	MV50	07:56.2	50	159
160	0:39:53	WALE, Stewart	N/A	Senior Male	07:58.4	3446	160
161	0:39:54	SAXTOFT, Christian	Unattached	MV40	07:58.6	3400	161
162	0:39:54	FARLER, Daniel	N/A	Senior Male	07:58.6	61	162
163	0:39:55	FOSTER, Jackie	Clevedon AC	FV45	07:58.8	3440	163
164	0:39:57	JENKINS, David	N/A	MV40	07:59.2	60	164

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Place	Time	Name	Team	Race Age Category	Pace min/mile	Race	Race
165	0:39:58	ROBSHAW, David	Nailsea Runners	MV60	07:59.4	55	165
166	0:40:10	TANNER, Peter	Great Western Runners	MV40	08:01.8	36	166
167	0:40:17	FORD, Jenny	Clevedon AC	Senior Female	08:03.2	165	167
168	0:40:20	WEAVER, Gareth	Weston AC	Senior Male	08:03.8	86	168
169	0:40:35	MOUNTCASTLE, Heather	Nailsea Runners	FV35	08:06.8	45	169
170	0:40:38	EVANS, Pete	N/A	MV60	08:07.4	186	170
171	0:40:44	POTTER, Wayne	N/A	Senior Male	08:08.6	3451	171
172	0:40:49	HEYES, Elaine	Clevedon AC	FV45	08:09.6	148	172
173	0:40:54	MASON, Carl	N/A	Senior Male	08:10.6	94	173
174	0:41:01	WILSON, Mark	Weston AC	MV40	08:12.0	79	174
175	0:41:06	MCLEAN, Kerry	Nailsea Runners	FV35	08:13.0	257	175
176	0:41:16	JACOBS, Kaye	Unattached	FV45	08:15.0	3373	176
177	0:41:23	COOK, Nick	Weston AC	MV40	08:16.4	300	177
178	0:41:38	SEDDON, Derek	Nailsea Runners	MV50	08:19.4	3441	178
179	0:41:40	GIBBONS, Andrew	Westbury Harriers	MV40	08:19.8	150	179
180	0:41:41	PASSEY, Samantha	Great Western Runners	Senior Female	08:20.0	183	180
181	0:41:43	JOHNSTONE, Alan	Weston AC	MV60	08:20.4	3374	181
182	0:41:49	WEEKS, Andy	Nailsea Runners	MV40	08:21.6	3431	182
183	0:41:50	WESTRUP, David	Nailsea Runners	MV50	08:21.8	3375	183
184	0:41:51	WILSON, Helen	Bristol UWE	Senior Female	08:22.0	3412	184
185	0:41:52	KAY, Dave	N/A	MV50	08:22.2	199	185
186	0:41:53	LONG, R	Westbury Harriers	MV60	08:22.4	124	186
187	0:41:57	CUSACK, Clair	Westbury Harriers	FV35	08:23.2	43	187
188	0:42:02	WILLIAMS, Simon	Weston AC	MV40	08:24.2	40	188
189	0:42:10	ROWCLIFFE, Jane	Nailsea Runners	FV45	08:25.8	404	189
190	0:42:12	SMART, Emma	Nailsea Runners	FV45	08:26.2	98	190
191	0:42:16	PARFITT, Jon	Nailsea Runners	MV40	08:27.0	3377	191
192	0:42:35	ANAGONSTAKIS, Gill	Westbury Harriers	FV45	08:30.8	3448	192
193	0:42:36	THORNTON, Eirian	Westbury Harriers	FV45	08:31.0	3387	193
194	0:42:36	LEWIS, Gordon	Bitton Road Runners	MV60	08:31.0	122	194
195	0:42:56	MCCANN, Dermot	Nailsea Runners	MV40	08:35.0	95	195
196	0:43:41	BELCHER, Jonathan	Unattached	Senior Male	08:44.0	3409	196
197	0:43:43	REID, Melanie	BAD Triathlon	Senior Female	08:44.4	281	197
198	0:43:46	SCHUTTE, Jonathan	N/A	Senior Male	08:45.0	3371	198
199	0:43:57	BEEYLES, Andrea	Great Western Runners	FV35	08:47.2	72	199
200	0:44:04	JEFFREY-READ, Louise	N/A	Senior Female	08:48.6	3	200
201	0:44:11	HORNER, Paul	Unattached	Senior Male	08:50.0	3452	201
202	0:44:13	MURPHY, Chris	Unattached	Senior Male	08:50.4	130	202
203	0:44:20	JONES, Annie	Nailsea Runners	FV55	08:51.8	171	203
204	0:44:24	SOMERVILLE, Alison	N/A	FV35	08:52.6	3365	204
205	0:44:25	BELCHER, Paul	Unattached	Senior Male	08:52.8	3397	205
206	0:44:39	NUELL, Richard	Portishead Running Club	MV50	08:55.6	109	206
207	0:44:57	JONES, Sue	Clevedon AC	FV45	08:59.2	3443	207
208	0:45:08	STRANGE, Steve	N/A	MV50	09:01.4	97	208
209	0:45:22	WEARY, Phillipe	Southville Running Club	MV40	09:04.2	174	209
210	0:45:23	DAY, Michelle	Southville Running Club	FV35	09:04.4	14	210
211	0:45:54	HEFFERMAN, Terry	Stroud & District Athletic Club	MV60	09:10.6	180	211
212	0:46:48	JONES, Huw	N/A	Senior Male	09:21.4	3370	212
213	0:46:59	BARTLETT, Pete	Weston AC	MV40	09:23.6	38	213
214	0:47:41	JOHNSON, Rachael	N/A	FV35	09:32.0	198	214
215	0:48:36	POOLEY, Samatha	Westbury Harriers	Senior Female	09:43.0	3445	215
216	0:49:36	TULEY, Elizabeth	N/A	Senior Female	09:55.0	3369	216
217	0:49:49	BELCHER, Christine	Cheddar Running Club	FV55	09:57.6	3384	217
218	0:50:36	HULL, Chris	N/A	MV40	10:07.0	192	218
219	0:50:41	COOPER, Lynda	N/A	FV45	10:08.0	20	219
220	0:50:51	BAILEY-GARD, Sandra	Westbury Harriers	FV55	10:10.0	187	220

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221	0:51:11	MONK, Anthony	Unattached	Senior Male	10:14.0	283	221
222	0:51:53	EDWARDS, Chris	Unattached	MV50	10:22.4	3381	222
223	0:53:36	WINCHESTER, Tristan	Unattached	Senior Male	10:43.0	3430	223
224	0:53:41	CROCKER, Luke	Stroud AC	Senior Male	10:44.0	181	224

There were 224 finishers in the All Competitors category.