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A day of three halves

Weston Athletic Club's members spread the net wide taking on three events on Sunday, each one with its own set of challenges to contend with. The Bath Half is billed as a flat course, but the two-lap course throws in a couple of gentle climbs for the runners to contend with, which coupled with the wind and rain made some members' times even more of an achievement.

For the Weston females, Georgie Ford finished first in 1.48.55, Elizabeth Nicholls came next in 1.51.31, followed by Julia Withers in 1.57.15, all three also earning themselves new personal bests for the half marathon distance.

The first Weston man to finish was Kevin Minty in 1.27.30, closely followed by Steve Kibblewhite in 1.28.01 and Andrew Sandiford in 1.32.16. Steve also achieved a new personal best.

Other members who finished the race in their quickest time over the distance were Stuart Diamond in 1.38.01, Helen Diamond in 1.58.22 and Lesley Bowskill in 2.00.27.

Over 100 miles away in North Devon, a hardy bunch of Weston's runners were taking on the Bideford Half. David Stock romped home first for the club in a blistering 1.21.05 and nailed a personal best. Marc Bostock was next in 1.33.23 and Jim Hayward third in 1.36.50.

And tyres were replaced by trainers at Silverstone where Dominic Taylor-Jones did his best to burn rubber finishing in 1.21.16, followed by Dave Elliott in 1.38.10 and Kevin Knight and Amanda Hunter both in 1.52.52.

Saturday also saw two club members take on a race in the Gwent Cross Country League on the Blaise Castle estate. Adrian Noble was first Weston member to finish in 41.09 and Andy Chadburn was not far behind in 43.06.

ENDS

Note to editor: Picture shows Weston AC runners at Bath Half Marathon.