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### **For whom the Brent Knolls**

A record number of runners took on the annual Brent Knoll challenge on Sunday, 28 of them from Weston AC. It was a cold day with plenty of mud underfoot to entertain on the climb to the summit.

The first WAC member to conquer the hill and finish the five-and-a-half mile course was Dominic Taylor-Jones in 40:20 finishing fifth overall. There was a battle for the line between Kieron Summers and Dave Bourne, with the former creating a four second margin finishing in 42:03.

Weston females put in strong performances with Phil Richards finishing second overall in 45:28. She was followed by Cheryl Valentine in 51:39 and Nia Davies in 57:46.

Nick Cook proved that all his hard work in training is paying off by nailing yet another personal best, crossing the line in 53:26, and wiping a clear ten minutes off last year's time.

The club's next race takes place tonight (Thursday) with the third five-mile Prom Run in the series getting under way at 7.30pm. As usual, it will be preceded by the one mile race at 6.45pm, which is free for under-16s. More information about race entries and all the club's other activities can be found on the club's website at [www.westonac.co.uk](http://www.westonac.co.uk).

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