

Weston AC - 5K Training Handicap Race July 2014

Name	Finish Position July	Actual Time min	Actual Time sec	No of races last 12	Ave Time last 12	last 12 PB	Aug 14 base for handicap	Aug Start time
Victor Baila				1	37.00	37.00	37.00	0.00
George Skeen	24	30	26	1	30.26	30.26	30.26	0.00
Sam Thompson				1	29.42	29.42	29.42	0.00
Tilly Ferrari				3	31.14	28.48	28.48	0.00
Chris Edwards				3	27.37	27.24	27.24	0.00
Shaleen Summers	23	28	25	4	28.46	27.22	27.22	0.00
Vanessa Andrews				1	27.08	27.08	27.08	0.00
Dan Fisher				1	27.07	27.07	27.07	0.00
Rob Skeen				2	21.31	21.04	27.07	0.00
Kirsty Mangham				3	27.14	26.59	26.59	0.00
Peter Skeen	14	26	25	3	27.51	26.25	26.25	0.00
Mike Vowles				4	28.17	26.21	26.21	0.00
Tom Curry				1	26.18	26.18	26.18	0.00
Rachel Hedges				2	26.33	26.18	26.18	0.00
Zak Ghent				1	26.09	26.09	26.09	0.00
Carolyn Devereux				1	26.03	26.03	26.03	0.00
Luke Buchan				1	25.57	25.57	25.57	0.03
Lesley Bowskill				3	26.23	25.55	25.55	0.05
Mandy Nash				3	26.16	25.53	25.53	0.07
Julie Shergold				5	26.46	25.52	25.52	0.08
Julia Withers	15	26	15	2	26.01	25.46	25.46	0.14
Keith Lee				3	26.11	25.42	25.42	0.18
Elaine Eldridge				1	25.38	25.38	25.38	0.22
Julie Bailiss	3	25	32	3	25.39	25.32	25.32	0.28
Geraldine Hope	16	25	48	3	25.26	23.36	25.26	0.34
Colin Stirrup				1	25.22	25.22	25.22	0.38
Maddy Cook				1	25.14	25.14	25.14	0.46
Jamie Whiting				1	25.13	25.13	25.13	0.46
Pam Withers				1	25.13	25.13	25.13	0.46
Georgie Ford				1	24.50	24.50	24.50	1.10
Helen Diamond	21	26	20	6	25.43	24.50	24.50	1.10
Laura Broderick	6	24	52	5	25.53	24.48	24.48	1.12
Edel Robins				1	24.40	24.40	24.40	1.20
Paul Horton				2	24.53	24.39	24.39	1.20
Kevin Knight				1	24.26	24.26	24.26	1.34
Mary Oaten				1	24.23	24.23	24.23	1.37
Kirsty Watts				2	24.44	24.21	24.21	1.40
Pete Jones				1	24.20	24.20	24.20	1.40
Mark Gray				3	25.01	24.13	24.13	1.47
Steve Hale				1	24.12	24.12	24.12	1.47
Tom Webb				1	24.09	24.09	24.09	1.50
Louise Trott-Grant							24.00	2.00
Gary Iles				3	25.12	23.43	23.43	2.17
Andy Rees				1	23.32	23.32	23.32	2.28
Jim White				9	23.32	22.07	23.32	2.28
Cheryl Scott				1	24.17	24.17	23.30	2.28
James Taylor				1	23.27	23.27	23.27	2.21
Alex Barker				1	23.27	23.27	23.27	2.28
John Gatehouse				1	23.26	23.26	23.26	2.28
Paul Oaten				3	23.34	23.26	23.26	2.34
Ray Broadhurst	12	23	46	7	25.06	23.25	23.25	2.34
Ruth White				4	24.49	23.23	23.23	2.34
Jenni Boocock				1	23.20	23.20	23.20	2.40
Ian Shillcock				2	23.41	23.18	23.18	2.40
Nia Davies	1	22	29	9	23.12	22.29	23.12	2.48
Andy Kennard				1	23.12	23.12	23.12	2.48
Hannah Dockrell				2	23.15	23.11	23.11	2.48
Stephanie Shute				6	24.27	23.09	23.09	2.50
Wayne Lloyd				7	23.08	22.23	23.08	2.50
Lisa Fitzgerald				2	23.10	23.06	23.06	2.55
Claudine Mercer	10	22	54	2	22.51	22.47	22.47	3.13
Mark Hill				1	22.38	22.38	22.38	3.22
Nick Cook	9	22	5	7	22.35	21.57	22.35	3.25
Gareth Weaver				4	23.15	22.34	22.34	3.25
Tad Gray				1	22.25	22.25	22.25	3.35

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Stuart Jervis				4	22.45	22.20	22.20	3.40
Niki Fulstow				1	22.20	22.20	22.20	3.40
Michelle Fryer				2	23.05	22.11	22.11	3.50
Amanda Hunter				1	22.07	22.07	22.07	3.53
Phil Mellor				2	22.57	22.03	22.03	3.57
Steve Baxter				1	22.02	22.02	22.02	4.00
Bill Green				5	22.11	22.01	22.01	4.00
John Hinchliffe				11	21.52	20.28	21.52	4.10
Andrew Kelsey				2	22.37	21.52	21.52	4.10
Michael Reep	4	21	46	12	21.51	21.02	21.51	4.10
Andy Hayes				3	22.15	21.48	21.48	4.10
Morgan Tottle				2	23.24	21.38	21.38	4.20
Kira Thorpe	7	21	36	1	21.36	21.36	21.36	4.25
Simon Andrews	5	21	33	6	21.53	21.33	21.33	4.25
Fran Bird				4	22.09	21.29	21.29	4.30
Rob Withers	2	21	26	1	21.26	21.26	21.26	4.35
Chris Datchler				2	22.29	21.25	21.25	4.35
Bruce Bourne				1	21.20	21.20	21.20	4.40
Dave Baxter				3	21.24	21.06	21.06	4.55
Bryan Morley				3	21.28	21.05	21.05	4.55
Wilf Huxtable				2	22.09	21.16	21.00	5.00
James Wotton				3	22.01	20.57	20.57	5.05
Charlie Hurcomb				2	21.28	20.50	20.50	5.10
Stuart Diamond	18	21	19	5	21.26	20.40	20.40	5.20
Dave Cowell				2	20.51	23.36	20.36	5.25
Chris Gough				1	20.25	20.25	20.25	5.35
Rich Ford				2	20.29	20.24	20.24	5.35
Brendan Summers				4	21.29	20.21	20.21	5.40
Phil Richards				6	20.15	19.52	20.15	5.45
Jim Hayward				4	20.55	20.13	20.13	5.45
Josh Harris				4	20.02	20.00	20.00	6.00
Jason Wyatt				2	20.08	19.59	19.59	6.00
Andy Devereux				4	20.22	19.57	19.57	6.00
Leighton Smith				1	19.54	19.54	19.54	6.05
Martin Hurcombe	17	20	24	4	20.11	19.47	19.47	6.15
John Oaten				2	19.53	19.44	19.44	6.15
Matt Wheeler				7	19.43	18.55	19.43	6.15
Dave Stock				1	19.42	19.42	19.42	6.20
Neale Jarrett	8	19	24	7	19.21	18.50	19.21	6.40
Ross Needs				2	19.30	19.09	19.09	6.50
Tony Hogg				5	19.41	19.04	19.04	6.55
David Western				2	19.53	19.02	19.02	7.00
Marc Malloy				1	19.00	19.00	19.00	7.00
Simon Lund				4	20.05	18.58	18.58	7.00
Guy Bradford				6	18.34	17.52	18.34	7.25
Steve Kibbiwhite				8	19.25	18.31	18.31	7.30
Adrian Noble				4	18.39	18.30	18.30	7.30
Chris Pinchbeck	22	19	56	4	18.51	18.24	18.24	7.35
Nick Briffitt				5	18.48	18.18	18.18	7.42
Jamie Tottle	20	19	28	3	18.45	17.59	17.59	8.00
Matt Huxtable	11	17	59	6	19.07	17.43	17.43	8.17
Pete Clark	19	18	41	5	18.19	17.43	17.43	8.17
Sam Morteo				0	17.37	17.37	17.37	8.23
Chris Mcmillan				0	17.32	17.32	17.32	8.30
Dominic Taylor Jones				0	17.31	17.31	17.31	8.30
Kieron Summers	13	17	33	8	17.52	17.10	17.10	8.50
Chris Old				3	16.49	16.25	16.25	9.35