

Weston AC - 5K Training Handicap Race Aug 2014

Name	Finish Position August 2014	Actual Time min	Actual Time sec	No of races last 12	Ave Time last 12	last 12 PB	Sept 14 base for handicap	Sept 14 start time
Victor Baila				1	37.00	37.00	37.00	0.00
George Skeen				1	30.26	30.26	30.26	0.00
Sam Thompson				1	29.42	29.42	29.42	0.00
Tilly Ferrari				3	31.14	28.48	28.48	0.00
Chris Edwards				3	27.37	27.24	27.24	0.00
Shaleen Summers	26	27	25	5	28.30	27.22	27.22	0.00
Vanessa Andrews				1	27.08	27.08	27.08	0.00
Rob Skeen				2	21.31	21.04	27.07	0.00
Kirsty Mangham				3	27.14	26.59	26.59	0.00
Mike Vowles				4	28.17	26.21	26.21	0.00
Tom Curry				1	26.18	26.18	26.18	0.00
Rachel Hedges				2	26.33	26.18	26.18	0.00
Zak Ghent				1	26.09	26.09	26.09	0.00
Carolyn Devereux				1	26.03	26.03	26.03	0.00
Luke Buchan				1	25.57	25.57	25.57	0.05
Lesley Bowskill	17	26	15	4	26.21	25.55	25.55	0.05
Mandy Nash				3	26.16	25.53	25.53	0.07
Keith Lee				3	26.11	25.42	25.42	0.18
Elaine Eldridge				1	25.38	25.38	25.38	0.22
Julie Shergold	9	25	37	6	26.35	25.37	25.37	0.23
Julie Bailiss				3	25.39	25.32	25.32	0.29
Julia Withers	10	25	31	3	25.51	25.31	25.31	0.29
Geraldine Hope				3	25.26	23.36	25.26	0.34
Colin Stirrup				1	25.22	25.22	25.22	0.38
Maddy Cook				1	25.14	25.14	25.14	0.47
Jamie Whiting				1	25.13	25.13	25.13	0.47
Pam Withers				1	25.13	25.13	25.13	0.47
Peter Skeen	2	25	7	4	27.10	25.07	25.07	0.53
Georgie Ford				1	24.50	24.50	24.50	1.10
Helen Diamond				6	25.43	24.50	24.50	1.10
Laura Broderick				5	25.53	24.48	24.48	1.10
Edel Robins				1	24.40	24.40	24.40	1.20
Paul Horton				1	24.39	24.39	24.39	1.20
Alex Knight	15	24	37	1	24.37	24.37	24.37	1.23
Kevin Knight				1	24.26	24.26	24.26	1.35
Mary Oaten				1	24.23	24.23	24.23	1.35
Kirsty Watts				1	24.21	24.21	24.21	1.40
Pete Jones				1	24.20	24.20	24.20	1.40
Mark Gray				3	25.01	24.13	24.13	1.45
Steve Hale				1	24.12	24.12	24.12	1.50
Tom Webb				1	24.09	24.09	24.09	1.50
Louise Trott-Grant							24.00	2.00
Gary Iles				3	25.12	23.43	23.43	2.17
Jim White	29	26	22	9	24.01	22.07	23.32	2.28
Cheryl Scott				1	24.17	24.17	23.30	2.30
James Taylor				1	23.27	23.27	23.27	2.33
Alex Barker				1	23.27	23.27	23.27	2.33
John Gatehouse				1	23.26	23.26	23.26	2.35
Paul Oaten				2	23.33	23.26	23.26	2.35
Ray Broadhurst				7	25.06	23.25	23.25	2.35
Ruth White				3	25.44	23.23	23.23	2.35

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Jenni Boocock				1	23.20	23.20	23.20	2.40
Ian Shillcock				2	23.41	23.18	23.18	2.40
Andy Kennard				1	23.12	23.12	23.12	2.50
Hannah Dockrell				2	23.15	23.11	23.11	2.50
Stephanie Shute				5	23.57	23.09	23.09	2.50
Nia Davies	7	22	39	9	23.06	22.29	23.06	2.55
Lisa Fitzgerald				2	23.10	23.06	23.06	2.55
Wayne Lloyd				6	23.03	22.23	23.03	2.55
Claudine Mercer				2	22.51	22.47	22.47	3.13
Mark Hill	14	22	43	2	22.41	22.38	22.38	3.22
Nick Cook				7	22.35	21.57	22.35	3.25
Gareth Weaver	27	24	3	4	23.24	22.34	22.34	3.25
Tad Gray				1	22.25	22.25	22.25	3.35
Andy Hayes				2	22.29	22.25	22.25	3.35
Stuart Jervis				4	22.45	22.20	22.20	3.40
Niki Fulstow				1	22.20	22.20	22.20	3.40
Michelle Fryer				2	23.05	22.11	22.11	3.50
Amanda Hunter				1	22.07	22.07	22.07	3.50
Phil Mellor				2	22.57	22.03	22.03	3.55
John Hinchliffe	5	21	12	11	21.52	20.28	21.52	4.08
Andrew Kelsey				2	22.37	21.52	21.52	4.08
Michael Reep	8	21	24	12	21.47	21.02	21.47	4.13
Morgan Tottle				2	23.24	21.38	21.38	4.22
Kira Thorpe	18	21	55	2	21.46	21.36	21.36	4.25
Simon Andrews	28	23	23	6	22.13	21.33	21.33	4.25
Fran Bird				3	21.54	21.29	21.29	4.30
Dave Baxter	21	21	31	3	21.32	21.27	21.27	4.35
Chris Datchler				2	22.29	21.25	21.25	4.35
Bruce Bourne				1	21.20	21.20	21.20	4.40
Bill Green	4	21	17	5	21.59	21.17	21.17	4.43
Bryan Morley				3	21.28	21.05	21.05	4.55
Wilf Huxtable				2	22.09	21.16	21.00	5.00
James Wotton				3	22.01	20.57	20.57	5.03
Kai Booth	11	20	55	1	20.55	20.55	20.55	5.05
Charlie Hurcomb				2	21.28	20.50	20.50	5.10
Rob Withers	6	20	49	2	21.08	20.49	20.49	5.10
Stuart Diamond				5	21.26	20.40	20.40	5.20
Dave Cowell	25	21	49	3	21.10	20.36	20.36	5.25
Malcolm Gammon	1	20	35	1	20.35	20.35	20.35	5.25
Chris Gough				1	20.25	20.25	20.25	5.25
Rich Ford				2	20.29	20.24	20.24	5.25
Brendan Summers				4	21.29	20.21	20.21	5.40
Jim Hayward				4	20.55	20.13	20.13	5.45
Jason Wyatt				2	20.08	19.59	19.59	6.00
Andy Devereux	24	21	4	4	20.36	19.57	19.57	6.03
Phil Richards				5	20.20	19.57	19.57	6.03
Josh Harris				3	20.04	19.56	19.56	6.03
Leighton Smith				1	19.54	19.54	19.54	6.03
Martin Hurcombe				3	20.15	19.47	19.47	6.13
John Oaten				1	19.44	19.44	19.44	6.15
Matt Wheeler				7	19.43	18.55	19.43	6.15

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Dave Stock				1	19.42	19.42	19.42	6.15
Neale Jarrett	20	19	48	7	19.24	18.50	19.24	6.35
Ross Needs	22	19	48	3	19.36	19.09	19.09	6.50
Tony Hogg				5	19.41	19.04	19.04	6.55
David Western				2	19.53	19.02	19.02	7.00
Marc Malloy	13	19	1	2	19.01	19.00	19.00	7.00
Simon Lund				4	20.05	18.58	18.58	7.00
Guy Bradford	12	18	29	7	18.33	17.52	18.33	7.30
Steve Kibblewhite	19	18	53	8	19.20	18.31	18.31	7.30
Adrian Noble				4	18.39	18.30	18.30	7.30
Chris Pinchbeck				3	18.55	18.24	18.24	7.35
Nick Briffitt	23	19	4	5	18.54	18.18	18.18	7.42
Jamie Tottle				3	18.45	17.59	17.59	8.00
Matt Huxtable				6	19.07	17.43	17.43	8.17
Pete Clark				4	18.17	17.43	17.43	8.17
Kieron Summers	16	17	40	9	17.51	17.10	17.10	8.50
Chris Mcmillan	3	16	43	1	16.43	16.43	16.43	9.17
Chris Old				2	17.01	16.25	16.25	9.35