WESTON AC - HANGOVER 10KM

11.00am Tuesday 1st JANUARY 2013

Proudly sponsored by:

RACE HQ: Kewstoke Village Hall, Crookes Lane, Kewstoke, Sand Bay, Weston-super-Mare, BS22 9XJ.

Course:

- Race permit plus "Certificate of Accuracy".
- Fast course held on quiet country lanes.
- First aid.
- Water station at finish.
- Lead car, distance markers and marshals.
- Event risk assessment undertaken, for your safety

Facilities:

- Race HQ – at Kewstoke Village Hall.
- Changing facilities and showers.
- Kit storage (at owner's risk).
- Hot and cold refreshments available.
- Post race presentation.

Prizes:

- 1st, 2nd & 3rd male and female runners.
- 1st, 2nd & 3rd senior male, V40, V50, V60 and 1st V70.
- 1st, 2nd & 3rd senior female, V35, V45, V55 and 1st V65
- Only one prize per runner.
- Many spot prizes.

Entries:

- Limit 250 – please apply early to avoid disappointment.
- Race numbers to be collected on the day.
- Cashed cheque indicates accepted entry.
- Postal entry closing date: 24th December 2012, or earlier if full.
- Visit http://www.westonac.co.uk for latest information.
- Enter online at: https://regonline.activeeurope.com/hangover10km
- Enquiries: ✉Hangover@WestonAC.co.uk or ☎01934 814208.

WESTON AC - HANGOVER 10K – 1st Jan 2013 11AM

Official Use Only

FEEL FREE TO PHOTOCOPY THIS FORM.
PLEASE COMPLETE IN BLOCK CAPITALS

First Name:		**DOB:** (dd/mm/yy)	
Surname:		**Age on race day:**	
Address Line 1:		**Gender:** (please tick)	☐ **Male** ☐ **Female**
Address Line 2:		**Home Telephone:**	
Locality:		**Emergency Contact:**	
Town:		**Emergency Telephone:**	
County:		**Entry Fees:**	
Postcode:		Affiliated	£6.00
Club Name: (if applicable)		Unattached	£8.00
UKA/EA Individual registration number:		Entry on the day	£1.00 extra

To receive confirmation that your entry has been received and to receive a copy of the race results, please enter your email address below (in CAPITALS):

I declare that:

- I will compete on foot and abide by ARC Rules for Competition.
- I will be 16 years or older on 1st January 2013, and I will not participate on the day unless I am fit enough to complete a 10k event.
- I take part in this event at my own risk and the promoters or any person or body involved in the organisation of the event will not be liable for any injury, loss or illness, however caused, resulting from this application.
- I have no objections to my details being held on computer and used by the official race charity, for results production, photography and for mailing entry forms.

Signed: _____ **Date:** _____

This entry form must be signed by the competitor.
Please send a **SAE** with a signed cheque payable to **'Weston Athletic Club'** to:
Hangover 10k, c/o Jim Wotton, 5 Manor Grange, Bleadon, Weston-super-Mare, North Somerset, BS24 0QG

We regret that entry fees are non refundable

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