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### **Bleadon level-best**

Weston Athletic Club runners, clearly refreshed after their extra hour in bed, came out strong on Sunday to take on the annual Bleadon Levels 10k. Guy Bradford led throughout to win the race in 39:45. The next WAC men to finish were Josh Harris in 42:24 and John Oaten, hot on his heels, in 42:33. First club female over the line was Nia Davies, finishing in 50:30, followed by Belinda Dachtler in 1:09:12.

At the other end of North Somerset the inaugural Nightingale Nightmare 10k took place in Leigh Woods. Niki Fulstow finished in 51:34, Barry Walker in 52:12 and Ruth Green in 58:39.

In Saturday's Ashton Court 10k, Steve Kibblewhite finished 44th overall and was first WAC male over the line in 46:02. Colin Lintern was next in 55:58, closely followed by Steph Shute in 56:22.

Cheryl Valentine and Andy Kelsey bravely took on the Snowdonia Marathon, reputed to be one of the toughest courses in the country, finishing in 3:48:31 and 3:48:32 respectively.

Teresa King was the only WAC runner to take part in the Petherton Plod 5k, finishing eighth overall and first female back in 21.58.

ENDS



Picture shows Guy Bradford leading the race. No credit required.