

Weston AC - 5K Training Handicap Race May 2013

Name	Finish Position May 2013	Actual Time min	Actual Time sec	No of races last 12	Ave Time last 12	last 12 PB	June 13 base for handicap	June Start time
Chris Edwards				1	30.30	30.30	30.30	TBA
Mike Oshea				1	29.58	29.58	29.58	TBA
Karen Pang				1	29.38	29.38	29.38	0.00
Shaleen Summers				1	29.36	29.36	29.36	TBA
Gary Whitfield				1	29.28	29.28	29.28	TBA
Mandy Nash	29	28	47	1	28.47	28.47	28.47	0.00
George Skeen				3	30.03	28.40	28.40	TBA
Sarah Vincent				6	27.40	26.28	27.40	0.00
Mike Vowles				2	28.25	27.15	27.15	0.00
Vanessa Settington	26	26	54	1	26.54	26.54	26.54	0.00
Nick Lynn				1	26.52	26.52	26.52	0.00
Rachel Hedges	24	26	53	3	27.00	26.46	26.46	0.00
Catrina Law	25	26	53	4	27.05	26.45	26.45	0.00
Lesley Bowskill	23	26	36	1	26.36	26.36	26.36	0.00
Julie Shergold	19	26	11	3	26.46	26.11	26.11	0.00
Katie David				2	28.36	28.25	25.51	0.00
Sarah Quelch				3	26.02	25.48	25.48	0.00
Julia Withers	11	26	0	4	26.12	25.47	25.47	0.00
Maddy Cook	9	25	35	2	25.50	25.35	25.35	0.16
Nicky Scott				1	25.32	25.32	25.32	0.16
Derrick Laver				1	25.12	25.12	25.12	0.39
Rob Stabbins				1	25.05	25.05	25.05	0.46
Ben Masters				2	25.07	25.04	25.04	0.46
Lisa Bowen-Howe	2	24	55	1	24.55	24.55	24.55	1.00
Kirsty Watts	6	24	52	3	25.34	24.52	24.52	1.00
Lesley Cowell				1	24.51	24.51	24.51	1.00
Hannah Moore				1	24.46	24.46	24.46	1.05
Annette Giles				3	24.23	24.07	24.07	1.44
Geraldine Hope	5	23	14	11	23.53	23.14	23.53	2.00
Gary Iles				7	26.02	23.52	23.52	2.00
Danny Mcmillan				9	25.20	23.47	23.47	2.00
Vince Howard				1	23.41	23.41	23.41	2.10
Alessio Mapolitano				1	23.41	23.41	23.41	2.10
Fran Bird	7	23	40	4	25.00	23.40	23.40	2.10
Chris Cox				2	24.40	23.35	23.35	2.18
Mark Gray	15	23	49	2	23.41	23.33	23.33	2.18
Barry Walker				1	23.27	23.27	23.27	2.24
Bill Green				1	23.21	23.21	23.21	2.31
Nick Cook				5	23.52	23.20	23.20	2.31
Paul Oaten				5	23.19	23.10	23.10	2.41
Dean Bird	22	23	39	3	23.33	23.04	23.04	2.47
Pete Jones				2	22.58	22.54	22.54	2.57
Rupindar Kochhar				2	23.07	22.47	22.47	3.05
Mark Burland				2	23.19	22.47	22.47	3.05
Claudine Mercer				1	22.46	22.46	22.46	3.05
Stuart Diamond				1	22.43	22.43	22.43	3.05
Gareth Weaver				7	23.02	22.38	22.38	3.15
Dan Gadsby	28	22	36	1	22.36	22.36	22.36	3.15
Simon Andrews	17	22	35	1	22.35	22.35	22.35	3.15
Gareth Hiscock				4	23.33	22.22	22.22	3.30
Ray Broadhurst				2	23.11	22.21	22.21	3.30
Steve Hale				3	22.59	22.13	22.13	3.40
Kim Huxtable				1	22.12	22.12	22.12	3.40
Si Angrove				1	22.10	22.10	22.10	3.40
Mark Hill				2	22.25	22.10	22.10	3.40
Jim White				1	22.09	22.09	22.09	3.40
Kira Thorpe				1	22.01	22.01	22.01	3.50
Phil Mellor				3	22.38	21.51	21.51	4.00
Dave Garnett				3	21.57	21.50	21.50	4.00
Steve Baxter	14	22	2	5	22.13	21.48	21.48	4.00
Andy Hayes				0	21.47	21.47	21.47	4.00

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Jim Hayward				2	21.54	21.36	21.36	4.15
Rob Skeen	3	21	34	2	21.57	21.34	21.34	4.15
Tom Webb				2	21.37	21.26	21.26	4.25
Sarah Currall				5	21.51	21.21	21.21	4.30
Richard Wyatt				1	21.15	21.15	21.15	4.35
Barry Hall				2	22.28	21.05	21.05	4.50
Michael Reep	21	21	22	12	21.38	21.02	21.02	4.50
Bruce Bourne				3	21.17	21.00	21.00	4.50
Rich Ford	20	21	18	8	21.00	20.19	21.00	4.50
Dave Cowell				2	21.05	21.00	21.00	4.50
John Hinchcliffe	8	20	30	9	20.51	19.54	20.51	5.00
Mark Bostock				2	20.47	20.44	20.44	5.07
Jason Wyatt				3	20.41	20.40	20.40	5.10
Andy Chadburn				1	20.31	20.31	20.31	5.20
Andy Devereux	13	20	41	5	20.55	20.30	20.30	5.20
Charlie Hurcomb				1	20.25	20.25	20.25	5.26
Paul Van-der-Westhuizen				1	20.22	20.22	20.22	5.30
Chris Gough				2	20.54	20.15	20.15	5.36
Liz Wiggins				1	20.11	20.11	20.11	5.40
Dave Baxter				2	20.29	20.10	20.10	5.40
Neil Ayliffe				1	20.10	20.10	20.10	5.40
Paul Wildon				1	20.07	20.07	20.07	5.40
Andrew Kelsey				4	20.35	20.04	20.04	5.47
Martin Henderson				1	19.56	19.56	19.56	6.00
Martin Hurcombe				5	20.14	19.49	19.49	6.00
Garrard Bailey				1	19.48	19.48	19.48	6.00
Tony Hogg				5	20.05	19.42	19.42	6.09
Josh Harris				2	19.35	19.33	19.33	6.18
Neale Jarrett	10	19	21	8	19.33	19.08	19.33	6.18
Simon Lund				4	21.01	19.30	19.30	6.20
Tobias Hinchcliffe				3	19.55	19.30	19.30	6.20
Matt Wheeler	16	19	44	3	19.44	19.29	19.29	6.20
Phil Tomlinson				5	20.17	19.20	19.20	6.31
Keiron Summers	1	18	27	8	19.17	18.27	19.17	6.36
Rich Bartlett	18	19	30	8	19.15	18.41	19.15	6.36
Marc Malloy				3	19.31	19.12	19.12	6.40
David Mcmillan				8	19.10	18.13	19.10	6.40
Ross Needs				1	18.54	18.54	18.54	7.00
Jamie Tottle				5	19.12	18.52	18.52	7.00
Bryan Morley				3	19.21	18.51	18.51	7.00
Guy Bradford				6	18.50	18.31	18.50	7.00
Mike Walsh				2	18.55	18.47	18.47	7.05
Chris Pinchbeck				1	18.46	18.46	18.46	7.05
Chris Preece				1	18.42	18.42	18.42	7.09
Adrian Noble	4	18	38	1	18.38	18.38	18.38	7.13
Pete Clark	27	19	51	5	18.44	18.20	18.20	7.31
Sam Morteo	12	17	37	5	17.41	17.28	17.28	8.23
Chris Mcmillan				2	17.27	17.21	17.21	8.30
Dominic Taylor Jones				2	17.22	17.13	17.13	8.38