



**Release:** Immediate

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### **Sun shines down on Grizzly**

Accompanied by bagpipes, drummers and jelly babies 23 Weston Athletic Club members travelled down to the sunny south Devon coast on Sunday to race the infamous Grizzly (20 miles) and Cub (9 miles) multi-terrain events.

Runners negotiated streams, mud, bogs, brutal ascents and descents as well as energy sapping stretches along shingle beaches.

All the marathon training paid off for Guy Bradford who was the first male member to finish, storming into Seaton in 2.48.55. Second man home was Josh Harris in 3.15.55 followed by Michael Reep in 3.18.22.

First Weston female to finish and second club member overall was Phil Richards in a speedy time of 3.05.12. Sarah Styles secured second in 4.13.18 her strongest performance yet in this event.

In the Cub event two club members, Paul Snelling and John Oaten, crossed the line together in 1.21.52. Long-serving, V60 member Paul, never ceases to amaze other club runners with his performances taking first place in his age category. Pete Jones was third in 1.36.59.

First lady home was Rachael Vincent in 1.30.32 claiming second in her age category. Carolyn Devereux and Mary Oaten took second and third in 1.38.35 and 1.40.28.

New members are always welcome at the club. Information about membership, race entries and future club events is available from [www.westonac.co.uk](http://www.westonac.co.uk)

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