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### **'A' team back in half an hour**

Weston AC's members pulled out all the stops at the club's January five mile prom run last week, with a series of blistering performances. A cool calm night made a welcome change from the recent stormy weather, and provided decent conditions on Weston's seafront.

The six-strong Weston Senior Men's Team A all turned-in impressive times, each one of them crossing the line in 30 minutes or less. Chris Old was first back, finishing third overall in an impressive 28.14. Dominic Taylor-Jones was next in 28.41 and Pete Clark in 29.09. Kieron Summers, Dave Stock and Guy Bradford took fourth, fifth and sixth for the club and team in 29.28, 29.35, and 30.00 respectively.

Phil Richards remained on top form finishing her fourth successive prom run first for Weston's women in 34.01. Second and third female club places went to Niki Fulstow in 36.26 and Amanda Hunter in 37.34, also a personal best. Particular mention must also go to Hannah Dockrell who has just joined the club and finished her first prom run in 38.26 making a club placing in February's race something to aim for.

The favourable conditions provided the perfect territory for a slew of prom run personal bests proving that festive indulgences have done nothing to slow club members down. Nick Briffitt, Andy Chadburn, Andrew Sandiford, Jason Wyatt, Mark Burland, Gary Iles, Helen Diamond, Lou Eddins, Luke Buchan and Chris Edwards have all set the bar high for the four remaining races this season.

The younger runners fought hard for their positions in the junior one mile race. The first three boys over the line were Jaylan Bacon in 5.30, with Oliver Cunningham and Callum Smith battling for second and third with only a whisker between them in 5.50 and 5.51 respectively.

A similar picture emerged for the girls with Eleanor Redman, 6.34, only narrowly beating Connie Ballentine, 6.36. Annabell Cunningham finished third in 7.02.

The next races in the prom series take place on Thursday February 27. The one mile race starts at 6.45pm, and is free for junior runners aged 7 to under 16. It's followed by the main five mile Weston Prom Run at 7.30pm. Runners can enter on the night at the race HQ at the Pavilion Bar, Knightstone Road, and find out more at [www.westonac.co.uk](http://www.westonac.co.uk).

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